

# CAMP GRAVES

*Become a product of opportunity, not a victim of circumstance.*

## **Community Resource Guide**

### **Hickman County**

### **Senior Citizens**

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## Hickman County Senior Citizens Center

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*Address:* 212 North Street, Clinton, KY 42031

*Hours:* Tuesday – Friday; 8:00AM – 2:00PM

*Phone:* (270) 653-4314

*Email:* clintonseniors@gmail.com

*Website:* <https://www.facebook.com/HickmanCountySeniorCitizensCenter/>

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- ▶ For seniors eating lunch at the center, call by 9:30AM to place your order.
- ▶ To get lunch delivered to your home, **call the PADD office at 270-247-7171** to apply.

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## Kentucky Care - Clinton Medical

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*Address:* 308 S. Washington Street, Suite 200, Clinton, KY 42031

*Hours:* Monday – Friday; 8:00AM – 5:00PM

*Phone:* (270) 913-2478

*Website:* <https://www.kentuckycare.net/blog/locations/individual/clinton-medical/>

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- ▶ Kentucky medical clinic serves patients of all ages, from pediatric to geriatric.
- ▶ Services include behavioral health, women’s health, and primary care, regardless of your ability to pay. Can treat walk-ins with non-life threatening needs, such as everyday illnesses or minor injuries, when open appointments are available.
- ▶ Van Transportation for established patients to scheduled appointments at the Kentucky Care Clinic.
- ▶ Outpatient mental health services.

## Life Coordinated: Program of All-Inclusive Care for the Elderly (PACE)

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*Address:* 201 East 11th St, Benton, KY 42025

*Hours:* Monday – Friday; 6:00AM – 7:00PM

*Phone:* 1-855-209-5451

*Website:* <https://www.facebook.com/profile.php?id=61558444905508>

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- ▶ Senior citizens 55 & older; must reside in the counties of Calloway, Fulton, Graves, Hickman, Marshall, or McCracken.
- ▶ Can assist them to get insurance apps done for Medicaid
- ▶ Can provide assistance at the center or at home
- ▶ Covers all medical needs, therapies, medical equipment, home modifications, in-home care, prescriptions, dental, vision, hearing, food insecurity assistance, etc.
- ▶ Transportation provided to and from the center, 2 meals, life enrichment activities, field trips, & more (at the Benton Center ONLY).

## Purchase Area Development District (PADD)

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**Address:** 1002 Medical Dr. Mayfield, KY 42066

**Hours:** Monday – Friday; 8:00AM - 4:30PM

**Phone:** (270) 247-7171

**Website:** <https://www.purchaseadd.org/individuals/social-services/>

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- ▶ Aging and Disability Resources Center – Resource line for seniors and the disabled to find out PADD resources and community resources to fill their needs
- ▶ Elder Abuse Prevention – Education and information to prevent elder abuse
- ▶ Elder Support – 60 years and older respite care, supplemental services, homemaking services (*meal prep, light housekeeping*)
- ▶ Caregiver support, SHIP (*State Health Insurance Program*) and Medicare enrollment assistance.
- ▶ Senior Grandparent Support Group – For grandparents 60 years and older that are raising their grandkids, including assistance with clothing, furniture, summer camps, and afterschool programs
- ▶ Long-Term Care Ombudsman – Advocates for residents in nursing homes if there are concerns
- ▶ Health Promotion Programs offered through senior centers (*call your local senior center for the scheduled events*)
- ▶ Senior Meals Program – Home delivered meals

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## West Kentucky Allied Services

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*Address:* 328 E. Broadway, Mayfield, KY 42066

*Hours:* Monday – Friday; 8:00AM – 4:30PM

*Phone:* (270) 247-4046

*Website:* <https://www.wkas-ky.org/>

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- ▶ Offers employment assistance to individuals 55 years and older.
- ▶ In-Home care assistance for those who qualify.