



Become a product of opportunity, not a victim of circumstance.

Community Resource Guide

Ballard County

Addiction & Rehabilitation Resources

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Crisis Helplines & Hotlines

Four Rivers Behavioral Health 24/7 Crisis Line	(800) 592-3980 https://4rbh.org/
Hope & Help	Monday – Friday; 8:30AM – 5:30PM CST 1-833-859-4357 OR Text HELP to 96714 https://hopeandhelp.ky.gov/ky-helpline
Kentucky Opioid Assistance & Resource Hotline	(800) 854-6813 https://findhelpnow.org/ky
National Drug Helpline	1-844-289-0879 https://drughelpline.org/
Suicide & Crisis Lifeline	988 https://988.ky.gov/

Alcoholics Anonymous & Other Addiction Support Groups

“Celebrate Recovery” Grace Church of La Center	3752 W. Kentucky Drive, La Center, KY 42056 (270) 519-7738 Thursdays; 7:00PM https://crlocator.com/results/7a4801e8-33e4-47db-b5cd-c770dc947be8?s=ballard+ky
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Various Addiction Support Group Apps & Websites

Narcotics Anonymous – “NA Meeting Search” App

- ▶ Blue circle with “NA” in white letters in the center
- ▶ <https://na.org/MeetingSearch/>

Alcoholics Anonymous – “Meeting Guide” App

- ▶ Blue background with a white folding chair in the center
- ▶ <https://www.aa.org/find-aa>

Kentucky Area Al-Anon

- ▶ <https://kyl-anon.org/>

Gamblers Anonymous

- ▶ <https://gamblersanonymous.org/usa-meetings/>

Celebrate Recovery – Zoom Meeting

- ▶ Online Zoom group that makes it possible for anyone to find the help they need, if you need immediate encouragement in your recovery journey.
- ▶ Wednesdays at 2:00PM CST
- ▶ Use the link below and enter your email to receive a Zoom link & meeting information.
- ▶ <https://celebraterecovery.com/weekly-online-recovery-meetings/>

Addiction & Rehabilitation

Badges of Hope

Address: 300 Clarence Gaines Street, Paducah, KY 42003

Hours: Monday – Friday; 8:30AM – 4:30PM

Phone: (270) 444-4719

Email: rnorman@mccrackencountyky.gov

Website: <http://www.mccrackencountysheriff.com/>

- ▶ “Badges of Hope” works in cooperation with local law enforcement & addiction and rehabilitation services for those seeking substance abuse treatment.
- ▶ This includes transportation to treatment facilities and drug take back or disposal services without the risk of prosecution to those who surrender them.

Four Rivers Behavioral Health – Fuller Center

Address: 1525 Cuba Rd, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 5:00PM
(evening hours by appointment ONLY)

Phone: (270) 247-2588 (Outpatient Program)
(270) 247-1853 (Residential Program)
(866) 316-8307 (Med Line)
(800) 592-3980 (24/7 Crisis Line)

Website: <https://4rbh.org/>

- ▶ Outpatient Program – Mental health and substance abuse assessment, counseling, therapy, and developmental disability services.
- ▶ Residential Program – Male only drug rehabilitation with 28 days of residency, therapy and individual counseling, group sessions, and peer support specialist to assist residents in making aftercare plans.

KentuckyCare – Barlow Medical

Address: 120 N. 4th Street, Barlow, KY 42024

Hours: Monday – Friday; 8:00AM – 5:00PM

Phone: (270) 334-3131

Website: <https://www.kentuckycare.net/?s=barlow>

- ▶ Addiction & rehabilitation referrals to inpatient and outpatient treatment centers through a Kentucky Care Certified Community Health Worker.