



Become a product of opportunity, not a victim of circumstance.

Community Resource Guide

Ballard County

Children & Family Resources

Table of Contents

Resources for Children 3

Family Support Resources 7

Pregnancy Resources 12

“Safe Haven” Baby Boxes & Locations 14

Resources for Children

CASA of Graves County & Southwest KY

Address: 1511 State Route 1241, Mayfield, KY 42066

Hours: Monday – Friday; 9:00AM – 4:30PM

Phone: (270) 251-2060

Email: childadv1@calldialog.net
childadv3@calldialog.net (*Volunteering Inquires*)

Website: <https://casagravesswky.org/>

- ▶ Provides trained community volunteers (*for court appointment*) to advocate on behalf of dependent, abused, and neglected children in Graves County, Carlisle County, Hickman County, and Fulton County.
- ▶ If you would like to become a CASA volunteer, please email childadv3@calldialog.net

Ballard County Preschool – Head Start

Address: 3383 Paducah Road, Barlow, KY 42024

Hours: Monday – Friday; 7:15AM – 3:00PM (*while school is in session*)

Phone: (270) 665-8400 (*ext. 2100*)

Website: <https://www.ballard.kyschools.us/ballard-county-preschool-headstart>

- ▶ The program focuses on early childhood development for children ages 3 – 4, health and family support, with eligibility based on income
- ▶ Located inside the elementary school building.

Ballard-Carlisle County Public Library

Address: 257 North 4th Street, Wickliffe, KY 42087

Hours: Friday; 9:00AM – 4:00PM

Phone: (270) 335-5059

Email: bclibrary@brtc.net

Website: <https://www.facebook.com/balcarlibrary>

- ▶ Summer Reading Program, beginning the last week of May and every Friday in June.
- ▶ Visit the Facebook page for new info, programs, and events, as it's updated regularly.

Ballard County Schools – FRYSC / Family Focus

Address: 3383 Paducah Road, Barlow, KY 42024

Hours: Monday – Friday; 7:30AM – 3:00PM (*while school is in session*)

Phone: (270) 665-8400 (ext. 2026)

Website: <https://ballard.kyschools.us/family-focus-teen-focus-frysc>

- ▶ Provides resources & support for Ballard County Elementary School students and their families.
- ▶ Lending library and computer with internet access for parents & guardians to utilize when staff are available to assist.

Ballard County Schools – FRYSC / Teen Focus

Address: 3565 Paducah Road, Barlow, KY 42024

Hours: Monday – Friday; 7:30AM – 3:00PM (*while school is in session*)

Phone: (270) 665-8400 (ext. 2028)

Website: <https://ballard.kyschools.us/family-focus-teen-focus-frysc>

- ▶ Provides resources & support for Ballard County Middle School & High School students and their families.

Gentle Shepherd Day Care

Address: 858 Veterans Avenue, Kevil, KY 42053

Hours: Monday – Friday; 7:00AM – 5:00PM

Phone: (270) 462-4411

Email: gentleshepherddaycare@gmail.com

Website: <https://gentleshepherddaycare.com/>

- ▶ Day care for children ages 6 weeks to 12 years old.
- ▶ Child Care Assistance Program (CCAP) provider.

Health Access Nurturing Development Services (H.A.N.D.S.)

Address: 198 Bluegrass Drive, La Center, KY 42056

Hours: Monday – Thursday; 7:30AM – 4:30PM
Friday; 7:30AM – 11:00AM

Phone: (270) 665-5432

Website: <https://purchasehealth.org/>

- ▶ Participation in H.A.N.D.S. is at no cost to families and can begin during pregnancy or anytime before a child is 3 months old.
- ▶ Families can receive information & learn about community resources for new parents.
- ▶ Some may be able to receive support through home visitation.

The Hope Center

Address: 1216 Paris Rd, Mayfield, KY 42066

Hours: Monday; 9:00AM – 5:00PM
Tuesday; 9:00AM – 6:00PM
Wednesday & Thursday; 9:00AM – 4:00PM

Phone: (270) 247-3190
(339) 224-4636 (24/7 Text Line)

Website: <http://www.hopemayfield.com/>

- ▶ Support throughout pregnancy and until the child is 5 years old. Support for expectant fathers is also available.
- ▶ Attend parenting classes to earn points toward baby items, including diapers, baby clothes, and baby furniture.
- ▶ Peer counseling by non-licensed providers.

Family Support Resources

Ballard County Cooperative Extension Office

Address: 110 Broadway, La Center, KY 42056

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 665-9118

Email: ballard.ext@uky.edu

Website: <https://ballard.mgcafe.uky.edu/>

- ▶ 4-H Youth Development

Ballard County Health Center

Address: 198 Bluegrass Drive, LaCenter, KY 42056

Hours: Monday – Thursday; 7:30AM – 4:30PM
Friday; 7:30AM – 11:00AM

Phone: (270) 665-5432

Website: <https://purchasehealth.org/>

- ▶ Family planning exams, immunizations, STI/STD testing, TB skin test & school physicals. Dental Services are by appointment only (*call to make appointments*).
- ▶ The Womens, Infants and Childrens (WIC) program provides food assistance for pregnant mothers and children up to the age of 5 years old.
 - ▶ *Medicaid reciepients automatically qualify, non Medicaid recipients must go through an application process based on family size and income.*

Health Access Nurturing Development Services (H.A.N.D.S.)

Address: 198 Bluegrass Drive, La Center, KY 42056

Hours: Monday – Thursday; 7:30AM – 4:30PM
Friday; 7:30AM – 11:00AM

Phone: (270) 665-5432

Website: <https://purchasehealth.org/>

- ▶ Participation in H.A.N.D.S. is at no cost to families and can begin during pregnancy or anytime before a child is 3 months old.
- ▶ Families can receive information & learn about community resources for new parents.
- ▶ Some may be able to receive support through home visitation.

The Hope Center

Address: 1216 Paris Rd, Mayfield, KY 42066

Hours: Monday; 9:00AM – 5:00PM
Tuesday; 9:00AM – 6:00PM
Wednesday & Thursday; 9:00AM – 4:00PM

Phone: (270) 247-3190
(339) 224-4636 (24/7 Text Line)

Website: <http://www.hopemayfield.com/>

- ▶ Support throughout pregnancy and until the child is 5 years old. Support for expectant fathers is also available.
- ▶ Attend parenting classes to earn points toward baby items, including diapers, baby clothes, and baby furniture.
- ▶ Peer counseling by non-licensed providers.

Hope Unlimited Family Care Center

Address: 1101 Jefferson Street, Paducah, KY 42001

Hours: Monday – Thursday; 9:00AM – 4:00 PM
10:00AM – 4:00 PM (*Thrift Store Hours*)

Phone: (270) 442-1166

Website: <https://hopeunlimitedfcc.org/>

- ▶ Offers free parenting classes for moms and dads, a “Learn to Earn” program, court-ordered parenting classes, & more...
- ▶ A thrift store for any needs for babies or the whole family; CASH ONLY

KentuckyCare – Barlow Medical

Address: 120 N. 4th Street, Barlow, KY 42024

Hours: Monday – Friday; 8:00AM – 5:00PM

Phone: (270) 334-3131

Website: <https://www.kentuckycare.net/?s=barlow>

- ▶ Kentucky Care Certified Community Health Worker can facilitate access to services to fill unmet needs through community resource connections for patients of Kentucky Care.

Kentucky Department of Community Based Services (DCBS)

Address: 333 Charles Drive, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 4:30 PM

Phone: (855) 306-8959

Website: <https://www.chfs.ky.gov/agencies/dcbs/Pages/default.aspx>

- ▶ Temporary Assistance for Needy Families (*TANF*), Kentucky Transitional Assistance Program (*KTAP*), Supplemental Nutrition Assistance Program (*SNAP*), Medicare, Medicaid, Childcare, etc.

Purchase Area Development District (PADD)

Address: 1002 Medical Dr. Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 247-7171

Website: <https://www.purchaseadd.org/individuals/social-services/>

- ▶ Kentucky Grandparent Program – Income based program for any age grandparent that is raising their grandkids.
- ▶ Includes programs for clothing, furniture, summer camps, and afterschool programs.

West Kentucky Allied Services

Address: 325 Broadway Street, La Center, KY 42056

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 665-5238

Website: <https://www.wkas-ky.org/>

- ▶ WKAS can assist households in applying for Medicaid or health insurance through the KYNECT marketplace.
- ▶ In-Home care assistance for those who qualify.

Pregnancy Resources

Ballard County Health Center

Address: 198 Bluegrass Drive, LaCenter, KY 42056

Hours: Monday – Thursday; 7:30AM – 4:30PM
Friday; 7:30AM – 11:00AM

Phone: (270) 665-5432

Website: <https://purchasehealth.org/>

- ▶ The Womens, Infants and Childrens (WIC) program provides food assistance for pregnant mothers and children up to the age of 5 years old.
 - ▶ *Medicaid reciepients automatically qualify, non Medicaid recipients must go through an application process based on family size and income.*

Health Access Nurturing Development Services (H.A.N.D.S.)

Address: 198 Bluegrass Drive, La Center, KY 42056

Hours: Monday – Thursday; 7:30AM – 4:30PM
Friday; 7:30AM – 11:00AM

Phone: (270) 665-5432

Website: <https://purchasehealth.org/>

- ▶ Participation in H.A.N.D.S. is at no cost to families and can begin during pregnancy or anytime before a child is 3 months old.
- ▶ Families can receive information & learn about community resources for new parents.
- ▶ Some may be able to receive support through home visitation.

The Hope Center

Address: 1216 Paris Rd, Mayfield, KY 42066

Hours: Monday; 9:00AM – 5:00PM

Tuesday; 9:00AM – 6:00PM

Wednesday & Thursday; 9:00AM – 4:00PM

Phone: (270) 247-3190
(339) 224-4636 (24/7 Text Line)

Website: <http://www.hopemayfield.com/>

- ▶ Free pregnancy test, limited ultrasounds, post abortion care and STI/STD testing. All services are provided free.
- ▶ Support throughout pregnancy and until the child is 5 years old. Support for expectant fathers is also available.
- ▶ Attend parenting classes to earn points toward baby items from diapers to baby clothes, to baby furniture.

Hope Unlimited Family Care Center

Address: 1101 Jefferson Street, Paducah, KY 42001

Hours: Monday – Thursday; 9:00AM – 4:00 PM
10:00AM – 4:00 PM (Thrift Store Hours)

Phone: (270) 442-1166

Website: <https://hopeunlimitedfcc.org/>

- ▶ Free prenatal care from pregnancy testing to post-partum, adoption information, abortion alternatives, & post-abortion recovery.
- ▶ A thrift store for any needs for babies or the whole family; CASH ONLY

“Safe Haven” Baby Boxes & Locations

Phone: (888) 742-2133

Website: <https://project-safe-haven-babybox.vercel.app/>

- ▶ The Kentucky Safe Infants Act allows parents to leave their newborn infant (*younger than 30 days old*) with the staff member of a “Safe Haven.”
- ▶ Parents may leave them safely, securely, and anonymously if they are unable to care for their newborn, without fear of criminal prosecution or allegations of neglect.
- ▶ Safe Havens can include hospitals, staffed police departments, staffed fire stations, staffed emergency medical service stations, & staffed participating places of worship

Below is a list of several “Safe Haven Baby Box” locations:

Murray Police Department	104 North 5th St. Murray, KY 42071
Paducah Fire Department Station #5	1714 Broadway St. Paducah, KY 42001
Hopkinsville Fire Department	112 Phillip Meacham Way, Hopkinsville KY 42240
Russellville City Fire Department	620 N Main St, Russellville, KY 42276
City of Madisonville Fire Department	5000 Hanson Rd, Madisonville, KY 42431
Owensboro Health Muhlenberg EMS	504 Doss Drive, Powderly, KY 42367
Mount Vernon Fire Department	311 College Street, Mt Vernon, IN 47620
Perry County Joint Justice Center	400 W St Joseph St, Perryville, MO 63775
Springfield Fire Station #2	1005 Bradley Drive, Springfield, TN 37172
Hendersonville Fire Station #5	1166 Forest Retreat Road, Hendersonville, TN 37075