



Become a product of opportunity, not a victim of circumstance.

Community Resource Guide

Ballard County

Senior Citizens

Ballard County Senior Center

Address: 72 Moore Blvd, Barlow, KY 42024

Hours: Monday – Thursday; 8:00AM – 3:00PM
Friday; 8:00AM – 1:00PM

Phone: (270) 334-3115

Email: bcsc2@brtc.net

Website: <https://www.ballardseniorcenter.com/>

- ▶ Activities can include bingo, informational workshops, and events for Seniors 50+ years old in Ballard County.
- ▶ Daily Meals at the center are Monday – Friday at 11:30AM. Must call by 9:45AM to get on list. A \$3 donation is requested, but not required.
- ▶ Home Delivered Hot Meals are Monday – Thursday at 9:00AM – 11:30AM. Must call to apply and be 50+, unable to drive, or have proof of a life-altering disability.

KentuckyCare – Barlow Medical

Address: 120 N. 4th Street, Barlow, KY 42024

Hours: Monday – Friday; 8:00AM – 5:00PM

Phone: (270) 334-3131

Website: <https://www.kentuckycare.net/?s=barlow>

- ▶ Kentucky Care Certified Community Health Workers can facilitate access to services to fill unmet needs through community resource connections for patients of Kentucky Care.
- ▶ Van Transportation for established patients to scheduled appointments at the Kentucky Care Clinic.

Life Coordinated: Program of All-Inclusive Care for the Elderly (PACE)

Address: 201 East 11th St, Benton, KY 42025

Hours: Monday – Friday; 6:00AM – 7:00PM

Phone: 1-855-209-5451

Website: <https://www.facebook.com/profile.php?id=61558444905508>

- ▶ Senior citizens 55 & older; must reside in the counties of Calloway, Fulton, Graves, Hickman, Marshall, or McCracken.
- ▶ Can assist them to get insurance apps done for Medicaid
- ▶ Can provide assistance at the center or at home
- ▶ Covers all medical needs, therapies, medical equipment, home modifications, in-home care, prescriptions, dental, vision, hearing, food insecurity assistance, etc.
- ▶ Transportation provided to and from the center, 2 meals, life enrichment activities, field trips, & more (at the Benton Center ONLY).

Purchase Area Development District (PADD)

Address: 1002 Medical Dr. Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM - 4:30PM

Phone: (270) 247-7171

Website: <https://www.purchaseadd.org/individuals/social-services/>

- ▶ Aging and Disability Resources Center – Resource line for seniors and the disabled to find out PADD resources and community resources to fill their needs
- ▶ Elder Abuse Prevention – Education and information to prevent elder abuse
- ▶ Elder Support – 60 years and older respite care, supplemental services, homemaking services (*meal prep, light housekeeping*)
- ▶ Caregiver support, SHIP (*State Health Insurance Program*) and Medicare enrollment assistance.
- ▶ Senior Grandparent Support Group – For grandparents 60 years and older that are raising their grandkids, including assistance with clothing, furniture, summer camps, and afterschool programs
- ▶ Long-Term Care Ombudsman – Advocates for residents in nursing homes if there are concerns
- ▶ Health Promotion Programs offered through senior centers (*call your local senior center for the scheduled events*)
- ▶ Senior Meals Program – Home delivered meals

West Kentucky Allied Services

Address: 325 Broadway Street, La Center, KY 42056

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 665-5238

Website: <https://www.wkas-ky.org/>

- ▶ Offers employment assistance to individuals 55 years and older.