

SIKH ACADEMY

NEWSLETTER



Sikh Heritage Month – April 1 to 30

April is observed as Sikh Heritage Month, a sacred time to reflect on the rich spiritual legacy, teachings, and contributions of the Sikh Gurus and community.

At Sikh Academy, students will engage in meaningful activities that embody the Sikh values of ਸੇਵਾ (selfless service), (equality), and ਸੰਗਤ (True Congregation).

This month holds special significance as we also commemorate Vaisakhi and Khalsa Sajna Divas, marking the divine creation of the Khalsa Panth by Dhan Dhan Sri Guru Gobind Singh Ji in 1699. It is a time to remember our Guru's message of faith, courage, and commitment to righteousness.

May this blessed month inspire our students to walk on the path of Gurmat, live with humility, and uphold the spirit of the Khalsa.

● IMPORTANT EVENTS

April 08 - Lockdown Drill

April 09 - Fire Drill

April 10 - Punjabi Fair

April 14 - 17 - Spirit Week

April 15 - Sikh Heritage Assembly(Vaisakhi / Khalsa Saajna)

April 14 -Planting event

April 18 - Good Friday (School Closed)

April 19- Nagar Kirtan

April 21 -Easter Monday (School Closed)



Spring Dressing Tips for Sikh Academy Students

With spring upon us, it's time to refresh your wardrobe with practical, modest, and comfortable clothing. Here are some key spring uniform tips for Sikh Academy students:

- **Light Fabrics:** Choose breathable materials like cotton and linen for comfort.
- **Modesty:** Stick to long sleeves uniform shirts and ankle-length pants.
- **Color:** Add bright spring colors like pastels or floral prints to your wardrobe on be yourself wednesday
- **Headwear:** Continue wearing your turban or head covering in light, breathable fabrics.
- **Comfortable Shoes:** Sneakers, sandals, or loafers are great choices for the season.
- **Layering:** Keep a light jacket or sweater for cooler evenings.

Remember to always dress in line with the academy's uniform .



Spring Welcome & Planting Event – April 14th

We are excited to welcome spring with a special Spring Planting Event on April 14th! To celebrate the season, students are invited to bring flowers from home and plant them at school.

What to Do:

- **Teachers will inform each class about the specific flowers or plants students should bring.**
- **On the day of the event, students will have the opportunity to plant their flowers in the school garden and contribute to making our environment more beautiful.**

We look forward to seeing the students' creativity bloom as we work together to celebrate the arrival of spring!

We are excited to announce **Vaisakhi and Spring Spirit Week** from April 14th to 17th to celebrate the spirit of Vaisakhi and welcome Spring! Each day will feature a different theme, and we encourage everyone to participate and show their school spirit!

Spirit Week Schedule:

- **April 14th – Spring Pastel Colors Day:** Dress in soft, pastel colors to welcome the spring season and kick off the week!
- **April 15th – Orange and Blue Day:** Wear vibrant orange and blue to celebrate the energy and joy of Vaisakhi.
- **April 16th – Traditional Wear Day:** Come dressed in traditional Sikh attire to honor our rich cultural heritage.
- **April 17th – Easter Bunny Day:** include Easter elements! You can wear bunny ears, carry Easter eggs, or bring an Easter basket to add a fun festive touch to the day.

Looking forward to seeing everyone participate!



Free Lunch Menu – Every Tuesday

We are pleased to offer free lunch every Tuesday to all students! Here's the menu for the upcoming Tuesdays:
Lunch Menu:

- **April 1st:** Chole (Channay), Poori, Rice, Raita, Sooji Halwa
- **April 8th:** Mixed Dal, Rice, Veggie Salad, Raita
- **April 15th:** Curry, Rice, Raita, Salad
- **April 22nd:** Rajmah, Rice, Raita, Salad
- **April 29th:** Black Channay, Aloo, Rice, Raita, Salad

We look forward to providing these tasty and nutritious meals to our students every Tuesday. Enjoy your lunch!

Please fill this form and send it and the money in the planner of your kid in order to order in advance



SIKH ACADEMY MENU

MAR 31 – 4 APRIL

PLEASE COMPLETE AND RETURN WITH CASH OR E TRANSFER
TO BOARD@SIKHACADEMY.CA

MONDAY

- ☐ **GRILLED CHEESE** \$5
FRUIT/VEGGIES INCLUDED
- ☐ **CHOCOLATE MILK AND POPCORN** \$1.50

WEDNESDAY

- ☐ **PARANTHA** \$5
FRUIT/VEGGIES INCLUDED
- ☐ **CHOCOLATE MILK AND POPCORN** \$1.50

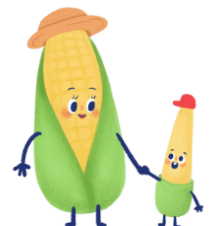
THURSDAY

- ☐ **PASTA** \$5
FRUIT/VEGGIES INCLUDED
- ☐ **CHOCOLATE MILK AND POPCORN** \$1.50

FRIDAY

- ☐ **PIZZA** \$5
FRUIT/VEGGIES INCLUDED
- ☐ **CHOCOLATE MILK AND POPCORN** \$1.50

TUESDAY – **FREE**
MEAL FOR ALL
KIDS. WE ASK FOR
YOU TO
VOLUNTEER WITH
US TO SUPPORT
OUR FREE MEAL
DAYS. EMAIL
SACAFETERIA@SIKH
ACADEMY.CA



STUDENT NAME

GRADE

SIGNATURE

DATE

Glimpses of the Spring Camp

