



# **Reducing the Risk of Falling (FRM)**

## **Quick Reference Guide**

2026

## Table of Contents

|                                                      |           |
|------------------------------------------------------|-----------|
| <b>MEASURE SNAPSHOT</b>                              | <b>3</b>  |
| How The Years Line Up                                | 4         |
| In One Sentence                                      | 4         |
| CMS Cut Points                                       | 4         |
| 2026 Industry Performance (2025 → 2026 Trend)        | 5         |
| <b>WHAT THE MEASURE IS ASKING</b>                    | <b>5</b>  |
| In Plain Language                                    | 5         |
| Why it Exists                                        | 5         |
| What A Care Team Actually Controls                   | 6         |
| <b>MEASURE SPECIFICATION</b>                         | <b>8</b>  |
| HEDIS-HOS Survey-Based Measure                       | 8         |
| Commonly Misunderstood                               | 8         |
| <b>HOW PERFORMANCE IS MEASURED</b>                   | <b>9</b>  |
| Medicare Health Outcomes Survey (HOS)                | 9         |
| Internal Performance is Not the Official Star Result | 10        |
| Adjustment and Comparability                         | 10        |
| <b>HIGH-YIELD INTERVENTIONS</b>                      | <b>10</b> |
| Risk Stratification — Who to Reach First             | 11        |
| <b>COMMON PITFALLS AND PRACTICAL FIXES</b>           | <b>13</b> |
| HOS Survey Integrity — What CMS Prohibits            | 13        |
| <b>BARRIERS AND EVIDENCE-BASED SOLUTIONS</b>         | <b>14</b> |
| Patient-side                                         | 14        |
| System and Workflow                                  | 14        |
| Disparity Gaps Requiring Targeted Action             | 15        |
| <b>CLINICAL CONTEXTS AND APPLICATIONS</b>            | <b>16</b> |
| Clinical Contexts                                    | 16        |
| Patient Journey                                      | 18        |
| Companion Guides – Making Connections                | 19        |
| <b>DOCUMENTATION THAT SUPPORTS CARE</b>              | <b>19</b> |
| Documentation that Reflects the Care                 | 19        |
| Clinical Documentation Optimization – SOAP Example   | 20        |
| Documentation Examples                               | 21        |
| One Status, Clearly Stated                           | 21        |
| <b>KEY TAKEAWAYS</b>                                 | <b>22</b> |
| Changes to Monitor                                   | 23        |
| <b>REFERENCES</b>                                    | <b>24</b> |

## MEASURE SNAPSHOT

### CMS Part C Star Measure: C15 - Reducing the Risk of Falling

**CMS Definition:** Percentage of Medicare patients aged **≥65 years** who had a fall or problems with balance or walking in the past 12 months, were seen by a practitioner during that period, and received a recommendation for how to prevent falls or treat problems with balance or walking from their current practitioner.<sup>1</sup>

For a patient with a fall or balance/walking concern, provide a **specific fall-prevention intervention the patient understands and can later recognize as care their practitioner provided or recommended.**<sup>1</sup>

| FIELD                                                                                                                                                                              | ENTRY                                                                                                                                                                                                                                                                                                                                                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CMS measure name                                                                                                                                                                   | Reducing the Risk of Falling, FRM                                                                                                                                                                                                                                                                                                                       |
| Domain                                                                                                                                                                             | Managing Chronic (Long Term) Conditions                                                                                                                                                                                                                                                                                                                 |
| CMS weighting category                                                                                                                                                             | Process Measure                                                                                                                                                                                                                                                                                                                                         |
| Weight                                                                                                                                                                             | <b>1 — standard-weighted</b>                                                                                                                                                                                                                                                                                                                            |
| Primary data source                                                                                                                                                                | HEDIS-HOS survey — patient-reported                                                                                                                                                                                                                                                                                                                     |
| Unit of measurement                                                                                                                                                                | CMS contract-level measure — individual clinicians and practices do not receive a C15 Star Rating                                                                                                                                                                                                                                                       |
| Trend direction                                                                                                                                                                    | Higher is better                                                                                                                                                                                                                                                                                                                                        |
| Case-mix adjusted                                                                                                                                                                  | <b>No<sup>1</sup></b>                                                                                                                                                                                                                                                                                                                                   |
| Measurement period                                                                                                                                                                 | HOS data collection, 07/17/2024 - 11/01/2024, two years before reporting year <sup>1</sup>                                                                                                                                                                                                                                                              |
| Recall window                                                                                                                                                                      | The past 12 months, at the moment the patient answers — falls, balance problems, practitioner visits and recommendations are all self-reported over that period <sup>1</sup>                                                                                                                                                                            |
| Star measure credit                                                                                                                                                                | <b>C15 credit is based on the eligible patient's HOS response.</b> Claims, CPT II codes, referrals, and EHR documentation may support care and tracking but <b>do not independently create numerator credit</b> <sup>1</sup>                                                                                                                            |
| Supporting/Internal Tracking Codes — Do Not Close C15                                                                                                                              | <b>CPT II 1100F/1101F</b> — falls screening, by fall history found<br><b>CPT II 0518F</b> — falls plan of care documented<br><b>CPT II codes</b> support documentation, internal registries, and quality tracking when applicable; they <b>do not independently close C15</b> . Verify current coding requirements separately before use <sup>1,3</sup> |
| <b>ABBREVIATIONS:</b> CMS = Centers for Medicare & Medicaid Services; CPT = Current Procedural Terminology; FRM = Fall Risk Management (HEDIS label); HOS = Health Outcomes Survey |                                                                                                                                                                                                                                                                                                                                                         |

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