



Do it all at Bay Club

Pacific Northwest Campus

Pacific Northwest Campus

- Portland
- PRO Club Bellevue
- PRO Club Seattle
- Harbor Square Athletic Club
- 425 Fitness-Issaquah, Redmond, Bothell
- Arena Sports-Issaquah, Magnuson, Mill Creek, Redmond, SODO



More than a membership

We're the neighborhood reimagined



Where shared spaces turn into shared moments. Where the daily rituals of community start over a morning cup of coffee in the lounge and continue into a sunset pickleball match on the courts. Where your toughest competition is also your best friend.

And, with over 30 locations from Seattle to San Diego, your membership opens doors to resort-like destinations where you always feel right at home.



➔ **At Bay Club, you're not just joining a membership—you're crafting a community rich with moments that matter. Because belonging isn't a perk; it's the foundation.**



Include All Your Favorite People

Life is better shared

Gone are the days where family is defined by tradition, a household, or even a last name. That’s why we created Shared Membership—to leave behind the notion that any one idea of “family” can define your unique community. Whether it’s with loved ones, friends, neighbors or coworkers, you can tailor your membership to include up to ten people, so you can spend less time finding a shared meeting place and more time enjoying the company.



**Built for your lifestyle.
Designed for your community.**



MONDAY

through

Simplify your routine—
**Amplify your
experience**

SUNDAY



**However you define wellness—
whether through vigorous
workouts, mindful practices,
or social connections—we have
the spaces and programs to
support your journey.**



We know that modern life is a balancing act, that’s why we give you the spaces and amenities that reflect your needs. Our innovative Campus model grants you access to a network of clubs within driving distance of one another, spanning fitness centers, sports resorts, swim and tennis clubs, and even golf and country clubs. This versatility allows you to blend premium quality with everyday comfort, seamlessly integrating wellness into your life.



Strengthen your foundation

Expand your horizons



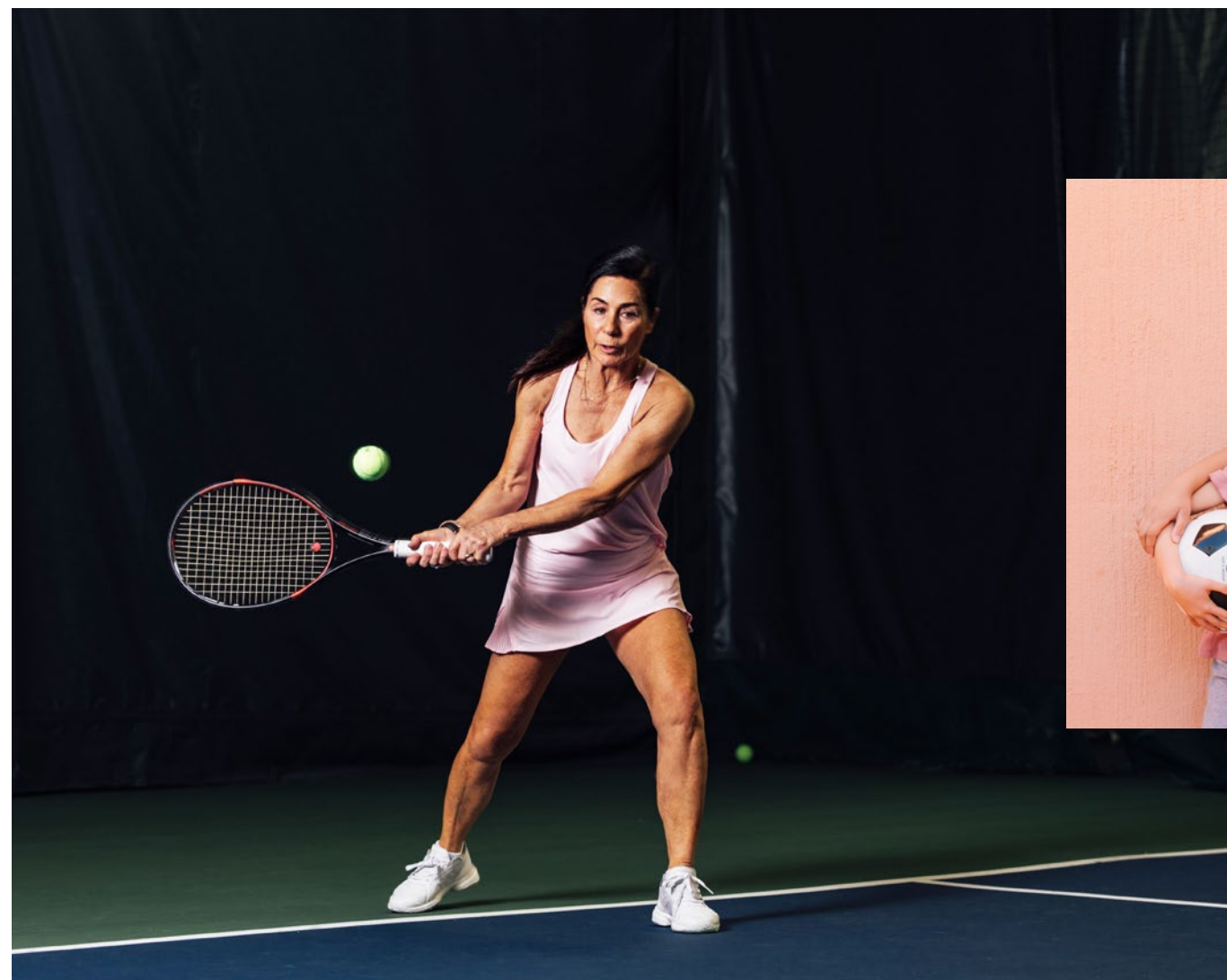
We've blended premier facilities with the top equipment in sports, fitness, and recovery, and paired them with the resources needed to help you excel.



CREATE ————— *lasting* ————— MEMORIES

Bay Club is your all-day playground. Our diverse amenities span from complimentary morning coffee and state of the art classes to tennis courts, poolside lounges and curated dining options.

We're all about gentle nudges toward growth and providing the path to get there. Our instructors, leagues, and programs meet you where you are—no pressure, just possibilities. And because life doesn't pause, we've built care into every age. From on-site childcare and teen sports clinics to co-working spaces and active-aging strength classes, we're here to help you thrive, year after year.



Where you belong

This region is the expansion of a vibrant, down-to-earth community—where you’ll spot neighbors in yoga class, toddlers in swim lessons, and friends catching up over coffee after a workout, or seamlessly integrate into a new community while traveling for work.

1. Portland

This is where the active families and athletes of the Greater Portland Area come together. Here, members train with purpose—prepping for adventures, basketball season, or for life’s next challenge.

2. PRO Club Bellevue

The Northwest’s flagship club—400,000+ square feet of everything under one roof. Four indoor pools, 26 courts, seven group fitness studios, a luxury spa, and family amenities that make it the go-to for multi-generational households.

3. PRO Club Seattle

A bright, modern fitness studio in the city—perfect for high-energy classes, expert trainers, and a welcoming, inclusive vibe.

4. Harbor Square Athletic Club

Edmonds’ favorite neighborhood club, just steps from the waterfront, with full-service fitness, racquet sports, and a real sense of belonging.

Explore our locations
across Oregon
and Washington



WA

OR

PDX

Portland

Beaverton

Lake Oswego

1

Bellevue

Redmond

2

6

Seattle



Pacific Northwest

SEA

5



New! Arena Sports' 5 locations are now part of the Bay Club family. Access details to come.



Perfecting the Pacific Northwest Lifestyle

Pacific Northwest

Nestled in the hearts of the Puget Sound and Lake Oswego, our Washington and Oregon Campuses embody the Pacific Northwest’s adventurous soul. Here, fitness isn’t just about reps or laps—it’s about preparing for weekend climbs, bonding over post-workout cold brews, and raising kids who love being outside as much as their parents do.

Campus

At Bay Club, we understand that life has its own special rhythm. Many of us balance demanding careers with family time, and the pursuit of an endlessly active lifestyle. And above all, we value balance—between work and play, intensity and recovery, self-care and community. Our Pacific Northwest Region is designed

with this in mind, offering spaces where you can challenge yourself and your basketball buddies before unwinding by the indoor and outdoor pools, where children can develop skills while you connect with friends, and where community happens naturally.





Portland

Portland’s design nods to Oregon’s wilderness with Douglas fir accents and trail-themed murals by local artists. The AirFit Studio simulates 8,000-foot elevation for altitude training, a favorite among trail runners and Mount Hood-bound skiers. Basketball reigns supreme here: three full courts host everything from Nike-sponsored youth clinics to “Hoops & Hops” adult leagues (post-game local IPAs included). Members can also enjoy year-round swimming with our indoor Junior Olympic pool and our outdoor resort-style pool that’s perfect for lounging, socializing, and family fun.



The EDGE functional zone draws CrossFit enthusiasts and physical therapy patients alike, with turf sled areas and rigs for pull-up progressions. New parents rave about the Baby & Me Barre classes, where carriers are welcome, and the Family Locker Rooms with private



nursing stations. Start your day with a complimentary cup of coffee or swing by the smoothie bar for a protein-packed boost—just what you need before tackling the rock wall or refueling after a sweat session.



**Indoor &
Outdoor Resort
Pools**

**Climbing
Center**

**Group
Exercise**



PRO Club Bellevue



Step into PRO Club Bellevue and experience a premier destination for health and wellness, serving families and professionals throughout the Seattle area. Spanning 400,000 square feet, the club recently unveiled a \$5M renovation, including a state-of-the-art 15,000-square-foot fitness center. Start your day with a swim in one of four indoor pools, join a group class, or hit the courts for tennis, squash, racquetball, or pickleball—all under one roof.



The energy in the studios is contagious, with over a hundred classes on the schedule each week, and the trainers here are as welcoming as they are knowledgeable. But what really sets Bellevue apart is how seamlessly it fits into the rhythms of busy Northwest life. Parents can drop off their kids at one

of the many camps or after-school programs, while they themselves enjoy a moment of calm in the luxury spa or a quick bite at the café. The locker rooms feel more like a boutique hotel than a gym, complete with whirlpool, steam, and sauna—perfect for unwinding after a long day.

400,000
Sq. Ft.

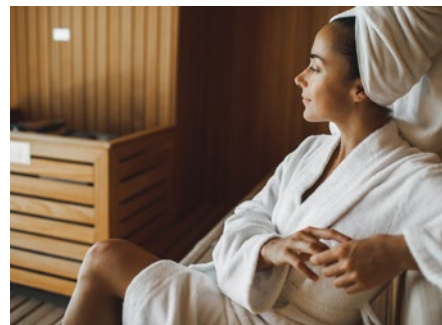
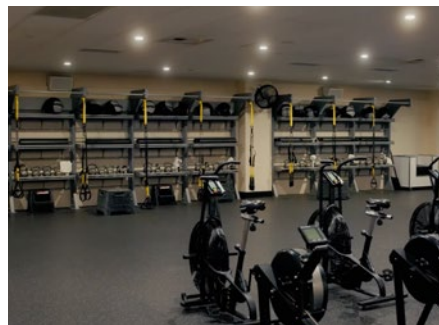
4
Indoor Pools

6 Indoor
Tennis Courts



PRO Club Seattle

In the heart of South Lake Union, PRO Club Seattle is a bright, modern retreat for city dwellers who want a little more from their workout. The space is filled with natural light and a sense of possibility—whether you’re here for a high-energy HIIT class, a restorative yoga session, or a focused hour with a personal trainer. There’s a boutique feel to the club, without the competitive nature; everyone’s welcome, and the community vibe is real.



Pilates enthusiasts will find a dedicated studio with top-of-the-line equipment, while those squeezing in a workout before or after work appreciate the ease of complimentary towels and parking. After your session, the locker rooms invite you to linger a little longer,

with whirlpool, steam, and sauna amenities that make even a quick visit feel like a treat. For new members, the club offers two complimentary training sessions to help you settle in and find your groove.



State-of-the-art
Reformer Pilates
Studio

Steam
& Sauna

Boutique
Vibe



Saltwater
Pool

Indoor
Tennis Courts

Indoor
Pickleball Courts

Harbor Square Athletic Club



Just steps from the Edmonds waterfront, Harbor Square Athletic Club feels like the neighborhood’s best-kept secret—a welcoming space where everyone, from lifelong locals to new arrivals, can find their place. Here, fitness is woven into daily life, whether you’re swimming laps in the indoor pool, joining a cycling class with friends, or rallying on the tennis or pickleball courts.



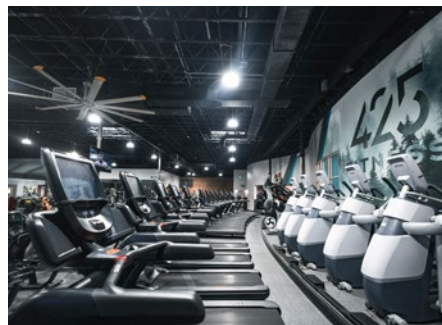
The basketball court buzzes with activity, and the three group fitness studios offer everything from yoga to high-intensity workouts. Parents love the on-site childcare and Fit Kidz programs, which give kids a chance to play and explore while adults focus on their own wellness. After a workout, members often gather

in the lounge or unwind in the massage therapy rooms and beautifully appointed locker areas, complete with sauna and steam. Harbor Square is more than a club—it’s a community hub, where friendships are forged and wellness becomes a way of life.



425 Fitness Issaquah

Set against the scenic backdrop of the Cascade Mountains, this club blends community and innovation in one exceptional space. Whether you're pushing your limits with expert trainers or finding your Zen in a hot yoga class, this local gem is your destination for a complete health and wellness lifestyle.



With more than 45 group fitness classes each week, a saltwater lap pool, and state-of-the-art cardio and strength equipment, there's something here for every fitness journey. Members can recover in style with



premium amenities, including dedicated recovery zones, steam, and sauna. Whether you're training with expert guidance or unwinding in a hot yoga class, this Club is where mind, body, and community come together.



Over 45 Group
Fitness Classes

Saltwater
Lap Pool

Hot Yoga
Classes



Hot Yoga
Studio

Saltwater &
Therapy Pools

Recovery Zones
& Spa

425 Fitness Redmond



Nestled beside the serene waters of Lake Sammamish, our Redmond club is a community favorite for all things health, wellness, and family. From saltwater and therapy pools to two spacious Jacuzzis, aquatic options abound.



Fitness enthusiasts will enjoy a dynamic weight and cardio floor, indoor basketball, and two yoga studios—while those seeking balance can choose from a wide array of group classes or spend time in the Club’s recovery and relaxation zones.



Families are always welcome here, with our Kids Klub offering a fun and safe space for the little ones while you focus on your goals. Cap off your visit with a moment of calm in the spa, steam room, or sauna—where wellness meets true rejuvenation.





425 Fitness Bothell

Designed for those who train with purpose, this Club offers a well-rounded experience—from functional training and all-weather cardio to energizing group fitness classes. As a long-standing community staple, this is a place where members can thrive on their wellness journey – whatever their goals may be.



Whether you're pushing through an early morning workout or wrapping up a long day, recovery is just as prioritized as performance. Members have access to advanced recovery tools including Hydromassage



Chairs, Wave Rollers, and Theragun technology—helping you restore, recharge, and get back to doing what you love.



Functional
Training

Group
Exercise

Recovery
Center

Ready to find your place?

Let's build rituals, connections, and memories together. Visit bayclubs.com to explore our campuses or schedule your tour today.



Visit the Membership Builder



Explore everything the [Oregon](#) and [Washington Campuses](#) have to offer



Bay
Club

Do it all together at Bay Club!

Connect with us

