



AD FONTES

Catechesis and Discipleship for the Church

Track: Practical Issues in Ministry

Course Instructor: Dr. Alex Fogleman

Fall 2026

About The Course

We live in complex and challenging times. It is easy to be swayed by every wind of doctrine and deceitful scheme that leaves us tossed to and fro. What would it look like for the church today to recover a comprehensive vision of making disciples, grounded in Scripture and inspired by Christian Tradition?

In this seminar, participants will explore a theological and practical framework for helping Christians become grounded in the faith and growing in conformity to Christ. Students will engage a variety of writings from the Christian tradition, past and present, to develop a vibrant and comprehensive vision for discipleship ministry.

Course Format

The format consists of 1 in-person retreat and 7 virtual sessions (2 hours each). The in-person retreat will be hosted at Trinity Anglican Seminary on September 14-15 (cost of lodging and meals is included in the course registration fee). The remaining virtual sessions will be held through seminar-style discussions based on careful reading of the text for that day. For each virtual session, at least one student will present a short summary introduction of the reading and assist in leading discussion. On average, students will be expected to read about 50-75 pages of text for each session.

Schedule of Topics and Readings

*****All virtual sessions will be held Tuesdays from 2:00 – 3:30 p.m. EST***

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| 1. Sept 1 (virtual): Introduction to Catechesis and Discipleship <ul style="list-style-type: none">• Optional reading: Fogelman, <i>Making Disciples</i> | 5. Oct 27 (virtual): Conformity to Christ in Ministry <ul style="list-style-type: none">• Reading: Selections from Reformation and Anglican Sources |
| 2. Sept 14-15 (In-person retreat at Trinity Anglican Seminary) <ul style="list-style-type: none">• Reading: Augustine, <i>Instructing Beginners in Faith</i> | 6. Nov. 10 (virtual): Conformity to Christ in the Church <ul style="list-style-type: none">• Reading: John Paul II, <i>Catechesi Tradendi</i> |
| 3. Sept 29 (virtual): Conforming to Christ in the Word <ul style="list-style-type: none">• Reading: Gregory of Nyssa, “On Perfection” and “Sixth Homily on the Beatitudes” | 7. Nov. 24 (virtual): Conformity to Christ in the Family <ul style="list-style-type: none">• Reading: Sarah Cowan Johnson, <i>Teach Your Children Well</i> |
| 4. Oct 13 (virtual): Conformity to Christ in the Liturgy <ul style="list-style-type: none">• Cyril, <i>Lectures on the Sacraments</i> | 8. Dec. 8 (virtual): Conformity to Christ in Mission <ul style="list-style-type: none">• Reading: Keller, <i>How to Reach the West Again</i> |
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Course Readings

Augustine of Hippo. *Instructing Beginners in Faith*. Translated by Raymond Canning. Hyde Park, NY: New City Press, 2006.

Cyril of Jerusalem. *Lectures on the Christian Sacraments*. Translated by Maxwell Johnson. Yonkers, NY: St. Vladimir’s Seminary Press, 2017.

Gregory of Nyssa. “On Perfection” and “Sixth Homily on the Beatitudes.” (Available as PDF)

Selections from Reformation and Anglican Sources. (Available as PDF)

John Paul II. *Catechesi Tradendae: On Catechesis in Our Time*. Rome: Libreria Editrice Vaticana, 1979.

Johnson, Sarah Cowan. *Teach Your Children Well: A Step-by-Step Guide for Family Discipleship*. Downers Grove, IL: InterVarsity Press, 2022.

Course Readings Cont.

Keller, Tim. *How to Reach the West Again: Six Essential Elements of a Missionary Encounter*. New York: Redeemer City to City, 2020. (Available as PDF)

(Optional:) Fogleman, Alex. *Making Disciples: Catechesis in History, Theology, and Practice*. Grand Rapids: Eerdmans, 2025.

About the Instructor

Dr. Alex Fogleman is Associate Dean of Special Programs and Assistant Professor of Theology at Trinity Anglican Seminary, where he directs the Robert Webber Center and the Doctor of Ministry Program. Alex holds the Ph.D. from Baylor University and the M.Div. from Regent College (Vancouver). He is passionate about retrieving the wisdom of early Christian catechesis for the renewal of the church today and is the author of several books, including *Making Disciples: Catechesis in History, Theology, and Practice* (Eerdmans, 2025). He serves as chair of the ACNA's Catechesis Task Force and vice-chair of the Society of Anglican Theologians.

