

PRO
CLUB

Club Life

December 2025



Together Is Just Better

Now Up to 10 on One Shared Membership.

Because the best moments are the ones we share. From pickleball to holiday gatherings, everything's better when your favorite people are part of it.

Club Highlights

25 Days of Beauty

Celebrate the season with exclusive savings, gift ideas, and beauty must-haves. Follow us on social for a new featured offer each day.

Winter Break Camps

Give your kiddos a break filled with games, art, sports, and fun with friends at the Club. Now enrolling ages 3-12 on Connect.

New! CPR & AED Certification

We're partnering with the American Red Cross to offer weekly classes that give you the skills and confidence to help when it matters most.



**HOLIDAY
HAPPINESS
TOY DRIVE**

Now through December 19, bring a new unwrapped toy to donate to Toys for Tots—or scan the QR code to give online.

December 2025

Calendar of Events

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|--|---|
| 30 | 1 | 2 | 3 | 4 | 5 | 6 |
| | STRONG: Festive Flex 6:30 am, 12:00 pm, 5:30 pm H2O Cardio Aquatics 9:30 am-10:30 am | Namaste and Sleigh Yoga 6:15 am, 10:30 am, 5:30 pm, 6:35 pm Rhythm Revolution for Teens 4:30 pm-5:20 pm CPR & AED Certification Class 6:00 pm-7:30 pm | Reindeer Power R/DE 6:30 am, 9:30 am, 6:00 pm Feel Good Cardio Sculpt 8:00 am-8:55 am | Rhythm Revolution for Teens 4:30 pm-5:20 pm Jingle Bell PRO Jams 7:00 pm-7:50 pm | Fit Lab 7:30 am-8:25 am TRX: Suspension Sleigh Ride 5:30 pm-6:20 pm | POWER R/DE 9:00 am-10:00 am HIGH Fitness Holiday Hustle 10:30 am-11:20 am |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| PRO Bollywood Blizzard 10:30 am-11:20 am All Levels Yoga 12:00 pm-12:55 pm | H2O Cardio Aquatics 9:30 am-10:30 am Barre Humbug Burn 10:00 am-10:50 am Kids Fit Lab 4:30 pm-5:15 pm | Rhythm Revolution for Teens 4:30 pm-5:20 pm Legs Like a Snowman 6:00 pm-6:50 pm CPR & AED Certification Class 6:00 pm-7:30 pm | Peace, Poise, & Pilates 9:00 am, 11:00 am, 5:30 pm TRX Total Body 10:30 am-11:25 am | Fit Lab: Santa Sweat 7:30 am, 10:00 am, 12:00 pm, 5:30 pm, 7:00 pm Rhythm Revolution for Teens 4:30 pm-5:20 pm | Fit Lab 7:30 am-8:25 am ZUMBA Jingle Jam 5:30 pm-6:20 pm | The Final Fitmas 10:00 am-12:00 pm PRO Jam 10:30 am-11:25 am |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Hanukkah Soulful Sundays 9:15 am-10:10 am PRO Bollywood 10:30 am-11:25 am | STRONG 6:30 am-7:20 am H2O Cardio Aquatics 9:30 am-10:30 am Feel Good & Stretch 6:30 pm-7:55 pm | Kids Fit Lab 4:30 pm-5:15 pm Rhythm Revolution for Teens 4:30 pm-5:20 pm CPR & AED Certification Class 6:00 pm-7:30 pm | HIGH Fitness 9:30 am-10:25 am PRO Barre 5:30 pm-6:25 pm | Step & Strength 9:00 am-9:55 am Rhythm Revolution for Teens 4:30 pm-5:20 pm | Feel Good Cardio Sculpt 8:00 am-8:55 am Candlelight Flow Yoga 4:15 pm-5:10 pm | TRX Total Body 7:30 am-8:25 am Weekend Yoga 12:00 pm-12:55 pm |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| STRONG 9:00 am-9:50 am Power R/DE 9:00 am-10:00 am | Winter Break Camps 9:00 am-5:00 pm HIGH Fitness Holiday Hustle 9:30 am-10:20 am PRO Jam 10:30 am-11:25 am | Zumba 10:00 am-10:55 am Rhythm Revolution for Teens 4:30 pm-5:20 pm CPR & AED Certification Class 6:00 pm-7:30 pm | Christmas Eve Holiday Hours 6:00 am-2:00 pm |  Merry Christmas Club Closed | Winter Break Camps 9:00 am-5:00 pm | |
| 28 | 29 | 30 | 31 | <div>Unwrap HOLIDAY PERKS Explore this year's gift guide featuring our exclusive, specially curated deals on the brands and experiences you love. </div> | | |
| | Fit Lab 6:30 am-7:25 am H2O Cardio Aquatics 9:30 am-10:30 am Winter Break Camps 9:00 am-5:00 pm | Winter Break Camps 9:00 am-5:00 pm Rhythm Revolution for Teens 4:30 pm-5:20 pm CPR & AED Certification Class 6:00 pm-7:30 pm | New Year's Eve Holiday Hours 6:00 am-5:00 pm Winter Break Camps 9:00 am-5:00 pm | | | |

All calendar events will take place at Bellevue unless otherwise noted. *See our website for individual department hours.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.