

### Club Highlights

#### 12 Days of Fitmas

Join us December 8-19 to celebrate the season and earn raffle tickets through festive classes and toy donations benefiting Toys for Tots.

### PNOĒ Metabolic Testing

Discover how your body uses oxygen and energy with PNOĒ's clinicalgrade analysis. Email Kenny.Lorenzetti@ bayclubs.com to sign up.

## New! CPR & AED Certification

We're partnering with the American Red Cross to offer weekly classes that give you the skills and confidence to help when it matters most.





Now through December 19, bring a new unwrapped toy to donate to Toys for Tots—or scan the QR code to give online.

# December 2025

### **Calendar of Events**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30	Women's 1 Pickleball League 3.0-3.25: GW 10:00 am-11:30 am Intro to Adult Masters Swim: GW 10:00 am-10:45 am 6:00 pm-6:45 pm Adult Swim Stroke & Breathing Clinic: GW 6:45 pm-7:30 pm	Women's 3.7 Pickleball League: GW 9:00 am-10:30 am Ping Pong & Retro Recreation: GW 5:00 pm-8:00 pm Adult Swim Stroke & Breathing Clinic: GW 6:45 pm-7:30 pm	CPR & AED Certification Class: SF 12:00 pm-1:30 pm Adult Tennis Clinic 4.0-4.5: GW 6:30 pm-7:45 pm Adult Swim Stroke & Breathing Clinic: GW 6:45 pm-7:30 pm	Women's 3.5 Pickleball League: GW 10:00 am-11:30 am Pickleball Open Play: GW 5:00 pm-9:00 pm	Toys for Tots Member Social: GW 5:00 pm-7:00 pm Ugly Sweater Squash Mixer: SF 5:00 pm-9:00 pm Ugly Sweater Tennis Mixer: SSF 7:00 pm-9:00 pm	Toys for Tots Pictures with Santa: SF 10:00 am-12:00 am  Swim Evaluation Day: GW 1:00 pm-3:00 pm  Adult Learn-to-Swim: GW 3:00 pm-3:45 pm
	Live Ball Tennis 7 Clinic: SSF 8:00 am-9:20 am 9:30 am-10:50 am Pickleball Open Play: GW 11:00 am-2:00 pm Ugly Christmas Sweater Pickleball Tournament: GW 6:00 pm-8:30 pm	Women's Pickleball League 3.0-3.25: GW 10:00 am-11:30 am Intro to Adult Masters Swim: GW 10:00 am-10:45 am 6:00 pm-6:45 pm	Women's 3.7 Pickleball League: GW 9:00 am-10:30 am Ping Pong & Retro Recreation: GW 5:00 pm-8:00 pm Adult Swim Stroke & Breathing Clinic: GW 6:45 pm-7:30 pm	CPR & AED Certification Class: SF 12:00 pm-1:30 pm Adult Tennis Clinic 4.0-4.5: GW 6:30 pm-7:45 pm Adult Swim Stroke & Breathing Clinic: GW 6:45 pm-7:30 pm	Donuts & Donate: SF 9:00 am-11:00 am Women's 3.5 Pickleball League: GW 10:00 am-11:30 am Pickleball Open Play: GW 5:00 pm-9:00 pm	Donate a Toy & Bring a Guest: SF All Day  Ping Pong & Retro Recreation: GW 5:00 pm-8:00 pm  Pickleball Open Play: GW 5:00 pm-9:00 pm	National Cocoa Day: SF 9:00 am-11:00 am Swim Evaluation Day: GW 1:00 pm-3:00 pm Adult Learn-to-Swim: GW 3:00 pm-3:45 pm
	Hanukkah  Jingle Bell Rock: SF 9:00 am-10:00 am  Intro to Adult Masters Swim: GW 10:00 am-10:45 am  Pickleball Open Play: GW 11:00 am-2:00 pm	Women's Pickleball League 3.0-3.25: GW 10:00 am-11:30 am Intro to Adult Masters Swim: GW 10:00 am-10:45 am 6:00 pm-6:45 pm	Women's 3.7 Pickleball League: GW 9:00 am-10:30 am Ping Pong & Retro Recreation: GW 5:00 pm-8:00 pm Adult Swim Stroke & Breathing Clinic: GW 6:45 pm-7:30 pm	Toys for Tots Pictures with Santa: SF 4:00 pm-6:00 pm  Adult Tennis Clinic 4.0-4.5: GW 6:30 pm-7:45 pm  Adult Swim Stroke & Breathing Clinic: GW 6:45 pm-7:30 pm	Women's 3.5 Pickleball League: GW 10:00 am-11:30 am Pickleball Open Play: GW 5:00 pm-9:00 pm	Toys for Tots Last Day to Donate School Break Camp: GW 9:00 am-4:00 pm Live Ball Tennis Tournament: SSF 7:00 pm-9:00 pm	Pickleball Open Play: GW 11:00 am-2:00 pm Swim Evaluation Day: GW 1:00 pm-3:00 pm Adult Learn-to-Swim: GW 3:00 pm-3:45 pm
	Pickleball Open Play: GW 11:00 am-2:00 pm	Junior Tennis Camp: SSF 9:00 am-3:00 pm School Break Camp: GW 9:00 am-4:00 pm Intro to Adult Masters Swim: GW 10:00 am-10:45 am 6:00 pm-6:45 pm	Women's 3.7 Pickleball League: GW 9:00 am-10:30 am  Junior Tennis Camp: SSF 9:00 am-3:00 pm  School Break Camp: GW 9:00 am-4:00 pm	Christmas Eve  Holiday Hours 6:00 am-2:00 pm  School Break Camp: GW 9:00 am-1:00 pm  CPR & AED Certification Class: SF 12:00 pm-1:30 pm	Merry Christmas Club Closed	Junior Tennis Camp: SSF 9:00 am-3:00 pm School Break Camp: GW 9:00 am-4:00 pm Ping Pong & Retro Recreation: GW 5:00 pm-8:00 pm	Pickleball Open Play: GW 11:00 am-2:00 pm  Swim Evaluation Day: GW 1:00 pm-3:00 pm  Adult Learn-to-Swim: GW 3:00 pm-3:45 pm
	Intro to Adult Masters Swim: GW 10:00 am-10:45 am Pickleball Open Play: GW 11:00 am-2:00 pm	Junior Tennis Camp: SSF 9:00 am-3:00 pm School Break Camp: GW 9:00 am-4:00 pm Women's Pickleball League 3.0-3.25: GW 10:00 am-11:30 am	Women's 3.7 Pickleball League: GW 9:00 am-10:30 am  Junior Tennis Camp: SSF 9:00 am-3:00 pm  School Break Camp: GW 9:00 am-4:00 pm	New Year's Eve Holiday Hours 6:00 am-5:00 pm Junior Tennis Camp: SSF 9:00 am-3:00 pm  CPR & AED Certification Class: SF 12:00 pm-1:30 pm	Unw HOLI PER  Explore this guide featu exclusive, spec deals on the experiences	MAY KS year's gift uring our ially curated brands and	