

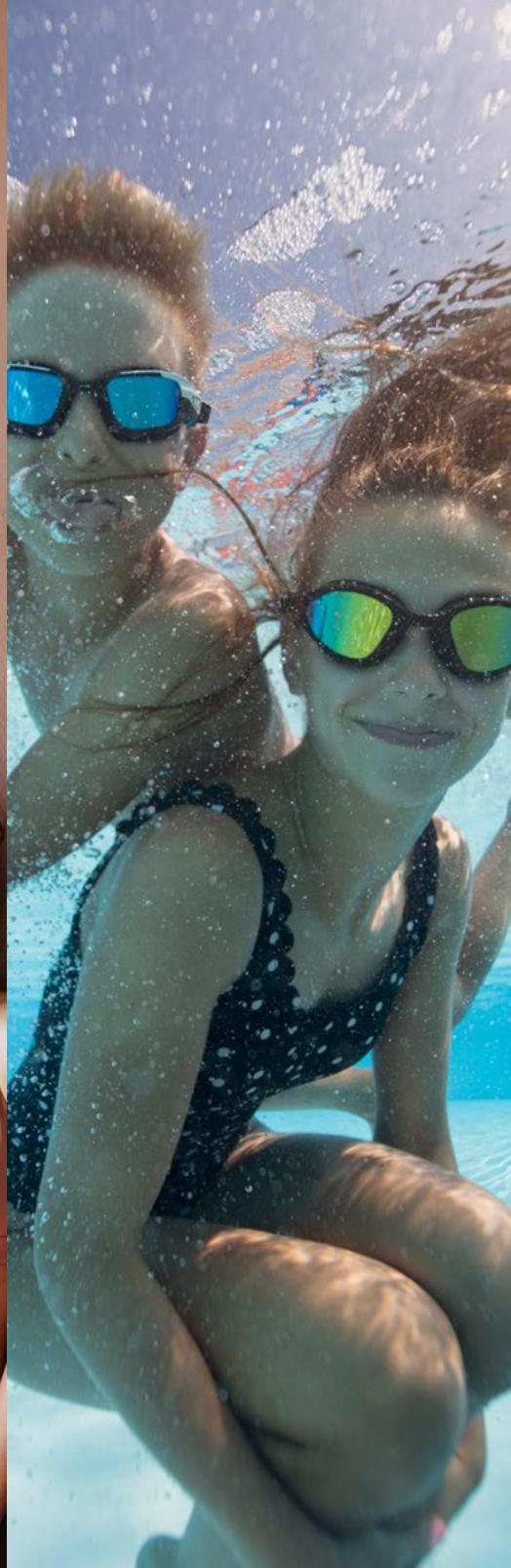


# Club Life

January 2026 • Harbor Square

## Year of More

More moments that matter.



## Club Highlights

### New! Grind & Unwind

Join Sabrina on Mondays for a new class that pairs strength training with a grounding yoga flow, deep stretching, and mindful breathwork.

### CPR & AED Certification

Learn essential life-saving skills in our American Red Cross certification classes, now offered at select Clubs for \$50. Enroll on Connect.

### Beginner Pickleball Clinics

Curious about pickleball? Join our clinic with Jinny and Mary on January 21 to learn the fundamentals in a welcoming, beginner-friendly setting.

### MORE OF YOUR PEOPLE

Start the year with more of what you love—movement that restores, classes that inspire, and the people who make it all feel like home. **Shared Membership** gives you more time together with up to 10 on one membership.

Add your crew now on Connect.

# January 2026

## Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	<div style="text-align: center;">  <p><b>JANUARY WELLNESS PERKS</b></p> <p>Explore exclusive, specially curated deals on brands and experiences to jumpstart your wellness routine this year.</p> </div>		<b>1</b>  <b>New Year's Day</b> Holiday Hours 7:00 am-5:00 pm	<b>2</b> Sound Bath 7:00 pm	Parent-Tot Swim 10:30 am
CPR & AED Certification 1:00 pm-3:00 pm  Family Open Swim 2:15 pm-3:30 pm 3:45 pm-5:00 pm	<b>5</b>  Grind & Unwind 6:00 pm-7:15 pm	<b>6</b>  Pickleball Drop-In: 2.0-2.5 10:45 am-12:00 pm	<b>7</b>  Doubles Strategy 6:30 pm-8:30 pm	<b>8</b>  Pickleball Drop-In: 2.0-2.5 10:45 am-12:00 pm  Men's Tennis Night 6:30 pm	<b>9</b>  Stroke Production 11:00 am	<b>10</b>  Parent-Tot Swim 10:30 am
CPR & AED Certification 1:00 pm-3:00 pm  Family Open Swim 2:15 pm-3:30 pm 3:45 pm-5:00 pm	<b>12</b>  Grind & Unwind 6:00 pm-7:15 pm	<b>13</b>  Sound Bath 7:00 pm	<b>14</b>  DanceX 6:10 pm	<b>15</b>  Pickleball Drop-In: 2.0-2.5 10:45 am-12:00 pm  Men's Tennis Night 6:30 pm	<b>16</b>  Kids Night Out 5:30 pm-9:00 pm  Mixed Doubles Tennis 7:00 pm-10:00 pm	<b>17</b>  Parent-Tot Swim 10:30 am
CPR & AED Certification 1:00 pm-3:00 pm  Family Open Swim 2:15 pm-3:30 pm 3:45 pm-5:00 pm  Beginner Yoga 5:30 pm	<b>19</b>  Grind & Unwind 6:00 pm-7:15 pm	<b>20</b>  Pickleball Drop-In: 2.0-2.5 10:45 am-12:00 pm	<b>21</b>  Beginner Pickleball Clinic 1:15 pm-2:30 pm	<b>22</b>  Pickleball Drop-In: 2.0-2.5 10:45 am-12:00 pm  Men's Tennis Night 6:30 pm	<b>23</b>  Stroke Production 11:00 am  Ladies Tennis Night 7:00 pm-10:00 pm	<b>24</b>  Parent-Tot Swim 10:30 am
CPR & AED Certification 1:00 pm-3:00 pm  Family Open Swim 2:15 pm-3:30 pm 3:45 pm-5:00 pm	<b>26</b>  Grind & Unwind 6:00 pm-7:15 pm	<b>27</b>  Pickleball Drop-In: 2.0-2.5 10:45 am-12:00 pm	<b>28</b>	<b>29</b>  Pickleball Drop-In: 2.0-2.5 10:45 am-12:00 pm  Men's Tennis Night 6:30 pm	<b>30</b>  Gentle Yoga 4:30 pm	<b>31</b>  Parent-Tot Swim 10:30 am