



Club Life

January 2026 • Walnut Creek



Year of More

More moments that matter.



Club Highlights

Summer Camp Registration

Beginning January 14, you can reserve your kiddo's spot for their favorite time of year and access our greatest early-registration savings!

CPR & AED Certification

Learn essential life-saving skills in our American Red Cross certification classes, now offered at select Clubs for \$50. Enroll on Connect.

Winter Basketball League

Join the action in our 12-week league kicking off January 14. \$85 for members; \$100 for non-members. Email Kristi.Bellock@bayclubs.com to sign up.

MORE OF YOUR PEOPLE

Start the year with more of what you love—movement that restores, classes that inspire, and the people who make it all feel like home. **Shared Membership** gives you more time together with up to 10 on one membership.

Add your crew now on Connect.

January 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
28	29	 <p>JANUARY WELLNESS PERKS</p> <p>Explore exclusive, specially curated deals on brands and experiences to jumpstart your wellness routine this year.</p>		 <p>New Year's Day</p> <p>Holiday Hours 7:00 am-7:00 pm</p> <p>Youth Basketball Academy 4:00 pm-5:00 pm</p> <p>Bar Ritual 5:00 pm-6:00 pm</p>	<p>1</p> <p>2</p> <p>Free Guest Friday All Day</p> <p>CPR & AED Certification 12:00 pm-1:30 pm</p> <p>Trivia Night 6:00 pm-9:00 pm</p>	<p>3</p> <p>Vinyasa Yoga 7:15 am-8:05 am</p> <p>Free Body Composition Assessments 9:00 am-12:00 pm</p> <p>R Spa: Champagne Greetings 9:00 am-8:00 pm</p>		
4	5	<p>Performance Cycle 8:00 am-8:50 am</p> <p>R Spa: Champagne Greetings 9:00 am-7:00 pm</p>	<p>Vinyasa Yoga Flow 6:15 am-7:05 am</p> <p>Youth Basketball Academy 4:00 pm-5:00 pm</p>	<p>Knockout 8:45 am-9:35 am</p> <p>Taco Tuesday: Citrus Grill 5:00 pm-8:00 pm</p>	<p>R Spa: \$50 Off HydraFacials 9:00 am-5:00 pm</p> <p>Barre Fusion 9:15 am-10:05 am</p> <p>Winter Basketball League Starts 6:00 pm-9:00 pm</p>	<p>Zumba 9:45 am-10:35 am</p> <p>R Spa: 20% Off Bath Products 9:00 am-8:00 pm</p> <p>Bar Ritual 5:00 pm-6:00 pm</p>	<p>8</p> <p>9</p> <p>Bosu Fit 10:15 am-11:05 am</p> <p>CPR & AED Certification 12:00 pm-1:30 pm</p> <p>Cooking Class with Chef Travis 6:00 pm-9:00 pm</p>	<p>10</p> <p>Free Body Composition Assessments 9:00 am-12:00 pm</p> <p>R Spa: 20% Off 2 Services 9:00 am-8:00 pm</p> <p>Strength & Conditioning 10:15 am-11:05 am</p>
11	12	<p>Cardio Hoops 9:00 am-9:50 am</p> <p>R Spa: 50% Off Enhancements 9:00 am-7:00 pm</p>	<p>Performance Cycle 6:00 am-6:50 am</p> <p>R Spa: 50% Off Enhancements 9:00 am-7:00 pm</p> <p>Youth Basketball Academy 4:00 pm-5:00 pm</p>	<p>LIIT (Low Impact Interval Training) 7:45 am-8:35 am</p> <p>R Spa: 50% Off Enhancements 9:00 am-8:00 pm</p> <p>Taco Tuesday: Citrus Grill 5:00 pm-8:00 pm</p>	<p>R Spa: 50% Off Enhancements 9:00 am-8:00 pm</p> <p>Strength & Conditioning 9:15 am-10:05 am</p>	<p>14</p> <p>15</p> <p>Barre Fusion 11:15 am-12:05 pm</p> <p>CPR & AED Certification 12:00 pm-1:30 pm</p> <p>New Member Social: Citrus Grill 6:00 pm-9:00 pm</p>	<p>16</p> <p>17</p> <p>Free Body Composition Assessments 9:00 am-12:00 pm</p> <p>R Spa: 50% Off Enhancements 9:00 am-8:00 pm</p> <p>Zumba 12:15 pm-1:05 pm</p>	
18	19	<p>Aqua Fit 9:00 am-9:50 am</p>	<p>R Spa: Gift with Organic Facial 9:00 am-5:00 pm</p> <p>Rhythm Ride 5:30 pm-6:20 pm</p>	<p>Taco Tuesday: Citrus Grill 5:00 pm-8:00 pm</p> <p>Yoga Flow 5:30 pm-6:20 pm</p>	<p>R Spa: \$50 Off HydraFacials 9:00 am-5:00 pm</p> <p>Barre Fusion 11:30 am-12:20 pm</p> <p>Winter Basketball League 6:00 pm-9:00 pm</p>	<p>21</p> <p>22</p> <p>Core & Mobility 8:30 am-9:20 am</p> <p>Youth Basketball Academy 4:00 pm-5:00 pm</p> <p>Bar Ritual 5:00 pm-6:00 pm</p>	<p>23</p> <p>Pilates Fusion 6:45 am-7:35 am</p> <p>CPR & AED Certification 12:00 pm-1:30 pm</p> <p>Guitar & Wine Night 6:00 pm-9:00 pm</p>	<p>24</p> <p>Free Body Composition Assessments 9:00 am-12:00 pm</p> <p>Vinyasa Yoga 11:30 am-12:45 pm</p>
25	26	<p>R Spa: \$20 Spa Bucks 9:00 am-7:00 pm</p> <p>Precision Pilates 9:15 am-10:05 am</p>	<p>R Spa: \$20 Spa Bucks 9:00 am-7:00 pm</p> <p>Dance Fusion 9:15 am-10:05 am</p> <p>Youth Basketball Academy 4:00 pm-5:00 pm</p>	<p>R Spa: \$20 Spa Bucks 9:00 am-8:00 pm</p> <p>Performance Cycle 5:30 pm-6:20 pm</p> <p>Open Play Futsal 8:00 pm-9:00 pm</p>	<p>R Spa: \$50 Off HydraFacials 9:00 am-5:00 pm</p> <p>AquaFit 5:30 pm-6:20 pm</p> <p>Winter Basketball League 6:00 pm-9:00 pm</p>	<p>28</p> <p>29</p> <p>Performance Cycle 6:00 am-6:50 am</p> <p>Bar Ritual 5:00 pm-6:00 pm</p>	<p>30</p> <p>CPR & AED Certification 12:00 pm-1:30 pm</p> <p>Adult Pickleball Class 2:00 pm-3:00 pm</p> <p>Black & White Movie Night 6:00 pm-9:00 pm</p>	<p>31</p> <p>Free Body Composition Assessments 9:00 am-12:00 pm</p> <p>R Spa: Surprise & Delight 9:00 am-8:00 pm</p> <p>Boot Camp 9:15 am-10:05 am</p>

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.