



Club Life

January 2026 • San Francisco



Year of More

More moments that matter.



Club Highlights

Summer Camp Registration

Beginning January 14, you can reserve your kiddo's spot for their favorite time of year and access our greatest early-registration savings!

CPR & AED Certification

Learn essential life-saving skills in our American Red Cross certification classes, now offered at select Clubs for \$50. Enroll on Connect.

Pilates Reformer New Launch

Our studio now features additional Reformers—come experience small-group sessions that build strength, balance, and flexibility.


MORE OF YOUR PEOPLE

Start the year with more of what you love—movement that restores, classes that inspire, and the people who make it all feel like home. **Shared Membership** gives you more time together with up to 10 on one membership.

Add your crew now on Connect.

January 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	 <p>JANUARY WELLNESS PERKS</p> <p>Explore exclusive, specially curated deals on brands and experiences to jumpstart your wellness routine this year.</p>		1 New Year's Day Holiday Hours 7:00 am-7:00 pm Pickleball Open Play: GW 5:00 pm-9:00 pm FIIGHT: SF 5:30 pm	2 Adult Tennis Camp: SSF 9:00 am-11:00 am Member Social & Pickleball Open Play: SF 5:00 pm-9:00 pm Tennis Challenge Court: GW 6:00 pm-8:00 pm	3 Adult Tennis Clinic 3.0-3.5: SSF 9:00 am-10:20 am Swim School: GW 10:00 am, 10:30 am, 11:00 am, 11:30 am Adult Learn-to-Swim: GW 3:00 pm-3:50 pm
4 Adult Live Ball Tennis: SSF 8:00 am-9:20 am 9:30 am-10:50 am Adult Intro to Masters: GW 10:00 am-10:50 am Adult Learn-to-Swim: GW 3:00 pm-3:50 pm	5 School Break Camp: GW 9:00 am-4:00 pm Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm Adult Swim Stroke & Breathing Clinic: SF 6:45 pm-7:30 pm	6 Adult Live Ball Tennis Clinic: SSF 12:00 pm-1:20 pm FIIGHT: SF 5:30 pm Adult Swim Stroke & Breathing Clinic: SF 6:45 pm-7:30 pm	7 IGNITE: SF 6:00 am CPR & AED Certification: SF 12:00 pm-1:30 pm Adult Tennis Clinic 3.0-3.5: GW 5:00 pm-6:20 pm	8 Adult Cardio Tennis Clinic: SSF 4:00 pm-4:50 pm Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm FIIGHT: SF 5:30 pm	9 Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm Ping Pong & Retro Recreation: GW 5:00 pm-8:00 pm Tennis Challenge Court: GW 6:00 pm-8:00 pm	10 Adult Tennis Clinic 3.0-3.5: SSF 9:00 am-10:20 am Swim School: GW 10:00 am, 10:30 am, 11:00 am, 11:30 am Adult Learn-to-Swim: GW 3:00 pm-3:50 pm
11 Adult Live Ball Tennis: SSF 8:00 am-9:20 am 9:30 am-10:50 am Group-Ex Showcase: SF 9:00 am-1:00 pm Adult Intro to Masters: GW 10:00 am-10:50 am	12 Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm Adult Swim Stroke & Breathing Clinic: SF 6:45 pm-7:30 pm	13 Adult Live Ball Tennis Clinic: SSF 12:00 pm-1:20 pm FIIGHT: SF 5:30 pm Adult Swim Stroke & Breathing Clinic: SF 6:45 pm-7:30 pm	14 IGNITE: SF 6:00 am CPR & AED Certification: SF 12:00 pm-1:30 pm Adult Tennis Clinic 3.0-3.5: GW 5:00 pm-6:20 pm	15 Adult Cardio Tennis Clinic: SSF 4:00 pm-4:50 pm Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm FIIGHT: SF 5:30 pm	16 Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm Ping Pong & Retro Recreation: GW 5:00 pm-8:00 pm Tennis Challenge Court: GW 6:00 pm-8:00 pm	17 Adult Tennis Clinic 3.0-3.5: SSF 9:00 am-10:20 am Swim School: GW 10:00 am, 10:30 am, 11:00 am, 11:30 am Adult Learn-to-Swim: GW 3:00 pm-3:50 pm
18 Adult Live Ball Tennis: SSF 8:00 am-9:20 am 9:30 am-10:50 am Adult Intro to Masters: GW 10:00 am-10:50 am Adult Learn-to-Swim: GW 3:00 pm-3:50 pm	19 School Break Camp: GW 9:00 am-4:00 pm Adult Swim Stroke & Breathing Clinic: SF 6:45 pm-7:30 pm	20 School Break Camp: GW 9:00 am-4:00 pm Adult Live Ball Tennis Clinic: SSF 12:00 pm-1:20 pm Adult Swim Stroke & Breathing Clinic: SF 6:45 pm-7:30 pm	21 IGNITE: SF 6:00 am CPR & AED Certification: SF 12:00 pm-1:30 pm Adult Tennis Clinic 3.0-3.5: GW 5:00 pm-6:20 pm	22 Adult Cardio Tennis Clinic: SSF 4:00 pm-4:50 pm Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm FIIGHT: SF 5:30 pm	23 Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm Ping Pong & Retro Recreation: GW 5:00 pm-8:00 pm Tennis Challenge Court: GW 6:00 pm-8:00 pm	24 Adult Tennis Clinic 3.0-3.5: SSF 9:00 am-10:20 am Adult Learn-to-Swim: GW 3:00 pm-3:50 pm 7th Grade Winter Party: SF 6:00 pm-8:00 pm
25 Adult Live Ball Tennis: SSF 8:00 am-9:20 am 9:30 am-10:50 am Adult Learn-to-Swim: GW 3:00 pm-3:50 pm	26 Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm Adult Swim Stroke & Breathing Clinic: SF 6:45 pm-7:30 pm	27 Adult Live Ball Tennis Clinic: SSF 12:00 pm-1:20 pm Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm Adult Swim Stroke & Breathing Clinic: SF 6:45 pm-7:30 pm	28 IGNITE: SF 6:00 am CPR & AED Certification: SF 12:00 pm-1:30 pm Adult Tennis Clinic 3.0-3.5: GW 5:00 pm-6:20 pm	29 Adult Cardio Tennis Clinic: SSF 4:00 pm-4:50 pm Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm FIIGHT: SF 5:30 pm	30 Swim School: GW 4:00 pm, 4:30 pm, 5:00 pm, 5:30 pm Ping Pong & Retro Recreation: GW 5:00 pm-8:00 pm Tennis Challenge Court: GW 6:00 pm-8:00 pm	31 Swim School: GW 10:00 am, 10:30 am, 11:00 am, 11:30 am Adult Learn-to-Swim: GW 3:00 pm-3:50 pm

SF: San Francisco SSF: South San Francisco GW: Gateway FD: Financial District

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.