



Club Life

January 2026 • Los Angeles



Club Highlights

Summer Camp Registration

Beginning January 14, you can reserve your kiddo's spot for their favorite time of year and access our greatest early-registration savings!

CPR & AED Certification

Learn essential life-saving skills in our American Red Cross certification classes, now offered at select Clubs for \$50. Enroll on Connect.

Junior Guard Prep

Give your swimmer a head start on the 2026 JG test with focused training from Coach Savage that builds technique, endurance, and speed.


MORE OF YOUR PEOPLE

Start the year with more of what you love—movement that restores, classes that inspire, and the people who make it all feel like home. **Shared Membership** gives you more time together with up to 10 on one membership.

Add your crew now on Connect.

January 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	 JANUARY WELLNESS PERKS Explore exclusive, specially curated deals on brands and experiences to jumpstart your wellness routine this year.		1 New Year's Day Holiday Hours 7:00 am-7:00 pm	2 Resolution Ride: RB 7:00 am	3 Family Swim: ES 1:00 pm-3:00 pm
4 Family Swim: ES 10:00 am-3:00 pm	5 Ultimate Conditioning: SM 8:00 am CRP & AED Certification: ES 12:15 pm-1:45 pm	6 Barre Fusion: SM 8:00 am	7 Cardio Dance: SM 10:00 am	8 Mat Pilates: SM 10:00 am	9 Restorative Yoga: SM 10:00 am Kids Night Out Winter Science: ES 5:00 pm-8:00 pm	10 Power Hour: SM 9:00 am Family Swim: ES 1:00 pm-3:00 pm
11 Family Swim: ES 10:00 am-3:00 pm	12 CRP & AED Certification: ES 12:15 pm-1:45 pm Vinyasa Yoga: SM 6:30 pm	13 Glutes & Core: SM 6:30 pm	14 Vinyasa Yoga: SM 6:30 pm	15 Ultimate Conditioning: SM 6:30 pm	16 Kids Night Out Snowball Battles: ES 5:00 pm-8:00 pm Power Sculpt: SM 5:30 pm	17 Core & Stability: SM 11:00 am Get Fit with Robert Rose: RB 11:00 am Family Swim: ES 1:00 pm-3:00 pm
18 Family Swim: ES 10:00 am-3:00 pm	19 CRP & AED Certification: ES 12:15 pm-1:45 pm	20	21	22	23 Kids Night Out Winter Terrariums: ES 5:00 pm-8:00 pm	24 Family Swim: ES 1:00 pm-3:00 pm
25 Family Swim: ES 10:00 am-3:00 pm	26 CRP & AED Certification: ES 12:15 pm-1:45 pm	27	28	29	30	31 National Hot Chocolate Day: RB 11:00 am-6:00 pm Family Swim: ES 1:00 pm-3:00 pm

ES: El Segundo RB: Redondo Beach SM: Santa Monica

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.