



Club Life

February 2026 • Fremont



Summer Camp Registration Is Open!

Best savings of the year. Enroll early.

Club Highlights

Get Certified CPR & AED

Gain life-saving skills during Heart Health Month in our American Red Cross certification course, offered at select Clubs for \$50.

Support Augie's Quest

Save the date for the Augie's Quest Classic Kick-Off, March 13-15. Join in Club tournaments and support the cause all month at bayclubs.com/augiesquest.

Pure Strength Sweethearts

Join Gagan and Jeffrey on February 8 for a complimentary, total-body workout designed to build strength and get your heart pumping. Enroll on Connect.



ENROLL NOW

Reserve your kiddo's spot for Summer Camps and save up to 40% through February 28.*

February 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Heated Yoga Sculpt 8:00 am-8:50 am Aqua Fit 9:00 am-9:50 am Core & Stretch 10:00 am-10:50 am	2 F5 Training 12:00 pm Edge Strength 5:40 pm-6:30 pm IGNITE 6:30 pm-7:20 pm	3 F5 Training 12:00 pm Strike Like Lightning 6:30 pm-7:20 pm Edge Strength 7:30 pm-8:20 pm	4 Brazilian Beats 9:00 am-9:50 am F5 Training 12:00 pm Body Blast 5:30 pm-6:20 pm	5 F5 Training 12:00 pm LaBlast Silk 11:00 am-11:50 am UJAM 6:30 pm-7:20 pm	6 Heated Vinyasa Yoga 7:30 am-8:20 am Kickboxing Express 9:00 am-10:50 am Heated Power Yoga 6:00 pm-6:50 pm	7 Core & More 9:00 am-9:50 am Aqua Fit 9:00 am-9:50 am Zumba 9:00 am-9:50 am
8 The Big Game 🏈 Boot Camp 8:00 am-8:50 am Road Ride 9:00 am-9:50 am Pure Strength Sweethearts 12:30 pm-1:45 pm	9 Barre 8:00 am-8:50 am LaBlast Fitness 10:00 am-10:50 am F5 Training 12:00 pm	10 CIRCL Mobility 11:00 am-11:50 am F5 Training 12:00 pm Heated Barrelates 5:30 pm-6:20 pm	11 Brazilian Beats 9:00 am-9:50 am F5 Training 12:00 pm MIXXEDFIT: Love 6:30 pm-7:20 pm	12 HIIT 9:00 am-9:50 am Barre Fusion 9:00 am-9:50 am F5 Training 12:00 pm	13 Boot Camp 6:15 am-7:05 am School Break Camp 9:00 am-4:00 pm Zumba Gold 11:15 am-12:05 pm	14 Valentine's Day 💕 Zumba: Dance for Love 9:00 am-9:50 am Valentine's BomBay Jam 10:15 am-11:05 am Shakti Yoga Flow 10:15 am-11:30 am
15 UJAM 9:00 am-9:50 am Partners Yoga 10:00 am-10:50 am BomBay Jam 11:00 am-11:50 am	16 Strong Nation 9:00 am-9:50 am School Break Camp 9:00 am-4:00 pm LaBlast Chair 11:00 am-11:50 am	17 Road Ride 8:00 am-8:50 am Zumba 10:00 am-10:50 am Yin Yoga 5:30 pm-6:20 pm	18 Pilates Core for Athletes 11:00 am-11:50 am Heated Vinyasa Yoga 5:30 pm-6:20 pm Core & Stretch 7:30 pm-8:20 pm	19 Vinyasa Yoga 9:00 am-9:50 am MIXXEDFIT 10:00 am-10:50 am Pure Strength 12:00 pm-12:50 pm	20 Strength Conditioning 9:00 am-9:50 am Vinyasa Yoga 10:00 am-11:15 am Heated HIIT 12:00 pm-12:50 pm	21 Core & More 9:00 am-9:50 am Aqua Fit 9:00 am-9:50 am Family Yoga 11:30 am-12:20 pm
22 Mobility & Movement 9:00 am-9:25 am Hatha Yoga 10:00 am-10:50 am BomBay Jam 11:00 am-11:50 am	23 Barre Fusion 4:30 pm-5:20 pm Heated Slow Flow Yoga 6:30 pm-7:20 pm Power Cycling 6:30 pm-7:20 pm	24 Vinyasa Yoga 6:15 am-7:05 am Road Ride 8:00 am-8:50 am Strong Nation 9:00 am-9:50 am	25 Strength Conditioning 6:15 am-7:05 am Aqua Fit 9:10 am-10:00 am Vinyasa Yoga 10:00 am-10:50 am	26 Group Power 7:45 am-8:35 am HIIT 9:00 am-9:50 am Vinyasa Yoga 10:00 am-10:50 am	27 Heated Vinyasa Yoga 7:30 am-8:20 am Road Ride 4:00 pm-4:50 pm IGNITE 5:00 pm-5:50 pm	28 Boot Camp 6:15 am-7:05 am BomBay Jam 6:00 pm-6:50 pm Edge Strength 6:30 pm-7:20 pm

1	2	3	4	<div style="background-color: #c8e6c9; padding: 10px;">  <p>Shared Membership Add-On Fee</p> <p>Bring more of your crew onto your Shared Membership with a limited-time \$0 processing fee for Shared Add-Ons.*</p> <p>Get started now on Connect.</p> </div>		
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