



Club Life

April 2026 • Fremont



It's Go Time.

Celebrate National Pickleball Month with rallies, round robins, and connection on the courts.

Club Highlights

Summer Camps: Savings End Soon

Last chance to save up to 35% on Summer Camps—enroll by April 30 and give your kiddo a season of sports, swimming, games, and unforgettable memories.*

Triple Shred

Experience a total-body workout on April 26, rotating through strength, cardio, and conditioning formats for an energizing session. Ages 15+. Register on Connect.

International Dance Day

Celebrate on April 29 with a high-energy mix of dance formats blending global rhythms and styles. Ages 12+. Complimentary. Register on Connect.



Play More, Together

Enjoy more ways to play, relax, and recharge at the Club. With up to 10 people on one Shared Membership, it's go time for good times with your favorite people.

Get started now on Connect.

April 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
			<p>Strength Conditioning 6:15 am-7:05 am</p> <p>Heated Yoga Sculpt 8:00 am-8:50 am</p> <p>Pure Strength 4:30 pm-5:20 pm</p>	<p>Rise and Ride 6:15 am-7:05 am</p> <p>LaBlast Silk 11:00 am-11:50 am</p> <p>UJAM 6:30 pm-7:20 pm</p>	<p>Adaptive Tai Chi 4:30 pm-5:20 pm</p> <p>BomBay Jam 5:30 pm-6:20 pm</p> <p>Heated Sculpt and Flow 7:15 pm-8:05 pm</p>	<p>Morning Vinyasa Flow 8:00 am-8:50 am</p> <p>Aqua Fit 9:00 am-9:50 am</p> <p>Zumba 9:00 am-9:50 am</p>
5	6	7	8	9	10	11
<p>Easter 🐣</p> <p>UJAM 9:00 am-9:50 am</p> <p>Hatha Yoga 10:00 am-10:50 am</p> <p>Tai Chi 11:30 am-12:20 pm</p>	<p>School Break Camp 9:00 am-4:00 pm</p> <p>Barre Fusion 4:30 pm-5:20 pm</p> <p>IGNITE 5:30 pm-6:20 pm</p>	<p>Vinyasa Yoga 6:15 am-7:05 am</p> <p>Balance Sculpt 9:00 am-9:50 am</p> <p>School Break Camp 9:00 am-4:00 pm</p>	<p>School Break Camp 9:00 am-4:00 pm</p> <p>Heated HIIT 12:00 pm-12:50 pm</p> <p>Core & Stretch 7:30 pm-8:20 pm</p>	<p>School Break Camp 9:00 am-4:00 pm</p> <p>Chair Fit Fusion 3:30 pm-4:20 pm</p> <p>Pop Pilates 4:30 pm-5:20 pm</p>	<p>School Break Camp 9:00 am-4:00 pm</p> <p>Zumba Gold 11:15 am-12:05 pm</p> <p>Pilates Unreformed Flow 11:30 am-12:20 pm</p>	<p>Zumba 9:00 am-9:50 am</p> <p>Core and More 9:00 am-9:55 am</p> <p>Family Yoga 11:30 am-12:20 pm</p>
12	13	14	15	16	17	18
<p>Boot Camp 8:00 am-8:50 am</p> <p>Aqua Fit 9:00 am-9:50 am</p> <p>BomBay Jam 11:00 am-11:50 am</p>	<p>Barre 8:00 am-8:50 am</p> <p>LaBlast Dance 10:00 am-10:50 am</p> <p>Power Cycling 6:30 pm-7:20 pm</p>	<p>Strong Nation 9:00 am-9:50 am</p> <p>Heated Barre Fusion 11:00 am-11:50 am</p> <p>Aqua Fit 6:30 pm-7:20 pm</p>	<p>Chair Conditioning 11:00 am-11:50 am</p> <p>Body Blast 5:30 pm-6:20 pm</p> <p>Dance Fusion 7:30 pm-8:20 pm</p>	<p>Vinyasa Yoga 10:00 am-10:50 am</p> <p>MixedFit 10:00 am-10:50 am</p> <p>Group Power 7:45 pm-8:35 pm</p>	<p>Aqua Fit 9:50 am-10:40 am</p> <p>Ignite 5:00 pm-5:50 pm</p> <p>Heated Sculpt and Flow 7:15 pm-8:05 pm</p>	<p>Pickleball Open Play 12:00 pm-3:00 pm</p>
19	20	21	22	23	24	25
<p>UJAM 9:00 am-9:50 am</p> <p>Heated Yin Yoga 11:00 am-11:50 am</p> <p>BomBay Jam 11:00 am-11:50 am</p>	<p>Brazilian Beats 9:00 am-9:50 am</p> <p>LaBlast Chair 11:00 am-11:50 am</p> <p>Vinyasa Yoga 5:30 pm-6:20 pm</p>	<p>Boot Camp 6:15 am-7:05 am</p> <p>Road Ride 8:00 am-8:50 am</p> <p>Circl Mobility 11:00 am-11:50 am</p>	<p>Earth Day 🌍</p> <p>HIIT 10:00 am-10:50 am</p> <p>Pilate Core for Athletes 11:00 am-11:50 am</p> <p>Pure Strength 4:30 pm-5:20 pm</p>	<p>Barre Fusion 9:00 am-9:50 am</p> <p>Pure Strength 12:00 pm-12:50 pm</p> <p>Power Kickboxing with Bags 5:30 pm-6:20 pm</p>	<p>Kickboxing Express 9:00 am-9:50 am</p> <p>LaBlast Ballroom Dance Fitness 6:00 pm-6:50 pm</p> <p>Heated Vinyasa Yoga 7:30 pm-8:20 pm</p>	<p>Heated Barre 8:00 am-8:50 am</p> <p>Core and More 9:05 am-9:55 am</p> <p>Shakti Yoga Flow 10:15 am-11:30 am</p>
26	27	28	29	30	1	2
<p>Heated Yoga Sculpt 8:00 am-8:50 am</p> <p>Core and Stretch 10:00 am-10:50 am</p> <p>Triple Shred 12:00 pm-12:50 pm</p>	<p>Heated Mat Pilates 12:00 pm-12:50 pm</p> <p>Power Cycling 6:30 pm-7:20 pm</p> <p>BombayJam 7:30 pm-8:20 pm</p>	<p>Zumba 10:00 am-10:50 am 7:30 pm-8:20 pm</p> <p>Barre Fusion 4:30 pm-5:20 pm</p>	<p>Chair Conditioning 11:00 am-11:50 am</p> <p>MixedFit 6:30 pm-7:20 pm</p> <p>Internation Dance Day Celebration 6:45 pm-8:00 pm</p>	<p>Vinyasa Yoga 10:00 am-10:50 am</p> <p>Fusion Boot Camp 6:30 pm-7:20 pm</p> <p>Strike Like Lightning 7:00 pm-7:50 pm</p>		