



Club Life

July 2026 • San Francisco



This Is Baycation

Big matches. Big splashes. Peak summer fun.

Club Highlights

World's Game at the Club

The soccer excitement continues this month with watch parties, special events, and match-day energy at the Club. See the Front Desk for details.

4th of July Class Crawl & Raffle

Take classes, join the fun, and enter for a chance to win. Sign up on Connect and visit the Front Desk for raffle details.

New! Self-Defense Boot Camp

Build confidence and learn practical self-defense skills in our newest class at San Francisco. Sessions are held Tuesdays and Thursdays at 6:00 pm.



The Best Part of Summer: Camp

Give your kids a summer filled with sports, swimming, new friendships, and unforgettable memories. Scan to join the fun.

July 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 World Soccer Watch Party: GW & SF 9:00 am-11:30 am Live Ball Tennis Clinic: SSF 12:00 pm-1:15 pm CPR & AED Certification: SF 12:00 pm-1:30 pm	2 Morning Flow with Lexi: SF 7:00 am-7:50 am Challenge Court: SSF 9:00 am-12:00 pm Self Defense Boot Camp: SF 6:00 pm	3	Fourth of July 4 Holiday Hours GW & SF: 7:00 am-4:00 pm SSF: 8:00 am-4:00 pm FD: Closed 4th of July Class Crawl: SF 8:00 am-2:00 pm World Soccer Watch Party: GW & SF 10:00 am-4:00 pm
5 BODYPUMP: SF 10:00 am-10:50 am	6 Summer Camp Galactic Explorer: GW 9:00 am-4:00 pm Adult Tennis Clinic 4.0-4.5: GW 6:00 pm-7:30 pm	7 Challenge Court: SSF 9:00 am-12:00 pm Self-Defense Boot Camp: SF 6:00 pm-6:50 pm Adult Cardio Tennis Clinic: GW 6:30 pm-8:00 pm	8 Adult Live Ball Tennis Clinic: SSF 8:00 am-9:30 am CPR & AED Certification: SF 12:00 pm-1:30 pm	9 Morning Flow with Lexi: SF 7:00 am-7:50 am World Soccer Watch Party: GW & SF 1:00 pm-3:00 pm Self-Defense Boot Camp: SF 6:00 pm-6:50 pm	10 World Soccer Watch Party: GW & SF 12:00 pm-2:00 pm Roll & Release: SF 6:00 pm-7:15 pm	11 Roll & Restore 1:30 pm-2:45 pm World Soccer Watch Party: GW & SF 2:00 pm-4:00 pm World Soccer Watch Party: GW 6:00 pm-8:00 pm
12 BODYPUMP: SF 10:00 am-10:50 am	13 Summer Camp Rainbow Showdown: GW 9:00 am-4:00 pm Adult Tennis Clinic 4.0-4.5: GW 6:00 pm-7:30 pm	14 World Soccer Watch Party Semifinals: GW & SF 12:00 pm-2:00 pm Self-Defense Boot Camp: SF 6:00 pm-6:50 pm Adult Cardio Tennis Clinic: GW 6:30 pm-8:00 pm	15 Adult Live Ball Tennis Clinic: SSF 8:00 am-9:30 am CPR & AED Certification: SF 12:00 pm-1:30 pm World Soccer Watch Party Semifinals: GW & SF 12:00 pm-2:00 pm	16 Morning Flow with Lexi: SF 7:00 am-7:50 am Challenge Court: SSF 9:00 am-12:00 pm Self-Defense Boot Camp: SF 6:00 pm-6:50 pm	17 Summer Camp Color Tag: GW 9:00 am-4:00 pm Roll & Release: SF 6:00 pm-7:15 pm	18 Adult Cardio Tennis Clinic: SSF 8:00 am-9:00 am Roll & Restore 1:30 pm-2:45 pm World Soccer Watch Party Bronze Final: GW & SF 2:00 pm-4:00 pm
19 BODYPUMP: SF 10:00 am-10:50 am World Soccer Watch Party Finals: GW & SF 12:00 pm-2:00 pm	20 Summer Camp Mystic Mermaid & Pirate Quest: GW 9:00 am-4:00 pm Adult Tennis Clinic 4.0-4.5: GW 6:00 pm-7:30 pm	21 Challenge Court: SSF 9:00 am-12:00 pm Self-Defense Boot Camp: SF 6:00 pm-6:50 pm Adult Cardio Tennis Clinic: GW 6:30 pm-8:00 pm	22 Adult Live Ball Tennis Clinic: SSF 8:00 am-9:30 am Live Ball Tennis Clinic: SSF 12:00 pm-1:15 pm CPR & AED Certification: SF 12:00 pm-1:30 pm	23 Morning Flow with Lexi: SF 7:00 am-7:50 am Challenge Court: SSF 9:00 am-12:00 pm Self-Defense Boot Camp: SF 6:00 pm-6:50 pm	24 Roll & Release: SF 6:00 pm-7:15 pm	25 Adult Cardio Tennis Clinic: SSF 8:00 am-9:00 am Roll & Restore 1:30 pm-2:45 pm
26 BODYPUMP: SF 10:00 am-10:50 am	27 Summer Camp Super Hero Boot Camp: GW 9:00 am-4:00 pm Adult Tennis Clinic 4.0-4.5: GW 6:00 pm-7:30 pm	28 Challenge Court: SSF 9:00 am-12:00 pm Self-Defense Boot Camp: SF 6:00 pm-6:50 pm Adult Cardio Tennis Clinic: GW 6:30 pm-8:00 pm	29 Adult Live Ball Tennis Clinic: SSF 8:00 am-9:30 am Live Ball Tennis Clinic: SSF 12:00 pm-1:15 pm CPR & AED Certification: SF 12:00 pm-1:30 pm	30 Morning Flow with Lexi: SF 7:00 am-7:50 am Challenge Court: SSF 9:00 am-12:00 pm Self-Defense Boot Camp: SF 6:00 pm-6:50 pm	31 Challenge Court: SSF 3:00 pm-6:00 pm Roll & Release: SF 6:00 pm-7:15 pm	1

SF: San Francisco SSF: South San Francisco GW: Gateway FD: Financial District

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.