



Club Life

July 2026 • San Diego



This Is Baycation

Big matches. Big splashes. Peak summer fun.

Club Highlights

World's Game at the Club

The soccer excitement continues this month with watch parties, special events, and match-day energy at the Club. See the Front Desk for details.

4th of July Celebration

Enjoy an afternoon of festive fun with a BBQ buffet, inflatables, pony rides, music, and more. RSVP to Michelle.Larson@bayclubs.com.

Sunday Summer Bingo

Join us July 19 for an afternoon at the course with bingo, a buffet, and fantastic prizes. Ages 21+. RSVP to Michelle.Larson@bayclubs.com.



The Best Part of Summer: Camp

Give your kids a summer filled with sports, swimming, new friendships, and unforgettable memories. Scan to join the fun.

July 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	Fourth of July 4
			<p>Cardio Dance 11:50 am-12:50 am</p> <p>Pop-Up Partner Yoga 4:00 pm-5:00 pm</p> <p>Burger Night: The Grille at FR 5:00 pm-8:00 pm</p>	<p>Pizza Night: The Grille at FR 5:00 pm-8:00 pm</p> <p>Hip Hop Dance Choreo 7:30 pm-8:30 pm</p>	<p>Body Combat 8:15 am-9:05 am</p> <p>IGNITE 9:30 am-10:30 am</p> <p>Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm</p>	<p>Holiday Hours CV 7:00 am-2:00 pm FR 7:00 am-3:00 pm</p> <p>4th of July Celebration: FR 11:00 am-2:00 pm</p> <p>4th of July Wibit & Bounce House 12:00 pm-2:00 pm</p>
5	6	7	8	9	10	11
<p>Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm</p> <p>Dance Fusion with Chris 10:30 am-11:30 am</p> <p>Parent & Baby Swim Class 11:15 am-11:45 am</p>	<p>BodyPump 4:30 pm-5:20 pm</p> <p>Zumba with Zuliya 5:30 pm-6:30 pm</p> <p>Candlelight Yin Yoga & Sound Healing 7:30 pm-8:45 pm</p>	<p>Cycle with Mike 9:00 am-10:00 am</p> <p>Kids Tennis Clinics 4:00 pm-6:00 pm</p> <p>Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm</p>	<p>Pure Strength on the Lawn 8:00 am-9:00 am</p> <p>Burger Night: The Grille at FR 5:00 pm-8:00 pm</p> <p>Candlelight Yin Yoga & Sound Healing 7:30 pm-8:45 pm</p>	<p>Zumba 5:00 pm-6:00 pm</p> <p>Pizza Night: The Grille at FR 5:00 pm-8:00 pm</p>	<p>Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm</p>	<p>Kickboxing 8:00 am-9:00 am</p> <p>Pilates Mat 9:15 am-10:05 am</p> <p>Chop House Dinner & Live Music: The Grille at FR 5:00 pm-8:00 pm</p>
12	13	14	15	16	17	18
<p>Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm</p> <p>Kids Tennis Clinics 4:00 pm-6:00 pm</p> <p>CPR & AED Certification 5:00 pm-7:00 pm</p>	<p>Tabata 8:15 am-9:05 am</p> <p>Candlelight Yin Yoga & Sound Healing 7:30 pm-8:45 pm</p>	<p>World Soccer Watch Party All Day</p> <p>Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm</p>	<p>World Soccer Watch Party All Day</p> <p>Thai Yoga Massage Clinic 4:00 pm-5:00 pm</p> <p>Burger Night: The Grille at FR 5:00 pm-8:00 pm</p>	<p>HIIT 7:10 am-8:00 am</p> <p>Pizza Night: The Grille at FR 5:00 pm-8:00 pm</p>	<p>Body Blast 6:00 am-7:00 am</p> <p>Trivia Night: The Lounge at FR 6:00 pm-8:00 pm</p>	<p>Wibit & Bounce House 12:00 pm-2:00 pm</p> <p>Chop House Dinner & Live Music: The Grille at FR 5:00 pm-8:00 pm</p>
19	20	21	22	23	24	25
<p>Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm</p> <p>Cardio Barre 10:15 am-11:05 am</p> <p>Sunday Summer Bingo: FR 12:00 pm-3:00 pm</p>	<p>Zen Stretch 12:50 pm-1:40 pm</p>	<p>Sound Bath Healing 10:45 am-12:00 pm</p> <p>Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm</p>	<p>Pop-Up Partner Yoga 4:00 pm-5:00 pm</p> <p>Burger Night: The Grille at FR 5:00 pm-8:00 pm</p>	<p>Sunrise Pilates Mat 6:00 am-7:00 am</p> <p>Pizza Night: The Grille at FR 5:00 pm-8:00 pm</p>	<p>TGIF Cardio Dance Party 5:00 pm-6:00 pm</p> <p>Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm</p>	<p>Power Sculpt: Abs & Arms 10:10 am-11:05 am</p> <p>Family Fun Night: The Grille at FR 4:00 pm-8:00 pm</p>
26	27	28	29	30	31	1
<p>Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm</p> <p>Kids Tennis Clinics 4:00 pm-6:00 pm</p> <p>CPR & AED Certification 5:00 pm-7:00 pm</p>	<p>Monthly Book Club 5:00 pm-6:00 pm</p> <p>Ashtanga-Inspired Yoga Flow: Level 2 6:00 pm-7:15 pm</p>	<p>Aqua Fit 9:30 am-10:30 am</p> <p>Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm</p> <p>Line Dancing 7:00 pm-8:00 pm</p>	<p>Thai Yoga Massage Clinic 4:00 pm-5:00 pm</p> <p>Burger Night: The Grille at FR 5:00 pm-8:00 pm</p>	<p>Pizza Night: The Grille at FR 5:00 pm-8:00 pm</p> <p>Advanced Step 6:00 pm-7:00 pm</p>	<p>Lower Body Core Strength 10:40 am-11:30 am</p> <p>Abracadabra Kids Adventure Night 4:00 pm-7:00 pm</p> <p>Zumba with Zuzu 9:30 am-10:20 am</p>	

All calendar events will take place at CV: Carmel Valley unless otherwise noted. FR: Fairbanks Ranch

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.