



Club Life

August 2026 • San Diego



The
Best Part of
Your Day

Club Highlights

Summer Camps

There's still plenty of summer fun ahead for your kiddos to enjoy, from golf and tennis to swimming, group games, and more. Members save 25%*.

End of Summer Luau

Enjoy an authentic island buffet, live music, Hawaiian dancers, and a fire show on 8/15. Space is limited. RSVP to Michelle. Larson@bayclubs.com.

Summer Outdoor Meditation Series

Recharge with guided meditation every Tuesday in the Meditation Garden. \$25 per session. Email Radka.Willson@bayclubs.com to enroll.



**TEN
ON ONE**

Shared Membership is designed for your whole crew. Share your favorite sports, amenities, and moments together.

Scan to get started.

August 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August Member Perk Elevate your bed and bath experience with 15% off at Coyuchi.		28	29	30	31	1
						Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
2	3	4	5	6	7	8
Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm Parent & Baby Swim Class 12:15 pm-12:45 pm Gentle Yoga 2:30 pm-3:45 pm	Foam Roller Stretch 11:30 am-12:45 pm BodyPump 4:30 pm-5:20 pm Candlelight Yin Yoga & Sound Bath 7:30 pm-8:45 pm	Outdoor Meditation 12:30 pm-1:00 pm Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm Intro to Line Dancing 7:00 pm-8:15 pm	Core and More 8:30 am-9:30 am Burger Night: The Grille at FR 5:00 pm-8:00 pm Candlelight Yin Yoga & Sound Bath 7:30 pm-8:45 pm	“LIIT” Low Impact Intensity Training 7:10 am-8:05 am Zumba 12:00 pm-1:00 pm Southern Creole Night: The Grille at FR 5:00 pm-8:00 pm	Body Blast 6:00 am-7:00 am TGIF Tennis League 5:00 pm-8:00 pm Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm	National Pickleball Day  Wibit & Bounce House 12:00 pm-2:00 pm Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
9	10	11	12	13	14	15
Parent & Baby Swim Class 12:15 pm-12:45 pm Family Fun Night: FR 4:00 pm-8:00 pm CPR & AED Certification 5:15 pm-6:30 pm	Outdoor Tabata 8:15 am-9:05 am Meditation + Yoga 3:30 pm-5:00 pm	Outdoor Meditation 12:30 pm-1:00 pm Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm Mat Pilates 6:30 pm-7:30 pm	Burger Night: The Grille at FR 5:00 pm-8:00 pm BodyPump 6:30 pm-7:30 pm	Sets & Reps 1:30 pm-2:30 pm Southern Creole Night: The Grille at FR 5:00 pm-8:00 pm	Restorative Yoga 4:00 pm-5:00 pm TGIF Tennis League 5:00 pm-8:00 pm Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm	Cardio Barre 10:15 am-11:15 am Power of Breathwork 12:30 pm-1:00 pm End of Summer Luau: FR 6:00 pm-8:00 pm
16	17	18	19	20	21	22
Step Intervals 8:15 am-9:15 am Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm Parent & Baby Swim Class 12:15 pm-12:45 pm	Cardio Dance 11:50 am-12:50 am Performance Cycle 5:00 pm-6:00 pm Power Sculpt: Abs & Arms 6:00 pm-7:00 pm	Outdoor Meditation 12:30 pm-1:00 pm Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm Intro to Line Dancing 7:00 pm-8:15 pm	Performance Cycle 5:00 pm-6:00 pm Burger Night: The Grille at FR 5:00 pm-8:00 pm IGNITE 5:30 pm-6:30 pm	Southern Creole Night: The Grille at FR 5:00 pm-8:00 pm Hip-Hop Choreo Class 7:00 pm-8:00 pm	MixedFit Dance Fitness 5:00 pm-6:00 pm TGIF Tennis League 5:00 pm-8:00 pm Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm	BollyX 10:10 am-11:00 am Gentle Yoga 2:30 pm-3:45 pm Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
23	24	25	26	27	28	29
CPR & AED Certification 5:15 pm-6:30 pm	Aqua Fit 9:30 am-10:30 am Zumba 5:30 pm-6:30 pm	Sets & Reps 1:30 pm-2:30 pm Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm	Power of Breathwork 3:30 pm-4:00 pm Burger Night: The Grille at FR 5:00 pm-8:00 pm	Gentle Yoga 11:15 am-12:30 pm Southern Creole Night: The Grille at FR 5:00 pm-8:00 pm	TGIF Tennis League 5:00 pm-8:00 pm Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm	Outdoor Strength 11:00 am-12:00 pm Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
30	31					
U.S. Tennis Championships Begin 	Ultimate Barre 9:30 am-10:30 am Monthly Book Club 5:00 pm-6:00 pm					

All calendar events will take place at CV: Carmel Valley unless otherwise noted. FR: Fairbanks Ranch

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.