



Club Life

September 2026 • Bay Club Bellevue

Fall Into More Days
Like This



Club Highlights

Fall Tennis Programs

Afterschool tennis programs for ages 6–18 are now open for enrollment on Connect. Build skills, gain confidence, and take your game to the next level.

Fall Ball

Registration is now open for our Jr. Varsity, Varsity, and Adult basketball programs this fall. Sign up on Connect to secure your spot.

Executive Locker Room

Upgrade your experience with a personal locker, robe and slipper service, steam room, sauna, and more. Visit Member Services to reserve.



More Together

From weekday workouts to weekend traditions, bring your favorite people into the routine with Shared Membership.

Scan to get started.

September 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 September Member Perk Enjoy 20% off Club Recess's elevated women's apparel, paddles, and accessories for pickleball, tennis, and beyond.		1	2	3	4	5
		Step & Strength 9:00 am-9:55 am	STRONG 6:30 am-7:20 am	Feel Good & Stretch 8:00 am-8:25 am	Fit Lab 6:30 am-7:25 am	TRX Total Body 7:30 am-8:25 am
		Fit Lab 12:00 pm-12:55 pm	Cardio Core 5:00 pm-5:50 pm	Zumba 10:00 am-10:55 am	Mat Pilates 11:00 am-11:55 am	Advanced Cardio Dance Step 8:00 am-8:55 am
		Ultimate Arms 7:00 pm-7:25 pm	Ultimate Legs 6:00 pm-6:50 pm	Kickbox & Strength 5:00 pm-5:50 pm	TRX Total Body 5:30 pm-6:25 pm	Weekend Yoga 12:00 pm-12:55 pm
6	Labor Day ☀️ 7	8	9	10	11	12
Fit Lab 10:15 am-11:05 am	Holiday Hours 7:00 am-7:00 pm	Step & Strength 9:00 am-9:55 am	STRONG 6:30 am-7:20 am	Feel Good & Stretch 8:00 am-8:25 am	Fit Lab 6:30 am-7:25 am	TRX Total Body 7:30 am-8:25 am
PRO Bollywood 10:30 am-11:25 am	Feel Good Cardio Sculpt 8:00 am-8:55 am	Fit Lab 12:00 pm-12:55 pm	Cardio Core 5:00 pm-5:50 pm	Zumba 10:00 am-10:55 am	Mat Pilates 11:00 am-11:55 am	POWER R/DE 10:15 am-11:15 am
All Levels Yoga 12:00 pm-12:55 pm	H2O Cardio 8:15 am-9:15 am	Ultimate Arms 7:00 pm-7:25 pm	Ultimate Legs 6:00 pm-6:50 pm	Kickbox & Strength 5:00 pm-5:50 pm	TRX Total Body 5:30 pm-6:25 pm	Weekend Yoga 12:00 pm-12:55 pm
	STRONG 5:30 pm-6:20 pm					
13	14	15	16	17	18	19
Fit Lab 10:15 am-11:05 am	Feel Good Cardio Sculpt 8:00 am-8:55 am	Step & Strength 9:00 am-9:55 am	STRONG 6:30 am-7:20 am	Feel Good & Stretch 8:00 am-8:25 am	Fit Lab 6:30 am-7:25 am	TRX Total Body 7:30 am-8:25 am
PRO Bollywood 10:30 am-11:25 am	H2O Cardio 8:15 am-9:15 am	Fit Lab 12:00 pm-12:55 pm	Cardio Core 5:00 pm-5:50 pm	Zumba 10:00 am-10:55 am	Mat Pilates 11:00 am-11:55 am	POWER R/DE 10:15 am-11:15 am
All Levels Yoga 12:00 pm-12:55 pm	STRONG 5:30 pm-6:20 pm	Ultimate Arms 7:00 pm-7:25 pm	Ultimate Legs 6:00 pm-6:50 pm	Kickbox & Strength 5:00 pm-5:50 pm	TRX Total Body 5:30 pm-6:25 pm	Weekend Yoga 12:00 pm-12:55 pm
20	21	22	23	24	25	26
Fit Lab 10:15 am-11:05 am	Feel Good Cardio Sculpt 8:00 am-8:55 am	First Day of Fall 🍁 Step & Strength 9:00 am-9:55 am	STRONG 6:30 am-7:20 am	Feel Good & Stretch 8:00 am-8:25 am	Fit Lab 6:30 am-7:25 am	TRX Total Body 7:30 am-8:25 am
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27	28	29	30	1	2	3
Fit Lab 10:15 am-11:05 am	Feel Good Cardio Sculpt 8:00 am-8:55 am	Step & Strength 9:00 am-9:55 am	STRONG 6:30 am-7:20 am			
PRO Bollywood 10:30 am-11:25 am	H2O Cardio 8:15 am-9:15 am	Fit Lab 12:00 pm-12:55 pm	Cardio Core 5:00 pm-5:50 pm			
All Levels Yoga 12:00 pm-12:55 pm	STRONG 5:30 pm-6:20 pm	Ultimate Arms 7:00 pm-7:25 pm	Ultimate Legs 6:00 pm-6:50 pm			

All calendar events will take place at Bay Club Bellevue.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.