



Club Life

October 2026 • Magnuson Athletic Club



Move With Purpose

We're proud to partner with the **Pink Lemonade Stand Challenge** in supporting breast cancer research through special classes and programming across our clubs.

Club Highlights

Pop-Up Classes

Mix up your routine with special pop-up classes on October 10 and 24. Check the Group Exercise schedule for class times and details.

New Tennis Memberships

Explore new membership options for Tennis Center Sand Point, including priority court access and more. Email TCSP.Membership@bayclubs.com.

Complimentary Coffee

Start your day with complimentary coffee in the Welcome Lounge and catch up with fellow members before or after your workout.



Support Now

Scan to learn more, get involved, and show your support with community spirit or a donation.

October 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October Member Perk Transform your sleep with the Eight Sleep Pod. Save up to \$350 with your exclusive member savings.		29	30	1	2	3
				Pedal for Pink with Cheryl 9:00 am	Pedal for Pink with Erin 9:00 am	BODYPUMP for a Purpose with Katy 8:00 am
4	5	6	7	8	9	10
Zumba Party in Pink with Ayesha 10:00 am	Pink Boot Camp with Vince 6:00 am Timeless Toning with Nellie 8:15 am	Pedal for Pink with Vince 9:00 am Vinyasa Yoga with Ian 10:30 am	Pink Timeless Toning with Holly 8:30 am	HIIT Fit with Steve 6:00 am Pink Strength with Cheryl 10:00 am	Mat Pilates for a Purpose with Cary 9:00 am	BODYPUMP for a Purpose with Kelly 10:00 am
11	12	13	14	15	16	17
Pedal for Pink with Erin 8:00 am	Timeless Toning with Nellie 8:15 am BODYPUMP for a Purpose with Holly 9:30 am	Battle Ropes for a Cure with Cheryl 10:30 am Vinyasa Yoga with Ian 10:30 am	Rhythm Cycle for a Cause with Vince 9:00 am	HIIT Fit with Steve 6:00 am Pink Timeless Toning with Sue 10:45 am	Pink Strength with Tanellie 12:00 pm	Pose for Pink: Restorative Yoga with Holly 11:00 am
18	19	20	21	22	23	24
BODYPUMP for a Purpose with Katy 9:00 am	Timeless Toning with Nellie 8:15 am Pink Strength with Cheryl 12:45 pm	Vinyasa Yoga with Ian 10:30 am Mobility & Balance for Pink with Tanellie 12:45 pm	Zumba Party in Pink with Amanda 10:45 am	HIIT Fit with Steve 6:00 am Pink Fit Strength with Steve 5:00 pm	Pink Strength with Tanellie 12:45 pm	HIIT It for Pink with Katy 9:00 am
25	26	27	28	29	30	31
Pink Body Balance with Katy 10:00 am	Timeless Toning with Nellie 8:15 am Zumba Party in Pink with Susan 5:30 pm	Vinyasa Yoga with Ian 10:30 am Zumba Party in Pink with Sasha 5:30 pm	Pink Gyrokinesis with Kim 8:10 am	HIIT Fit with Steve 6:00 am BODYCOMBAT for a Cure with Anna 6:00 pm	Zumba Party in Pink with Daren 5:45 pm	Halloween 🎃 Pedal for Pink with Erin 8:00 am