



Club Life

October 2026 • San Francisco



Move With Purpose

We're proud to partner with the **Pink Lemonade Stand Challenge** in supporting breast cancer research through special classes and programming across our clubs.

Club Highlights

New Pilates Classes

Explore our latest Pilates class offerings on Connect, including Reformer Strong with Sarah and Pilates Pump with Salvador.

Pink Circuit Challenge

On 10/17, join our fitness challenge starting at BCSF with calisthenics and RiiDE, followed by a run to Gateway and a member social. Sign up on Connect.

Kids Night Out: Pumpkin Painting

Drop the kids off at Gateway for a fun night of pumpkin decorating, games, pizza, and hot chocolate on October 23. Enroll on Connect.



Support Now

Scan to learn more, get involved, and show your support with community spirit or a donation.

October 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October Member Perk Transform your sleep with the Eight Sleep Pod. Save up to \$350 with your exclusive member savings.		29	30	1	2	3
				Pilates Sculpt: SF 7:00 am Ignite and Fight for a Cure: SF 7:00 am Tennis Live Ball 3.0+: SSF 6:30 pm	3rd Grade Run Around: GW 6:00 pm-8:00 pm	Intermediate Tennis 3.0-3.5: SSF 9:00 am Dance Party for a Purpose: SF 9:00 am Adult Tennis Live Ball: SSF 12:00 pm
	4	5	6	7	8	9
	Parent-Tot Swim School: GW 10:00 am-10:30 am Adult Beginner Tennis: GW 1:00 pm	Beginner Tennis Fundamentals: SSF 8:00 am RIIDE with Salvador: SF 12:30 pm Advanced Tennis 4.0+: SSF 4:30 pm	Pilates Sculpt for a Cause: SF 7:00 am Serve & Return Tennis Clinic: SSF 9:00 am Doubles Tennis Live Ball 3.0+: SSF 7:00 pm	RIIDE with Salvador: SF 12:30 pm Reformer Strong: SF 5:00 pm Pink Yoga Sculpt & Sip: SF 5:30 pm	Reformer Strong: SF 8:00 am Pink Rooftop Sweat-a-Thon: SF 12:00 pm Tennis Live Ball 3.0+: SSF 6:30 pm	Intermediate Tennis 3.0-3.5: SSF 9:00 am Swim School: GW 10:00 am-12:00 pm Adult Tennis Live Ball: SSF 12:00 pm
	11	12	13	14	15	16
	Parent-Tot Swim School: GW 10:00 am-10:30 am Adult Beginner Tennis: GW 1:00 pm	Beginner Tennis Fundamentals: SSF 8:00 am BodyPump with Purpose: SF 4:30 pm Advanced Tennis 4.0+: SSF 4:30 pm	Reformer Strong: SF 8:00 am Serve & Return Tennis Clinic: SSF 9:00 am Doubles Tennis Live Ball 3.0+: SSF 7:00 pm	RIIDE with Salvador: SF 12:30 pm Pilates Sculpt: SF 4:00 pm Pink Reformer Strong: SF 5:00 pm	Pilates Sculpt: SF 7:00 am Reformer Strong: SF 8:00 am Tennis Live Ball 3.0+: SSF 6:30 pm	Intermediate Tennis 3.0-3.5: SSF 9:00 am Move with Purpose Event: SF & GW 11:00 am-1:00 pm Adult Tennis Live Ball: SSF 12:00 pm
18	19	20	21	22	23	24
Pink Pickleball Scramble: GW 9:00 am-1:00 pm Parent-Tot Swim School: GW 10:00 am-10:30 am Adult Beginner Tennis: GW 1:00 pm	RIIDE with Salvador: SF 12:30 pm Pink Yoga Sculpt & Sip: SF 5:00 pm	Reformer Strong: SF 8:00 am	RIIDE with Salvador: SF 12:30 pm Pilates Sculpt: SF 4:00 pm Reformer Strong: SF 5:00 pm	Pilates Sculpt: SF 7:00 am Reformer Strong: SF 8:00 am	Kid Night Out Pumpkin Painting: GW 5:00 pm-8:00 pm Zumba for a Cause: SF 6:00 pm	Swim School: GW 10:00 am-12:00 pm
25	26	27	28	29	30	31
Parent-Tot Swim School: GW 10:00 am-10:30 am Calisthenic Clinic for a Cause: SF 12:00 pm	RIIDE with Salvador: SF 12:30 pm	Reformer Strong: SF 8:00 am Pink Rooftop Power Hour: SF 12:00 pm	RIIDE with Salvador: SF 12:30 pm Pilates Sculpt: SF 4:00 pm Reformer Strong: SF 5:00 pm	Pilates Sculpt: SF 7:00 am Reformer Strong: SF 8:00 am Tai Chi: Pause with Purpose: SF 9:30 am	Spooky Calisthenic Clinic: SF 4:30 pm Pink Halloween Dance Party: SF 6:00 pm	Halloween 🎃 Swim School: GW 10:00 am-12:00 pm

SF: San Francisco SSF: South San Francisco GW: Gateway FD: Financial District

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.