



Club Life

October 2026 • Redwood Shores



Move With Purpose

We're proud to partner with the **Pink Lemonade Stand Challenge** in supporting breast cancer research through special classes and programming across our clubs.

Club Highlights

Kids Costume Party

Dress up for a festive night of Halloween fun with games, crafts, pizza dinner, a costume contest, and more on October 30. Enroll on Connect.

Pickleball Social

On October 30, hit the courts for a fun Halloween pickleball social, with drinks and light bites available for purchase. Costumes encouraged!

6-Week Fitness Challenge

Make progress toward your goals with personalized nutrition, progress tracking, and fitness challenges, starting October 3. Sign up on Connect.



Support Now

Scan to learn more, get involved, and show your support with community spirit or a donation.

October 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 October Member Perk Transform your sleep with the Eight Sleep Pod. Save up to \$350 with your exclusive member savings.		29	30	BODYCOMBAT: Fight for a Cure 9:00 am 1 Adult Skills & Drills Tennis Clinic: 2.5-3.0 6:00 pm-7:00 pm Adult Tennis Clinic: 3.5 & Above 7:00 pm-8:00 pm	Adult Beginner Skills & Drills Clinic: 2.5-3.0 12:00 pm-1:00 pm 2 Adult Advanced Beginner Pickleball Clinic 4:00 pm-5:00 pm Bar Service 4:00 pm-9:00 pm	Cardio Tennis: 3.5+ 9:00 am-10:00 am 3 6-Week Fitness Challenge: Orientation 10:00 am-12:00 pm BODYPUMP for a Cause 10:30 am	
	4 Live Ball Adult Tennis Class: 3.0-3.5 11:00 am-12:00 pm Bar Service 12:00 pm-6:00 pm Adult Beginner Pickleball Clinic 4:00 pm-5:00 pm	Pink Dance Party 8:00 am 5 Youth Volleyball Clinic 5:30 pm-6:30 pm Adult Skills & Drills Tennis Clinic: 2.5-3.0 6:00 pm-7:00 pm	The Shop: Beksan Trunk Show 9:00 am-1:00 pm 6 Youth Volleyball Clinic 5:15 pm-6:15 pm BODYPUMP: Orange & Black 6:30 pm-7:20 pm	Adult Tennis Clinic 3.5+ 11:30 am-1:00 pm 7 Adult Cardio Tennis: 3.0-3.5 6:00 pm-7:00 pm Youth Basketball Clinic 6:00 pm-7:00 pm	Aqua Fit: Kick for a Cause 10:00 am 8 Youth Basketball Clinic 5:15 pm-6:15 pm Adult Skills & Drills Tennis Clinic: 2.5-3.0 6:00 pm-7:00 pm	Adult Beginner Skills & Drills Clinic: 2.5-3.0 12:00 pm-1:00 pm 9 Adult Advanced Beginner Pickleball Clinic 4:00 pm-5:00 pm Bar Service 4:00 pm-9:00 pm	Adult Basketball Tournament 7:30 am-10:00 am 10 Cardio Tennis: 3.5+ 9:00 am-10:00 am Adult Tennis Clinic: 2.0-3.0 10:00 am-11:00 am
	Zumba: Party in Pink 9:30 am 11 Live Ball Adult Tennis Class: 3.0-3.5 11:00 am-12:00 pm Adult Beginner Pickleball Clinic 4:00 pm-5:00 pm	Bar Service 4:00 pm-9:00 pm 12 Youth Volleyball Clinic 5:30 pm-6:30 pm Adult Skills & Drills Tennis Clinic: 2.5-3.0 6:00 pm-7:00 pm	Bar Service 4:00 pm-9:00 pm 13 Youth Volleyball Clinic 5:15 pm-6:15 pm BODYPUMP: Team Colors 6:30 pm-7:20 pm	BODYCOMBAT: Fight to the Core 8:30 am 14 Adult Tennis Clinic 3.5+ 11:30 am-1:00 pm Adult Cardio Tennis: 3.0-3.5 6:00 pm-7:00 pm	BODYPUMP for a Cause 10:00 am 15 Adult Skills & Drills Tennis Clinic: 2.5-3.0 6:00 pm-7:00 pm Adult Tennis Clinic: 3.5 & Above 7:00 pm-8:00 pm	Adult Beginner Skills & Drills Clinic: 2.5-3.0 12:00 pm-1:00 pm 16 Adult Advanced Beginner Pickleball Clinic 4:00 pm-5:00 pm Bar Service 4:00 pm-9:00 pm	Cardio Tennis: 3.5+ 9:00 am-10:00 am 17 Adult Tennis Clinic: 2.0-3.0 10:00 am-11:00 am 6-Week Fitness Challenge: Week 3 Check-In 10:00 am-12:00 pm
	18 Live Ball Adult Tennis Class: 3.0-3.5 11:00 am-12:00 pm Bar Service 12:00 pm-6:00 pm Adult Beginner Pickleball Clinic 4:00 pm-5:00 pm	Bar Service 4:00 pm-9:00 pm 19 Youth Volleyball Clinic 5:30 pm-6:30 pm Adult Skills & Drills Tennis Clinic: 2.5-3.0 6:00 pm-7:00 pm	Glutes & Abs for Pink 12:30 pm 20 Bar Service 4:00 pm-9:00 pm Youth Volleyball Clinic 5:15 pm-6:15 pm	Adult Tennis Clinic 3.5+ 11:30 am-1:00 pm 21 Adult Cardio Tennis: 3.0-3.5 6:00 pm-7:00 pm Youth Basketball Clinic 6:00 pm-7:00 pm	Youth Basketball Clinic 5:15 pm-6:15 pm 22 Pink Dance Party 5:30 pm Adult Tennis Clinic: 3.5 & Above 7:00 pm-8:00 pm	Adult Beginner Skills & Drills Clinic: 2.5-3.0 12:00 pm-1:00 pm 23 Adult Advanced Beginner Pickleball Clinic 4:00 pm-5:00 pm Bar Service 4:00 pm-9:00 pm	Cardio Tennis: 3.5+ 9:00 am-10:00 am 24 Adult Tennis Clinic: 2.0-3.0 10:00 am-11:00 am Bar Service 12:00 pm-6:00 pm
	25 Live Ball Adult Tennis Class: 3.0-3.5 11:00 am-12:00 pm Bar Service 12:00 pm-6:00 pm Adult Beginner Pickleball Clinic 4:00 pm-5:00 pm	Bar Service 4:00 pm-9:00 pm 26 Youth Volleyball Clinic 5:30 pm-6:30 pm Adult Skills & Drills Tennis Clinic: 2.5-3.0 6:00 pm-7:00 pm	Bar Service 4:00 pm-9:00 pm 27 Youth Volleyball Clinic 5:15 pm-6:15 pm BODYPUMP: Costumes 6:30 pm-7:20 pm	Adult Tennis Clinic 3.5+ 11:30 am-1:00 pm 28 Adult Cardio Tennis: 3.0-3.5 6:00 pm-7:00 pm Youth Basketball Clinic 6:00 pm-7:00 pm	Pose for Pink Yoga 8:30 am 29 Youth Basketball Clinic 5:15 pm-6:15 pm Adult Tennis Clinic: 3.5 & Above 7:00 pm-8:00 pm	Adult Advanced Beginner Pickleball Clinic 4:00 pm-5:00 pm 30 Pickleball Social 6:00 pm Kids Costume Party 6:00 pm-8:30 pm	Halloween🎃 31 Cardio Tennis: 3.5+ 9:00 am-10:00 am Adult Tennis Clinic: 2.0-3.0 10:00 am-11:00 am Bar Service 12:00 pm-6:00 pm