



Club Life

October 2026 • Santa Clara



Move With Purpose

We're proud to partner with the **Pink Lemonade Stand Challenge** in supporting breast cancer research through special classes and programming across our clubs.

Club Highlights

Aqua Yoga

Take your practice to the pool with a Vinyasa-inspired flow focused on core strength and balance. Mondays & Wednesdays with new instructor Ping Wang.

Garba Festival Workshop

On October 25, learn the lively folk dance Garba, traditionally celebrated during the 9-night Navarati Festival. Enroll on Connect.

Halloween Dance Party

Wear your favorite costume and come hit the dance floor at our mid-day Halloween dance party on October 31. Sign up on Connect.



Support Now

Scan to learn more, get involved, and show your support with community spirit or a donation.

October 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October Member Perk Transform your sleep with the Eight Sleep Pod. Save up to \$350 with your exclusive member savings.		29	30	1	2	3
				International Coffee Day 11:00 am–4:00 pm Zumba for Pink 4:00 pm–4:50 pm Tennis Specialty Clinic: All Levels 7:00 pm–8:30 pm	Power Yoga for Pink 11:00 am–11:50 am Adult Beginners Weekly Course 6:00 pm–6:50 pm	Row for Pink 9:00 am–9:50 am 10:00 am–10:50 am Kinstretch Strength & Mobility 1:00 pm–1:50 pm
	4	5	6	7	8	9
	Splash of Pink: Pink Lemonade Pool Social 12:30 pm–1:30 pm	Aqua Yoga 10:00 am–10:50 am	Pedal for Pink 7:00 am–7:50 am Pre-Masters Swim 9:00 am–1:00 pm	Aqua Yoga 10:00 am–10:50 am Adult Beginners Weekly Course 6:00 pm–6:50 pm Tennis Drills & Live Ball: 3.0–3.5 7:00 pm–8:30 pm	Body Combat for Pink 11:00 am–11:50 am Bollywood Dance for Pink 2:00 pm–2:50 pm Tennis Specialty Clinic: All Levels 7:00 pm–8:30 pm	Adult Beginners Weekly Course 6:00 pm–6:50 pm Kinstretch Strength & Mobility 1:00 pm–1:50 pm
	11	12	13	14	15	16
Body Pump for Pink 7:30 am–8:20 am DEKA STRONG Mock Workout 4:00 pm–5:00 pm	Aqua Yoga 10:00 am–10:50 am	HIIT+ Core for a Cause 6:15 am–7:05 am Yoga Flow for Pink 9:00 am–9:50 am Pre-Masters Swim 9:00 am–1:00 pm	Aqua Yoga 10:00 am–10:50 am Adult Beginners Weekly Course 6:00 pm–6:50 pm Tennis Drills & Live Ball: 3.0–3.5 7:00 pm–8:30 pm	Pre-Masters Swim 9:00 am–1:00 pm Third Thursday Member Social 5:30 pm–7:00 pm Tennis Specialty Clinic: All Levels 7:00 pm–8:30 pm	Adult Beginners Weekly Course 6:00 pm–6:50 pm	Party In Pink 12:30 pm–2:00 pm Kinstretch Strength & Mobility 1:00 pm–1:50 pm
18	19	20	21	22	23	24
	Aqua Yoga 10:00 am–10:50 am	Pre-Masters Swim 9:00 am–1:00 pm Aqua Fit for Pink 9:30 am–10:20 am	Aqua Yoga 10:00 am–10:50 am Pedal for Pink 12:00 pm–12:50 pm Tennis Drills & Live Ball: 3.0–3.5 7:00 pm–8:30 pm	Pre-Masters Swim 9:00 am–1:00 pm Body Pump for Pink 7:00 pm–7:50 pm Tennis Specialty Clinic: All Levels 7:00 pm–8:30 pm	Adult Beginners Weekly Course 6:00 pm–6:50 pm	Kinstretch Strength & Mobility 1:00 pm–1:50 pm Zumba for Pink 1:30 pm–2:20 pm
25	26	27	28	29	30	31
Pumpkin Splash 12:00 pm–1:00 pm Garba Festival Workshop 5:00 pm–6:00 pm	Aqua Yoga 10:00 am–10:50 am	Pre-Masters Swim 9:00 am–1:00 pm	Aqua Yoga 10:00 am–10:50 am Adult Beginners Weekly Course 6:00 pm–6:50 pm Tennis Drills & Live Ball: 3.0–3.5 7:00 pm–8:30 pm	Pre-Masters Swim 9:00 am–1:00 pm Tennis Specialty Clinic: All Levels 7:00 pm–8:30 pm	Body Pump for Pink 3:45 pm–4:35 pm Adult Beginners Weekly Course 6:00 pm–6:50 pm Vinyasa Flow for Pink 7:00 pm–8:15 pm	Halloween 🎃 Pedal for Pink 9:15 am–10:05 am Halloween Dance Party 11:00 am–1:00 pm Trick or Treat AMRAP 3:00 pm–4:00 pm