



Club Life

October 2026 • San Diego



Move With Purpose

We're proud to partner with the **Pink Lemonade Stand Challenge** in supporting breast cancer research through special classes and programming across our clubs.

Club Highlights

Fall Meditation

Reset with a 4-week series exploring meditation techniques to calm the body and mind. Tuesdays at 12:30 pm. Email Radka. Willson@bayclubs.com.

Kids Night Out: Pumpkin Painting

Drop the kids off for an evening of pumpkin painting and fall fun on October 9. Ages 2-12. Non-members welcome.

Halloween Gala

On October 24, enjoy a night of festive food and cocktails, a costume contest, DJ, and photo ops. Age 21+. RSVP to Michelle. Larson@bayclubs.com.



Support Now

Scan to learn more, get involved, and show your support with community spirit or a donation.

October 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October Member Perk Transform your sleep with the Eight Sleep Pod. Save up to \$350 with your exclusive member savings.		29	30	Men's Basketball League 5:00 pm-9:00 pm	2	3
				Pink for a Purpose: Dance Fusion 5:30 pm	TGIF Tennis League 5:00 pm-8:00 pm	Pickleball Open Play 12:00 pm-2:00 pm
				Adult Beginner Skills & Drills Clinic: 2.5-3.0 6:00 pm-7:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
4 Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm	5 Zen Stretch 12:50 pm-1:50 pm	6 Fall Meditation 12:30 pm-1:00 pm	7 Zumba Toning 11:00 am-12:00 pm	8 Football Watch Party: Sports Lounge at FR 5:00 pm-8:00 pm	9 Kids Pumpkin Painting 4:00 pm-7:00 pm	10 Pickleball Open Play 12:00 pm-2:00 pm
Ashtanga Yoga: Level 2 10:30 am-11:45 am	Meditation 3:00 pm-3:25 pm	Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm	Burger Night: The Grille at FR 5:00 pm-8:00 pm	Men's Basketball League 5:00 pm-9:00 pm	Wine Social: Sports Lounge at FR 4:00 pm-7:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
Parent & Baby Swim Clinic 12:15 pm-12:40 pm	Football Watch Party: Sports Lounge at FR 5:00 pm-8:00 pm	Men's Basketball League 5:00 pm-9:00 pm	Pink for a Purpose: Dance Fusion 5:30 pm		TGIF Tennis League 5:00 pm-8:00 pm	
11 Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm	12 School Break Camp 9:00 am-4:00 pm	13 Fall Meditation 12:30 pm-1:00 pm	14 Glute Camp 10:00 am-11:00 am	15 Indoor Pickleball Open Play 11:00 am-1:00 pm	16 TGIF Tennis League 5:00 pm-8:00 pm	17 Pickleball Open Play 12:00 pm-2:00 pm
Parent & Baby Swim Clinic 12:15 pm-12:40 pm	Football Watch Party: Sports Lounge at FR 5:00 pm-8:00 pm	Pure Strength 4:00 pm-5:00 pm	Burger Night: The Grille at FR 5:00 pm-8:00 pm	Pickleball Open Play 5:00 pm-8:00 pm	Spooky Family Fun Night: The Grille at FR 5:00 pm-8:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
CPR & AED Certification 5:15 pm-6:30 pm		Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm	Pink for a Purpose: Dance Fusion 5:30 pm	Football Watch Party: Sports Lounge at FR 5:00 pm-8:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm	
18 Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm	19 Football Watch Party: Sports Lounge at FR 5:00 pm-8:00 pm	20 Fall Meditation 12:30 pm-1:00 pm	21 Ultimate Barre 9:30 am-10:30 am	22 Ballet Barre 10:30 am-11:30 am	23 Zumba 9:30 am-10:30 am	24 Halloween Gala: FR 6:00 pm-9:00 pm
Indoor Pickleball Open Play 4:00 pm-6:00 pm		Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm	Aqua Fit 9:30 am-10:30 am	Kids Monster Bash 4:00 pm-7:00 pm	TGIF Tennis League 5:00 pm-8:00 pm	
			Pink for a Purpose: Dance Fusion 5:30 pm	Football Watch Party: Sports Lounge at FR 5:00 pm-8:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm	
25 Sunday Breakfast: The Grille at FR 10:00 am-3:00 pm	26 Monthly Book Club 5:00 pm-6:00 pm	27 Fall Meditation 12:30 pm-1:00 pm	28 Burger Night: The Grille at FR 5:00 pm-8:00 pm	29 Aqua Zumba 11:15 am-12:15 pm	30 Kids Night Out: Halloween Party 4:00 pm-7:00 pm	Halloween 🎃 31
Parent & Baby Swim Clinic 12:15 pm-12:40 pm	Football Watch Party: Sports Lounge at FR 5:00 pm-8:00 pm	Taco Tuesday: The Grille at FR 5:00 pm-8:00 pm		Football Watch Party: Sports Lounge at FR 5:00 pm-8:00 pm	TGIF Tennis League 5:00 pm-8:00 pm	Boo-BollyX 11:00 am-12:00 pm
CPR & AED Certification 5:15 pm-6:30 pm				Men's Basketball League 5:00 pm-9:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm	Chop House Dinner: The Grille at FR 5:00 pm-8:00 pm
					Pink for a Purpose: Dance Fusion 5:30 pm	

All calendar events will take place at CV: Carmel Valley unless otherwise noted. FR: Fairbanks Ranch

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.