



Club Life

October 2026 • Pleasanton



Move With Purpose

We're proud to partner with the **Pink Lemonade Stand Challenge** in supporting breast cancer research through special classes and programming across our clubs.

Club Highlights

Spooktacular Trunk-or-Treat

On October 30, bring the family to the Club and trick-or-treat from creatively decorated car trunks, plus enjoy games and photo ops.

Everyday Athlete

Build functional strength, power, and coordination in this new class designed to keep you active and ready for anything. Offered Tuesdays and Thursdays.

Play for Pink

Have some fun for a cause with our Play for Pink Pickleball Social, Pink Ribbon Painting, Flapjacks for the Fight event, and more.



Support Now

Scan to learn more, get involved, and show your support with community spirit or a donation.

October 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October Member Perk Transform your sleep with the Eight Sleep Pod. Save up to \$350 with your exclusive member savings.		29	30	1	2	3
				Pilates Reformer: TRX Fusion 11:00 am–11:50 am Jr. Tennis Academy 5:40 pm–7:00 pm Play for Pink Tennis Social 7:15 pm–9:00 pm	Masters Swim 7:00 am–8:15 am School Break Camp 9:00 am–4:00 pm Kids Hangout: Slime & Craft Night 5:00 pm–6:30 pm	Pilates Reformer: Level 1 8:00 am–8:50 am KidsWorld: Stay & Play After-Care 1:00 pm–3:00 pm
	4	5	6	7	8	9
	Masters Swim 7:00 am–8:15 am Mat Pilates 10:00 am–10:50 am	KidsWorld: Pink Ribbon Painting 10:00 am–12:00 pm KidsWorld Pop-Up: Foam Frenzy 10:25 am & 5:25 pm Jr. Racquetball Academy 5:00 pm–6:00 pm	KidsWorld: Stay & Play After-Care 1:00 pm–3:00 pm KidsWorld: Pink Ribbon Painting 5:00 pm–7:00 pm Pickleball Social 6:00 pm–8:00 pm	KidsWorld: Pink Ribbon Painting 10:00 am–12:00 pm Power Flow 12:00 pm–12:50 pm Jr. Racquetball Academy 5:00 pm–6:00 pm	KidsWorld Pop-Up: Monster Trail Mix 10:30 am & 5:30 pm KidsWorld: Pink Ribbon Painting 5:00 pm–7:00 pm BollyX 6:30 pm–7:20 pm	Masters Swim 7:00 am–8:15 am School Break Camp 9:00 am–4:00 pm KidsWorld: Pink Ribbon Painting 10:00 am–12:00 pm
	10	11	12	13	14	15
	KidsWorld: Stay & Play After-Care 1:00 pm–3:00 pm KidsWorld: Stay & Play After-Care 1:00 pm–3:00 pm	KidsWorld Pop-Up: Foamy Frenzy 10:25 am & 5:25 pm Jr. Racquetball Academy 5:00 pm–6:00 pm	KidsWorld: Stay & Play After-Care 1:00 pm–3:00 pm Pickleball Social 6:00 pm–8:00 pm	KidsWorld: Pink Ribbon Painting 10:00 am–12:00 pm Power Flow 12:00 pm–12:50 pm Jr. Racquetball Academy 5:00 pm–6:00 pm	KidsWorld Pop-Up: Monster Trail Mix 10:30 am & 5:30 pm KidsWorld: Pink Ribbon Painting 5:00 pm–7:00 pm BollyX 6:30 pm–7:20 pm	Masters Swim 7:00 am–8:15 am School Break Camp 9:00 am–4:00 pm KidsWorld: Pink Ribbon Painting 10:00 am–12:00 pm
11	12	13	14	15	16	17
Pilates Reformer: Level 2 10:00 am–10:50 am Pink Mile 10:30 am–12:00 pm Zumba 11:30 am–12:20 pm	Boot Camp 6:00 am–6:50 am Pink Mile 10:30 am–12:00 pm Jr. Racquetball Academy 5:00 pm–6:00 pm	Everyday Athlete Skills: Demo 7:30 am KidsWorld: Stay & Play After-Care 1:00 pm–3:00 pm Kids Hangout: Boo-day Bash 5:00 pm–6:30 pm	Deep Water Aqua 8:00 am–8:50 am Jr. Racquetball Academy 5:00 pm–6:00 pm Trainer Boot Camp 6:00 pm–6:50 pm	Everyday Athlete Skills: Demo 7:30 am School Break Camp 9:00 am–4:00 pm Member Social 6:00 pm–8:00 pm	School Break Camp 9:00 am–4:00 pm Flapjacks for the Fight 10:00 am–11:30 am Kids Hangout: Pumpkin Decorating 5:00 pm–6:30 pm	KidsWorld Pop-Up: PJ Pancake Party 10:25 am KidsWorld Superhero Saturday: Fight for a Cure 11:00 am–12:00 pm KidsWorld: Stay & Play After-Care 1:00 pm–3:00 pm
18	19	20	21	22	23	24
Triple Threat 9:00 am–9:50 am KidsWorld Superhero Sunday: Fight for a Cure 11:00 am–12:00 pm	Boot Camp 6:00 am–6:50 am Mat Pilates 9:00 am–9:50 am Kids Hangout: Halloween Craft Workshop 5:30 pm–7:00 pm	Everyday Athlete Skills: Demo 7:30 am KidsWorld: Stay & Play After-Care 1:00 pm–3:00 pm Pickleball Social 6:00 pm–8:00 pm	Masters Swim 7:00 am–8:15 am KidsWorld Pop-Up: Kids in the Kitchen 10:25 am & 5:25 pm Kids Hangout: Witches & Wizards STEM Lab 6:00 pm–7:30 pm	Everyday Athlete Skills: Demo 7:30 am Swim Team Prep 5:00 pm–6:00 pm Sound Bath 8:00 pm–8:50 pm	School Break Camp 9:00 am–4:00 pm Flapjacks for the Fight 10:00 am–11:30 am Kids Hangout: Pumpkin Decorating 5:00 pm–6:30 pm	Masters Swim 7:00 am–8:15 am Barre Fusion 8:00 am–8:50 am KidsWorld: Stay & Play After-Care 1:00 pm–3:00 pm
25	26	27	28	29	30	31
Masters Swim 7:00 am–8:15 am Group Power 10:15 am–11:05 am	Boot Camp 6:00 am–6:50 am Barre Fusion 10:00 am–10:50 am KidsWorld Pop-Up: Hot Cocoa & Stories 11:25 am & 6:25 pm	KidsWorld: Stay & Play After-Care 1:00 pm–3:00 pm Kids Hangout: Haunted House Decorating 6:00 pm–7:30 pm Play for Pink Pickleball Social 6:00 pm–8:00 pm	Power Flo 9:00 am–9:50 am KidsWorld Pop-Up: Halloween Carnival 10:30 am & 4:30 pm Spooky Boot Camp on the Edge 6:00 pm–6:50 pm	Pop Pilates 9:30 am–10:20 am Stable & Strong 12:00 pm–12:50 pm Zumba 6:30 pm–7:20 pm	Cycle & Strength 9:00 am–9:50 am Pilates Reformer: Level 1 10:00 am–10:50 am Spooktacular Trunk-or-Treat 5:00 pm–7:00 pm	Halloween 🎃 Aqua Fun 8:00 am–8:50 am Pilates Reformer: TRX Fusion 9:00 am–9:50 am BomBay Jam 10:00 am–10:50 am