



Club Life

October 2026 • Courtside



Move With Purpose

We're proud to partner with the **Pink Lemonade Stand Challenge** in supporting breast cancer research through special classes and programming across our clubs.

Club Highlights

Member Social

On October 15, enjoy a relaxing evening at the Club with live music, light bites, and good company from 5:30 pm–7:00 pm.

After Glow Yoga Experience

Unwind with a unique yoga class that feels more like a party, blending playful movement, music, and community connection. Enroll on Connect.

Small Group Reformer Pilates

Build strength and improve flexibility with small-group sessions for all levels, Monday–Saturday. \$40 per class. Sign up on Connect.



Support Now

Scan to learn more, get involved, and show your support with community spirit or a donation.

October 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October Member Perk Transform your sleep with the Eight Sleep Pod. Save up to \$350 with your exclusive member savings.		29	30	1	2	3
				Pump for Pink 8:30 am After Glow Yoga Social 2:30 pm-3:30 pm Kids Jiu-Jitsu 4:00 pm-6:00 pm	Pink Vinyasa Yoga 4:45 pm Junior Ballers 5:00 pm-6:00 pm Panther Swim 5:00 pm-7:00 pm	Team Ride for a Cure 9:30 am Swim School 10:00 am-12:00 pm
	4	5	6	7	8	9
	Pre Masters Swim 8:00 am-8:50 am Swim School 10:00 am-12:00 pm	Pump for Pink 7:00 am Swim School 4:00 pm-6:00 pm	Kids Jiu-Jitsu 4:00 pm-6:00 pm Taco Tuesday 5:00 pm-7:00 pm	Swim School 4:00 pm-6:00 pm Cardio Kids Fit 6:00 pm-7:00 pm	Kids Jiu-Jitsu 4:00 pm-6:00 pm Pink Strong Nation 4:15 pm Junior Ballers 5:00 pm-6:00 pm Panther Swim 5:00 pm-7:00 pm	Team Ride for a Cure 9:30 am Swim School 10:00 am-12:00 pm Deep Relaxation Sound Bath 6:30 pm-7:45 pm
	11	12	13	14	15	16
Pre Masters Swim 8:00 am-8:50 am Swim School 10:00 am-12:00 pm	Pink Power Mat Sculpt 3:30 pm Swim School 4:00 pm-6:00 pm	Kids Jiu-Jitsu 4:00 pm-6:00 pm Taco Tuesday 5:00 pm-7:00 pm	Pink Party Dance Jam 10:30 am Swim School 4:00 pm-6:00 pm Cardio Kids Fit 6:00 pm-7:00 pm	Kids Jiu-Jitsu 4:00 pm-6:00 pm	Junior Ballers 5:00 pm-6:00 pm Panther Swim 5:00 pm-7:00 pm	Swim School 10:00 am-12:00 pm Zumba Party in Pink 11:30 am
18	19	20	21	22	23	24
Pre Masters Swim 8:00 am-8:50 am Swim School 10:00 am-12:00 pm	Member Shopping Event: 20% Off All Day Swim School 4:00 pm-6:00 pm Pedal for Pink 6:00 pm	Kids Jiu-Jitsu 4:00 pm-6:00 pm Taco Tuesday 5:00 pm-7:00 pm	Member Shopping Event: 20% Off All Day Pink Power Mat Sculpt 9:00 am Swim School 4:00 pm-6:00 pm	Kids Jiu-Jitsu 4:00 pm-6:00 pm	BODYCOMBAT Fight for a Cure: Pink Edition 9:00 am Junior Ballers 5:00 pm-6:00 pm Panther Swim 5:00 pm-7:00 pm	Swim School 10:00 am-12:00 pm
25	26	27	28	29	30	31
Pre Masters Swim 8:00 am-8:50 am Swim School 10:00 am-12:00 pm	Swim School 4:00 pm-6:00 pm	Kids Jiu-Jitsu 4:00 pm-6:00 pm Taco Tuesday 5:00 pm-7:00 pm	Pink Reformer Pilates 9:00 am & 10:00 am Swim School 4:00 pm-6:00 pm Cardio Kids Fit 6:00 pm-7:00 pm	Yoga Sculpt for Pink 7:00 am Kids Jiu-Jitsu 4:00 pm-6:00 pm	Junior Ballers 5:00 pm-6:00 pm Panther Swim 5:00 pm-7:00 pm	Halloween 🎃 Halloween Fit Spooktacular 8:30 am-12:45 pm Swim School 10:00 am-12:00 pm