



Club Life

October 2026 • Bay Club Bellevue



Move With Purpose

We're proud to partner with the **Pink Lemonade Stand Challenge** in supporting breast cancer research through special classes and programming across our clubs.

Club Highlights

15th Halloween Spooktacular

Come journey down the yellow brick road for treats, family fun, and more on October 30. Costumes encouraged! Open to Bellevue Club members.

Sweat for a Cause

Wear your favorite pink and break a sweat in classes like Pink Power Flow Yoga, Zumba Pink Out, and Pedal for Pink—happening all month.

Fall in the Pavilion

Keep your kiddos moving this season with Junior Pickleball, Badminton, Hoops, Junior Hoops, and private basketball lessons. Enroll on Connect.



Support Now

Scan to learn more, get involved, and show your support with community spirit or a donation.

October 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October Member Perk Transform your sleep with the Eight Sleep Pod. Save up to \$350 with your exclusive member savings.		29	30	1	2	3
				Pink Power Flow Yoga 6:15 am, 10:30 am, 5:30 pm & 6:35 pm	Fit Lab 6:30 am-7:25 am	TRX Total Body 7:30 am-8:25 am
				Zumba 10:00 am-10:55 am	Mat Pilates 11:00 am-11:55 am	Advanced Cardio Dance Step 8:00 am-8:55 am
				Kickbox & Strength 5:00 pm-5:50 pm	TRX Total Body 5:30 pm-6:25 pm	Weekend Yoga 12:00 pm-12:55 pm
4	5	6	7	8	9	10
Fit Lab 10:15 am-11:05 am	Functional Training: Pink Out Week	Step & Strength 9:00 am-9:55 am	Pedal for Pink 6:30 am, 9:30 am & 6:00 pm	Feel Good & Stretch 8:00 am-8:25 am	Barre Goes Pink 9:30 am	POWER R/DE 10:15 am-11:15 am
Bollywood for Pink 10:30 am-11:25 am	H2O Cardio 8:15 am-9:15 am	Fit Lab 12:00 pm-12:55 pm	Cardio Core 5:00 pm-5:50 pm	Zumba 10:00 am-10:55 am	Mat Pilates 11:00 am-11:55 am	High Fitness In Pink 10:30 am
All Levels Yoga 12:00 pm-12:55 pm	STRONG 5:30 pm-6:20 pm	Ultimate Arms 7:00 pm-7:25 pm	Ultimate Legs 6:00 pm-6:50 pm	Kickbox & Strength 5:00 pm-5:50 pm	TRX Total Body 5:30 pm-6:25 pm	Weekend Yoga 12:00 pm-12:55 pm
11	12	13	14	15	16	17
Reformer Pink Out Week	Feel Good Cardio Sculpt 8:00 am-8:55 am	Step & Strength 9:00 am-9:55 am	STRONG 6:30 am-7:20 am	Feel Good & Stretch 8:00 am-8:25 am	Fit Lab 6:30 am-7:25 am	TRX Total Body 7:30 am-8:25 am
Fit Lab 10:15 am-11:05 am	H2O Cardio 8:15 am-9:15 am	Fit Lab 12:00 pm-12:55 pm	Cardio Core 5:00 pm-5:50 pm	Zumba 10:00 am-10:55 am	Zumba Pink Out 5:30 pm	POWER R/DE 10:15 am-11:15 am
All Levels Yoga 12:00 pm-12:55 pm	Stronger with Pink 12:00pm & 5:30 pm	Ultimate Arms 7:00 pm-7:25 pm	Ultimate Legs 6:00 pm-6:50 pm	Kickbox & Strength 5:00 pm-5:50 pm	TRX Total Body 5:30 pm-6:25 pm	Weekend Yoga 12:00 pm-12:55 pm
18	19	20	21	22	23	24
Fit Lab 10:15 am-11:05 am	H2O Cardio 8:15 am-9:15 am	Pink Mountain Conditioning 5:30 am	Pink Power Pilates 9:00 am, 10:30am & 5:30 pm	Pink Mountain Conditioning 5:30 am	Fit Lab 6:30 am-7:25 am	TRX Total Body 7:30 am-8:25 am
PRO Bollywood 10:30 am-11:25 am	Barre Goes Pink 10:00 am	Fit Lab 12:00 pm-12:55 pm	Cardio Core 5:00 pm-5:50 pm	Zumba 10:00 am-10:55 am	Mat Pilates 11:00 am-11:55 am	Advanced Cardio Dance Step 8:00 am-8:55 am
All Levels Yoga 12:00 pm-12:55 pm	STRONG 5:30 pm-6:20 pm	Ultimate Arms 7:00 pm-7:25 pm	Ultimate Legs 6:00 pm-6:50 pm	Kickbox & Strength 5:00 pm-5:50 pm	TRX Total Body 5:30 pm-6:25 pm	Weekend Yoga 12:00 pm-12:55 pm
25	26	27	28	29	30	31
Fit Lab 10:15 am-11:05 am	Feel Good Cardio Sculpt 8:00 am-8:55 am	Pink Power Lab 7:30 am, 10:00 am & 5:30 pm	STRONG 6:30 am-7:20 am	Feel Good & Stretch 8:00 am-8:25 am	Mat Pilates 11:00 am-11:55 am	Halloween 🎃
PRO Bollywood 10:30 am-11:25 am	H2O Cardio 8:15 am-9:15 am	Step & Strength 9:00 am-9:55 am	Cardio Core 5:00 pm-5:50 pm	Zumba 10:00 am-10:55 am	TRX Total Body 5:30 pm-6:25 pm	TRX Total Body 7:30 am-8:25 am
All Levels Yoga 12:00 pm-12:55 pm	STRONG 5:30 pm-6:20 pm	Ultimate Arms 7:00 pm-7:25 pm	Ultimate Legs 6:00 pm-6:50 pm	Kickbox & Strength 5:00 pm-5:50 pm	Halloween Spooktacular 5:30 pm-8:00 pm	Advanced Cardio Dance Step 8:00 am-8:55 am
						Weekend Yoga 12:00 pm-12:55 pm

All calendar events will take place at Bay Club Bellevue.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.