



Club Life

October 2026 • Los Angeles



Move With Purpose

We're proud to partner with the **Pink Lemonade Stand Challenge** in supporting breast cancer research through special classes and programming across our clubs.

Club Highlights

Agility Lab

Get quicker on your feet with drills designed to improve agility, coordination, and athletic performance for all skill levels. October 8 at Santa Monica.

Sweat for a Cause

Wear your pink and get moving in our Pedal, Pump, Barre, Ignite, and Yoga classes for breast cancer research. Enroll on Connect.

Boo Beach Blast

Hit the sand at Redondo Beach for a Halloween-themed, full-body workout combining strength, cardio, and festive fun on October 31. Plus, treats after class.



Support Now

Scan to learn more, get involved, and show your support with community spirit or a donation.

October 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October Member Perk Transform your sleep with the Eight Sleep Pod. Save up to \$350 with your exclusive member savings.		29	30	1	2	3
				Fall Basketball League: ES 6:30 pm-10:00 pm		
4	5	6	7	8	9	10
Pickleball Open Play: ES 7:00 am-12:00 pm Family Swim: ES 10:00 am-3:00 pm	Pump for Pink: ES 12:00 pm	Core Sculpt with Eric: SM 9:00 am Fall Basketball League: ES 6:30 pm-Close	Intermediate Pickleball Lessons: ES 10:30 am-11:45 am Beginner Pickleball Lessons: ES 12:00 pm-1:15 pm Les Mills Strength Development: ES 6:00 pm	Agility Lab with Sam: SM 5:30 pm Fall Basketball League: ES 6:30 pm-10:00 pm		Pickleball Open Play: ES 7:00 am-12:00 pm Family Swim: ES 1:00 pm-3:00 pm
11	12	13	14	15	16	17
Pickleball Open Play: ES 7:00 am-12:00 pm Pedal for Pink: RB 9:15 am Family Swim: ES 10:00 am-3:00 pm	Pump for Pink: SM 7:00 am Adult and Pediatric CPR & First Aid Certification: ES 12:15 pm-1:45 pm	Fall Basketball League: ES 6:30 pm-Close	Pedal for Pink: ES 9:00 am Les Mills Strength Development: ES 6:00 pm Pose for Pink: SM 6:30 pm	Barre for Pink: RB 8:00 am Pose for Pink: RB 6:00 pm Fall Basketball League: ES 6:30 pm-10:00 pm		Pedal for Pink: SM 8:00 am Pump for Pink: RB 10:30 am Family Swim: ES 1:00 pm-3:00 pm
18	19	20	21	22	23	24
Pickleball Open Play: ES 7:00 am-12:00 pm Family Swim: ES 10:00 am-3:00 pm	Ultimate Conditioning: SM 8:00 am Adult and Pediatric CPR & First Aid Certification: ES 12:15 pm-1:45 pm Ignite for Pink: ES 5:30 pm	Barre for Pink: ES 9:30 am Fall Basketball League: ES 6:30 pm-Close	Pickleball Lessons: ES 10:30 am-1:15 pm Pure Strength: SM 12:00 pm Les Mills Strength Development: ES 6:00 pm	Fall Basketball League: ES 6:30 pm-10:00 pm		Pickleball Open Play: ES 7:00 am-12:00 pm Power Hour: SM 9:00 am Family Swim: ES 1:00 pm-3:00 pm
25	26	27	28	29	30	31
Pickleball Open Play: ES 7:00 am-12:00 pm Family Swim: ES 10:00 am-3:00 pm	Pedal for Pink: ES 8:00 am Adult and Pediatric CPR & First Aid Certification: ES 12:15 pm-1:45 pm	Glowga with Elma: RB 6:00 pm Fall Basketball League: ES 6:30 pm-Close	Intermediate Pickleball Lessons: ES 10:30 am-11:45 am Beginner Pickleball Lessons: ES 12:00 pm-1:15 pm Deadlift After Dark with Murat: RB 5:30 pm	Spooky Spin with Janine: RB 6:00 pm Fall Basketball League: ES 6:30 pm-10:00 pm		Halloween 🎃 Boo Beach Blast: RB 9:00 am Halloween Zumba Spooktacular: ES 9:30 am Family Swim: ES 1:00 pm-3:00 pm

ES: El Segundo RB: Redondo Beach SM: Santa Monica

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.