

Club Life

November 2026 • Bay Club Bellevue







Moments Worth Sharing

'Tis the Season.

Club Highlights

Fall Break Camps

Give the kids something extra to celebrate with creative activities, time with friends, and festive fun at camp. Enroll on Connect under Camps.

Daddy-Daughter Fall Ball

Get dressed up and come make some special memories together at Bay Club Bellevue on November 14. Register now on Connect.

Turkey Day Sweat Fest

Kick off Thanksgiving with 2 hours of cycling and strength training at Bay Club Seattle. Register on Connect. Guests are welcome!

Holiday Happiness Toy Drive

Starting 11/9, share the gift of joy by bringing a new, unwrapped toy to the Club or scanning the QR code to donate online.

November 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Daylight Saving Ends** Fit Lab 10:15 am-11:05 am Bay Bollywood 10:30 am-11:25 am All Levels Yoga 12:00 pm-12:55 pm	2 H20 Cardio 8:15 am-9:15 am Teen Strength 4:30 pm-5:20 pm STRONG 5:30 pm-6:20 pm	3 Step & Strength 9:00 am-9:55 am Fit Lab 12:00 pm-12:55 pm Ultimate Arms 7:00 pm-7:25 pm	4 Power R/DE 6:30 am, 9:30 am, & 6:00 pm Cardio Core 5:00 pm-5:50 pm Ultimate Legs 6:00 pm-6:50 pm	5 Feel Good & Stretch 8:00 am-8:25 am Zumba 10:00 am-10:55 am Kickbox & Strength 5:00 pm-5:50 pm	6 Barre 9:30 am Mat Pilates 11:00 am-11:55 am TRX Total Body 5:30 pm-6:25 pm	7 POWER R/DE 10:15 am-11:15 am High Fitness 10:30 am Weekend Yoga 12:00 pm-12:55 pm
8 Strong 9:00 am-9:50 am Fit Lab 10:15 am-11:05 am All Levels Yoga 12:00 pm-12:55 pm	9 Feel Good Cardio Sculpt 8:00 am-8:55 am H20 Cardio 8:15 am-9:15 am Strong 12:00 pm & 5:30 pm	10 Step & Strength 9:00 am-9:55 am Fit Lab 12:00 pm-12:55 pm Ultimate Arms 7:00 pm-7:25 pm	11 **Veterans Day** STRONG 6:30 am-7:20 am Cardio Core 5:00 pm-5:50 pm Ultimate Legs 6:00 pm-6:50 pm	12 Feel Good & Stretch 8:00 am-8:25 am Zumba 10:00 am-10:55 am Kickbox & Strength 5:00 pm-5:50 pm	13 Fit Lab 6:30 am-7:25 am Zumba 5:30 pm TRX Total Body 5:30 pm-6:25 pm	14 TRX Total Body 7:30 am-8:25 am POWER R/DE 10:15 am-11:15 am Weekend Yoga 12:00 pm-12:55 pm
15 Fit Lab 10:15 am-11:05 am Bay Bollywood 10:30 am-11:25 am All Levels Yoga 12:00 pm-12:55 pm	16 H20 Cardio 8:15 am-9:15 am Barre 10:00 am Strong 5:30 pm-6:20 pm	17 Cardio Core 6:30 am-7:20 am Fit Lab 12:00 pm-12:55 pm Ultimate Arms 7:00 pm-7:25 pm	18 Pilates 9:00 am, 10:30 am, & 5:30 pm Cardio Core 5:00 pm-5:50 pm Ultimate Legs 6:00 pm-6:50 pm	19 Ultimate Legs 6:30 am-7:20 am Zumba 10:00 am-10:55 am Kickbox & Strength 5:00 pm-5:50 pm	20 Fit Lab 6:30 am-7:25 am Mat Pilates 11:00 am-11:55 am TRX Total Body 5:30 pm-6:25 pm	21 TRX Total Body 7:30 am-8:25 am Advanced Cardio Dance Step 8:00 am-8:55 am Weekend Yoga 12:00 pm-12:55 pm
22 Fit Lab 10:15 am-11:05 am Bay Bollywood 10:30 am-11:25 am All Levels Yoga 12:00 pm-12:55 pm	23 Feel Good Cardio Sculpt 8:00 am-8:55 am H20 Cardio 8:15 am-9:15 am Strong 5:30 pm-6:20 pm	24 Fit Lab 7:30 am, 10:00 am, & 5:30 pm Step & Strength 9:00 am-9:55 am Ultimate Arms 7:00 pm-7:25 pm	25 STRONG 6:30 am-7:20 am Cardio Core 5:00 pm-5:50 pm Ultimate Legs 6:00 pm-6:50 pm	26 **Thanksgiving Day** Holiday Hours 7:00 am-2:00 pm Feel Good & Stretch 8:00 am-8:25 am Zumba 10:00 am-10:55 am	27 Mat Pilates 11:00 am-11:55 am TRX Total Body 5:30 pm-6:25 pm Halloween Spooktacular 5:30 pm-8:00 pm	28 TRX Total Body 7:30 am-8:25 am Advanced Cardio Dance Step 8:00 am-8:55 am Weekend Yoga 12:00 pm-12:55 pm
29 Soulful Sundays 9:15 am-10:10 am Fit Lab 10:15 am-11:05 am All Levels Yoga 12:00 pm-12:55 pm	30 Feel Good Cardio Sculpt 8:00 am-8:55 am H20 Cardio 8:15 am-9:15 am Strong 12:00 pm & 5:30 pm	1	2	3	**November Member Perks** This month is all about giving. Choose a cause close to your heart from our curated list of charitable partners.	

All calendar events will take place at Bay Club Bellevue.

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.