

Club Life

November 2026 • Portland







Moments Worth Sharing

'Tis the Season.

Club Highlights

Fall Break Camps

Give the kids something extra to celebrate with creative activities, time with friends, and nonstop fun at camp. Enroll on Connect under Camps.

Holiday Family Fun

Make holiday memories together at the Club with winter craft nights, themed Kids Night Out events, and a festive twist on Family Fun Fridays.

HYROX Coming Soon

It's official—we're now a HYROX affiliate! Get ready to experience the energy of this popular competition that combines running and functional fitness.

TOYS FOR TOTS

Holiday Happiness Toy Drive

Starting 11/9, share the gift of joy by bringing a new, unwrapped toy to the Club or scanning the QR code to donate online.

November 2026

Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Daylight Saving Ends** Group Centergy 9:15 am-10:05 am 30 HIIT 9:45 am-10:10 am	2 Group Active 5:30 am-6:20 am Intermediate Pickleball 9:30 am-12:30 pm Basketball Drop-In 9:30 am-1:00 pm	3 Train Like a Dancer 9:00 am-9:50 am Pickleball 101 5:00 pm-5:50 pm Train Like a Ninja 5:30 pm-6:30 pm	4 Power & Pedal 10:30 am-11:20 am Rock Climbing Night 5:00 pm-6:00 pm	5 HIIT Squad 11:30 am-12:20 pm 3D Power Sculpt 4:30 pm-5:20 pm Family Climb Night 5:00 pm-6:00 pm	6 Free Guest Friday All Day School Break Camp 9:00 am–4:00 pm Family Fun Friday 5:30 pm-7:30 pm	7 Boxing on the EDGE 9:00 am-9:50 am Intermediate Pickleball 9:30 am-12:00 pm Kids Night Out 5:00 pm–9:00 pm
8 Basketball Drop-In 8:00 am-11:00 am Advanced Pickleball 9:30 am-11:00 am Restorative Yoga 12:00 pm-12:50 pm	9 Group Centergy 8:00 am-8:50 am Group Groove 10:30 am-11:20 am	10 Basketball Drop-In 6:00 am Pilates Sculpt 4:30 pm-5:20 pm Train Like a Ninja 5:30 pm-6:30 pm	11 **Veterans Day** School Break Camp 9:00 am–4:00 pm Rock Climbing Night 5:00 pm-6:00 pm Pickleball League Championship 5:30 pm	12 Group Blast 8:05 am-8:55 am Family Climb Night 5:00 pm-6:00 pm Group Power 5:45 pm-6:35 pm	13 Zumba 10:30 am-11:20 am Basketball Drop-In 11:30 am-1:00 pm Family Fun Friday 5:30 pm-7:30 pm	14 Boxing on the EDGE 9:00 am-9:50 am Open Climb 11:00 am-7:00 pm
15 Club Barre 8:00 am-8:50 am Athletic Vinyasa Yoga 10:30 am-11:45 am	16 Pilates Reformer: All Levels 9:15 am-10:05 am Basketball Drop-In 9:30 am-1:00 pm	17 Total Body Circuit 7:00 am-7:50 am Train Like a Ninja 5:30 pm-6:30 pm Basketball League Championship 6:30 pm-8:30 pm	18 Group Fight 5:30 am-6:20 am Kickboxing Techniques 5:00 pm-5:50 pm	19 Intelligent Cycle: Journey 6:30 am-7:20 am First Aid & AED Certification Class 5:00 pm Family Climb Night 5:00 pm-6:00 pm	20 Dynamic Mobility & Pure Strength 9:15 am-10:05 am Run Club 9:30 am-10:45 am Family Fun Friday 5:30 pm-7:30 pm	21 Basketball Drop-In 8:00 am-10:30 am NIA 10:45 am-11:35 am Kids Night Out 5:00 pm–9:00 pm
22 Group Centergy 9:15 am-10:05 am 30 HIIT 9:45 am-10:10 am	23 Group Active 5:30 am-6:20 am Fall Break Camp 9:00 am–4:00 pm Basketball Drop-In 9:30 am-1:00 pm	24 Fall Break Camp 9:00 am–4:00 pm Train Like a Ninja 5:30 pm-6:30 pm Pickleball: All Levels 6:00 pm-8:00 pm	25 30 ROCK 7:15 am-7:40 am Fall Break Camp 9:00 am–4:00 pm	26 **Thanksgiving Day** Holiday Hours 7:00 am-2:00 pm Basketball Drop-In 7:00 am-8:30 am HIIT Squad 11:30 am-12:20 pm	27 Strength Conditioning 8:05 am-8:55 am Fall Break Camp 9:00 am–4:00 pm Family Fun Friday 5:30 pm-7:30 pm	28 Intelligent Cycle: HIIT 7:30 am-7:55 am Power Vinyasa 8:30 am–9:20 am
29 Basketball Drop-In 8:00 am-11:00 am Core Strength Conditioning 10:30 am-11:20 am	30 Group Ride 9:15 am-10:05 am Group Groove 10:30 am-11:20 am	1	2	3	**November Member Perks** This month is all about giving. Choose a cause close to your heart from our curated list of charitable partners.	

Activities and classes are subject to change at any time. Check Bay Club Connect for the latest updates, or contact the Front Desk if you have any questions.