



Intravitreal Injection

During an intravitreal injection—an injection of medication directly into the jelly of the eye, patients typically experience a range of sensations.

Before the Injection:

- **Topical Anaesthetic:** Eye drops are used to numb the surface of the eye – this can feel cold or may make your eye feel heavy or “thick”.
- **Antiseptic Preparation:** Iodine or a similar liquid is used to sterilize the area – this can sometimes tingle or sting.
- **Eyelid Speculum:** A small device is placed to keep your eye open, and you may be aware of mild pressure or discomfort.
- It is very common to feel anxious or fearful before the procedure, especially if you have not had one previously.

During the Injection:

- The needle is inserted into the white part of the eye.
- You may be aware of pressure or a slight stinging sensation, but this is momentary.
- You will not be able to see the needle coming towards you at any point.

After the Injection:

Common sensations:

- Mild irritation or foreign body sensation (like something in your eye).
- Watering or mild redness on the eye.
- Seeing floaters or small bubbles (caused by air or the medication).
- Mild soreness

Please contact us immediately if you experience any sharp pain, any persistent blurry vision or any signs of infection.

