

Incredible Husband

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Incredible Husband

*A Biblical Field Guide for
Becoming the Man Love
Can Trust*

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The Call to Become an Incredible Husband

INTRODUCTION

Marriage Is Not the Goal—Becoming the Man Is

“Incredible” is a word we don’t use lightly. It means something that’s hard to believe—extraordinary. The root comes from the Latin *incredibilis*: “not believable.” When used to describe a man, it points to a kind of life that makes people stop and say, *That’s rare. That’s different. That’s real.*

That’s what I want for you.

Because right now, whether people admit it or not, there is a war on masculinity. Not a political war—something deeper. A spiritual and cultural war aimed at confusing men, weakening men, and removing men from their God-given identity and assignment.

Society has become obsessed with redefining gender, but the more important question is barely asked anymore: What is a man?

And if you don’t know what a man is, you won’t know what a husband is.

The Bible is clear. A man is not toxic. Masculinity is not something to apologize for. Biblical masculinity is strong, courageous, protective, sacrificial, and loving.

“Be watchful, stand firm in the faith, act like men, be strong. Let all that you do be done in love.” —1 Corinthians 16:13–14

The world doesn't need fewer strong men. It needs more strong men who are strong in love.

And one of the clearest places the battle shows up is marriage.

Many men want a great marriage, but they don't understand what makes one. A lot of us were never trained. We saw broken examples. We absorbed unhealthy patterns. We thought providing was enough. We thought being "right" was leadership. We thought passion would carry us.

It won't.

Marriage doesn't fix men. Marriage reveals men.

And that's why this resource exists.

This is not a list of clichés. This is not soft advice. This is a field guide for becoming the kind of husband who creates safety, stability, joy, and flourishing in his home—not because you're perfect, but because you're mature. Because you take responsibility. Because you go first.

Here's one of the most important truths you will ever learn: **A man goes first.**

First to repent.
First to apologize.
First to sacrifice what he wants.
First to lead with humility instead of ego.
First to love—especially when it's hard.

"We love because He first loved us." —1 John 4:19



**If you want to love like Jesus,
you don't love your wife only
when she's at her best.**

Jesus loved and died for us while we were still sinners. That means love isn't a reward for good behavior. Love is the environment where transformation becomes possible.

This guide will be both pastoral and practical. I'll challenge you, encourage you, and give you steps you can activate immediately—starting this week.

Because the goal isn't to be impressive.

The goal is to be faithful.

The goal is to become the kind of man your wife can rest around. The kind of man your children respect. The kind of man heaven can trust.

LET'S GET TO WORK

This resource is for you if you are:

- Married and want your marriage to thrive
- Engaged and want to build on rock, not sand
- Single and preparing to become a husband before you meet your wife
- Discouraged and wondering if you've already ruined too much

Hear me clearly: It's not too late. If you'll humble yourself, God will meet you. If you'll decrease, He will increase. If you'll stop excusing and start leading, your home can change.



Become the Man Before You Find the Woman

SECTION 1

If you're not married yet, this section is for you. If you *are* married, it still matters—because marriage doesn't remove the need for growth. It reveals it.

Marriage does not transform boys into men. It exposes the man who is already there.

That's why preparation for marriage has far less to do with finding the right woman—and far more to do with becoming the right man.

So here's the question I want every man to wrestle with honestly:

Think of the kind of woman you dream of marrying.

Be specific.

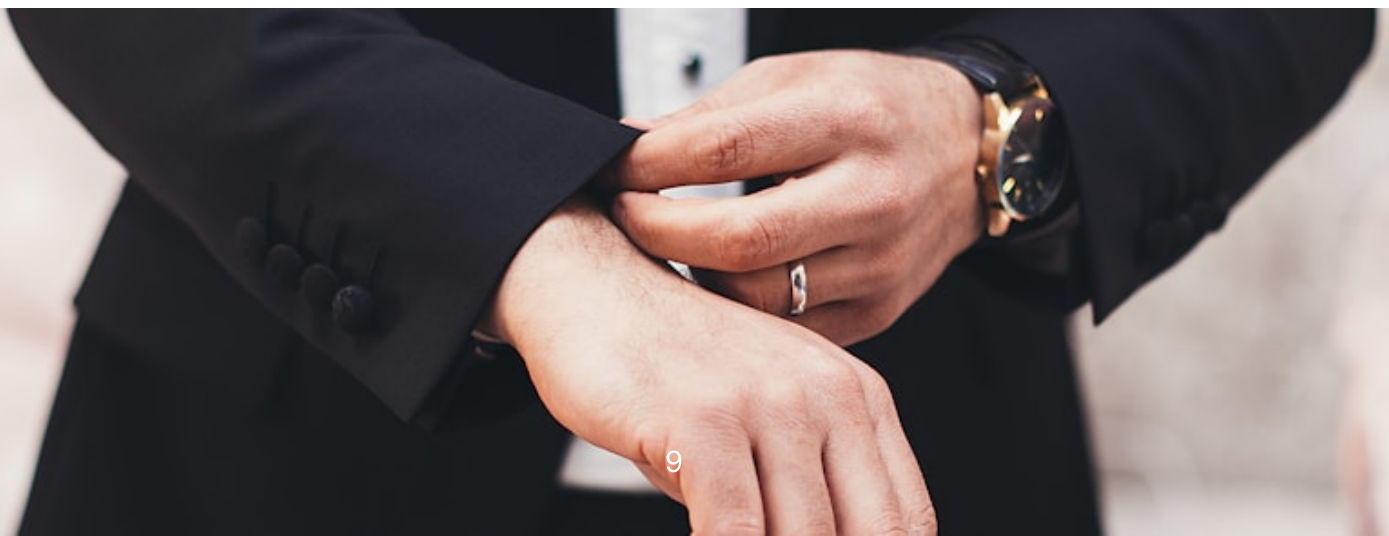
Not just her beauty—but her character.
Her values.
Her faith.
Her courage.
Her emotional health.
Her joy.
Her strength.
Her integrity.

Now sit with this question:

What kind of man would she marry? And even more importantly: Are you becoming that man?

Most men are searching for the right woman. Few are intentionally becoming the right man.

And this is where many men quietly miss it.



A man who is
worthy
of a great woman
is not built by luck.
He is built by
discipline,
conviction,
humility,
and formation.

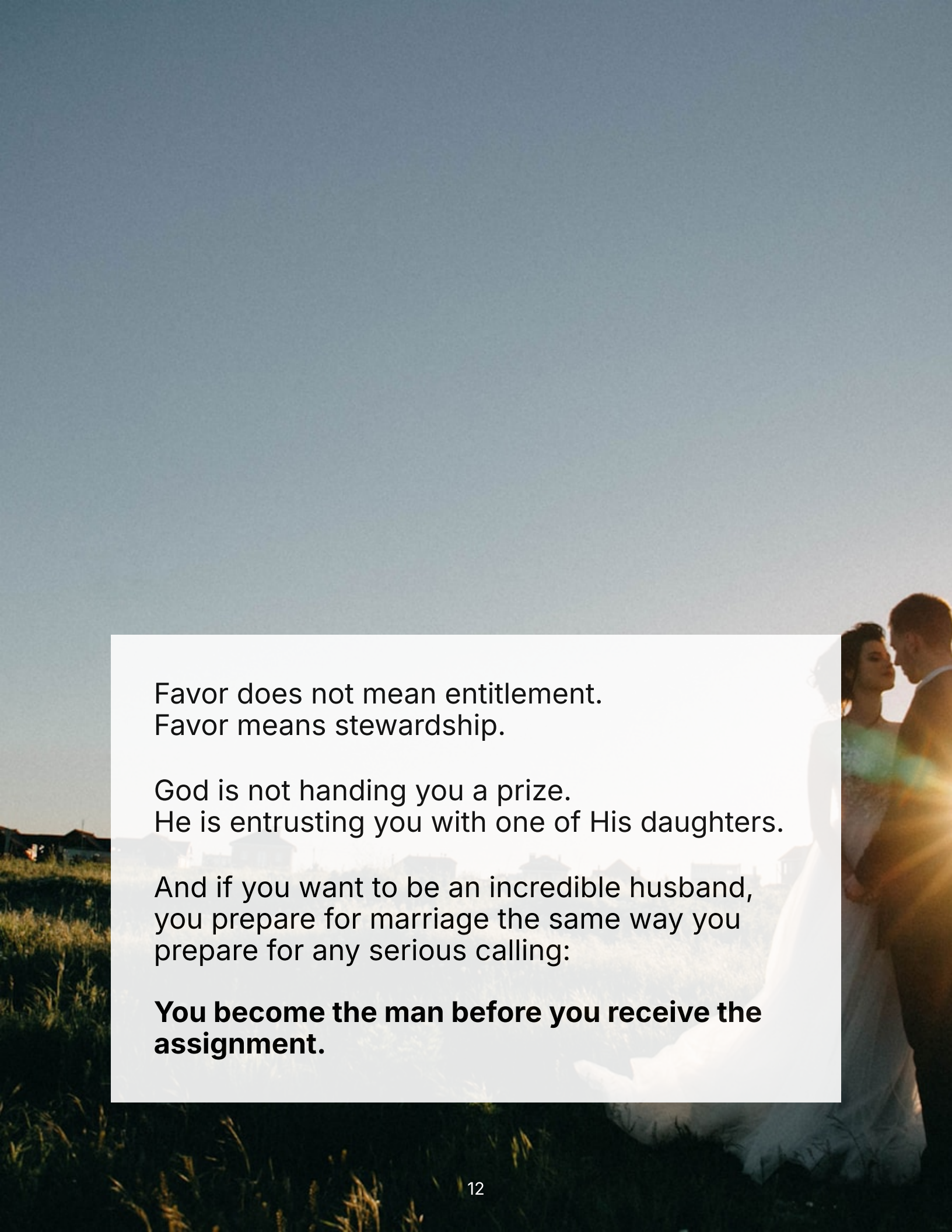
**Men often want the benefits
of covenant without the cost
of becoming.**

They want intimacy without maturity.
Authority without responsibility.
Honor without sacrifice.

She is a covenant assignment from God.

"He who finds a wife finds a good thing
and obtains favor from the Lord."
—Proverbs 18:22

But a wife is not a trophy a man receives
when he finally "settles down."

A couple in wedding attire embracing in a field at sunset. The bride is wearing a white gown and the groom is in a dark suit. They are standing in a field of tall grass, with a city skyline visible in the background under a clear, bright sky. The sun is low on the horizon, creating a warm, golden glow and lens flare effects.

Favor does not mean entitlement.
Favor means stewardship.

God is not handing you a prize.
He is entrusting you with one of His daughters.

And if you want to be an incredible husband,
you prepare for marriage the same way you
prepare for any serious calling:

**You become the man before you receive the
assignment.**

Here's the practical reality most men don't want to hear—but need to:

A selfish man becomes a selfish husband.

An undisciplined man becomes an undisciplined husband.

A secretive man becomes a dangerous husband.

A spiritually passive man becomes a spiritually absent husband.

Marriage does not heal these things. It amplifies them. But the good news is just as real:

A humble man becomes a healing husband.

A disciplined man becomes a safe husband.

A submitted man becomes a strong husband.

A man who walks with God becomes a man his wife can trust.

This is not about perfection. It's about direction. So here's your first real decision as a man: Will you drift into marriage—or will you train for it?

“Prepare your work outside; get everything ready for yourself in the field, and after that build your house.” —Proverbs 24:27

Build the man first.

Then build the house.



Reflection & Response

Take a deep breath. Don't rush this.

1. What kind of man would the woman I admire most feel emotionally, spiritually, and physically safe with? Be honest—not aspirational.

2. Where am I secretly hoping marriage will fix what only maturity and discipleship can fix? Name it plainly.

3. What habits, patterns, or character gaps would make it hard for a woman to trust me fully right now?

4. If I stayed exactly the same for the next five years, what kind of husband would I become?

Action Step

Write a one-paragraph vision of the husband you want to become. Then choose one discipline to begin this week—and treat it as non-negotiable:

- Purity
- Prayer
- Physical health
- Financial discipline
- Emotional maturity
- Leadership and responsibility

Say this out loud:

"God, I'm not waiting for marriage to make me a better man. I'm becoming the man You've called me to be—starting now."

Because the right woman is not looking for potential.
She's looking for character.

And character is built on purpose, not by accident.

Covenant, Not Contract — Love That Takes Responsibility

SECTION 2

Most men enter marriage with the wrong framework.

They think marriage is a contract.

A contract limits responsibility and protects your rights.

A covenant takes responsibility and gives up your rights. This distinction changes everything. A contract says, "As long as you do what you promised, I'll do what I promised." A covenant says, "I'm staying—even when it costs me."

Marriage was never meant to be transactional. It was meant to be transformational. Scripture doesn't describe marriage as a business agreement. It describes it as a sacred mystery.

"For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh." — Ephesians 5:31

One flesh is not a contract. It's a covenant.



Christ Is the Model

The Bible doesn't tell husbands to love their wives *as culture loves*. It tells husbands to love their wives as Christ loved the Church.

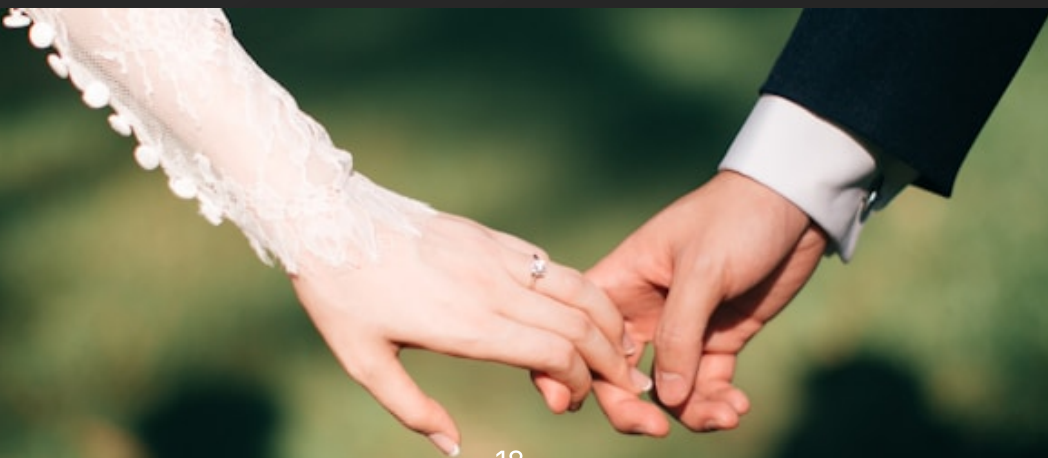
"Husbands, love your wives, just as Christ loved the church and gave Himself up for her." —Ephesians 5:25

That word matters: *gave Himself up*.

Jesus did not protect His rights. He laid them down He gave up His divine privileges, stepped out of heaven, took on flesh, and took responsibility for sin He did not commit.

"Though He was in the form of God, He did not count equality with God a thing to be grasped, but emptied Himself..." —Philippians 2:6-7

That is covenant. And that is the standard for an incredible husband.



A Man Goes First

Covenant means the man goes first.

First to repent. First to apologize. First to sacrifice. First to take responsibility.

Not because he is weaker—but because he is stronger.

Headship is not dominance. It is ownership of responsibility.

Marriage is not about being right. It's about being faithful.

An incredible husband gives up: The right to always win The right to always get his way The right to withdraw The right to keep score

And he takes on: The responsibility to protect The responsibility to provide stability The responsibility to pursue The responsibility to love first



Commitment Redefined

Commitment is not simply saying *yes*. Commitment is saying *no* to everything else. When you say *yes* to covenant, you say *no* to: Other options Other exits Other fantasies Other distractions Other versions of yourself that avoid responsibility

This is exactly what Jesus modeled. In the wilderness, the devil offered Him shortcuts—power without sacrifice, glory without obedience, authority without the cross. Jesus said *no* to every one of them. Why? Because He had already said *yes* to us.

“Get behind me, Satan! For it is written, ‘You shall worship the Lord your God, and Him only shall you serve.’” —Matthew 4:10

Jesus didn’t resist temptation through willpower alone. He resisted it through commitment.

He said *no* to the devil because He had already said *yes* to the Father—and *yes* to the bride He was redeeming.



That is covenant.

An incredible husband is not a man with unlimited freedom. He is a man with focused devotion.

When a man lives this way, his wife does not have to compete for his attention. She rests in his resolve.

Contract Love vs Covenant Love

Contract love says: "I'll stay as long as my needs are met." "I'll lead as long as it benefits me." "I'll sacrifice as long as it's appreciated."

Covenant love says: "I'm here." "I'm staying." "I'm responsible."

"Love bears all things, believes all things, hopes all things, endures all things." —1 Corinthians 13:7

That is not romantic poetry. That is covenant language.

Marriage is not sustained by feelings. It is sustained by decisions.

And when a husband chooses covenant, something powerful happens: Safety increases Trust deepens Love matures

Your wife doesn't rise because you demand it. She rises because she is secure.

Reflection & Response

Take a deep breath. Don't rush this.

1. Do I approach marriage more like a contract or a covenant—and how does that show up in my actions?
2. Where am I protecting my rights instead of taking responsibility?
3. What comforts, habits, or “backup plans” compete with full devotion to my wife?
4. If my wife experienced my commitment daily, would she feel secure—or uncertain?

Be honest. This isn't about shame. It's about alignment.

Action Step

Write one clear sentence that defines what covenant means for you as a husband.

Then choose one way this week to give up a right and take responsibility instead: Apologize without defending yourself Initiate connection instead of waiting Serve without expecting recognition Say no to a distraction that competes with your marriage

Say this out loud:

"God, I choose covenant over convenience. I give up my rights and take responsibility—just as You did for me."

Because love that protects itself never transforms anyone. But love that gives itself away changes everything.



Headship Reclaimed — Strength Through Servanthood

SECTION 3

Few biblical concepts have been more misunderstood—or misused—than headship. Some men hear the word head and think authority without responsibility.

Others hear it and retreat altogether, afraid of abusing power or being labeled controlling. Both miss the point.

Biblical headship is not about control. It's about initiative.

Headship does not mean you are more valuable than your wife.

It means you are more accountable.

"For the husband is the head of the wife as Christ is the head of the church..." —Ephesians 5:23

Christ's headship never looked like domination. It looked like service.

JESUS REDEFINED LEADERSHIP

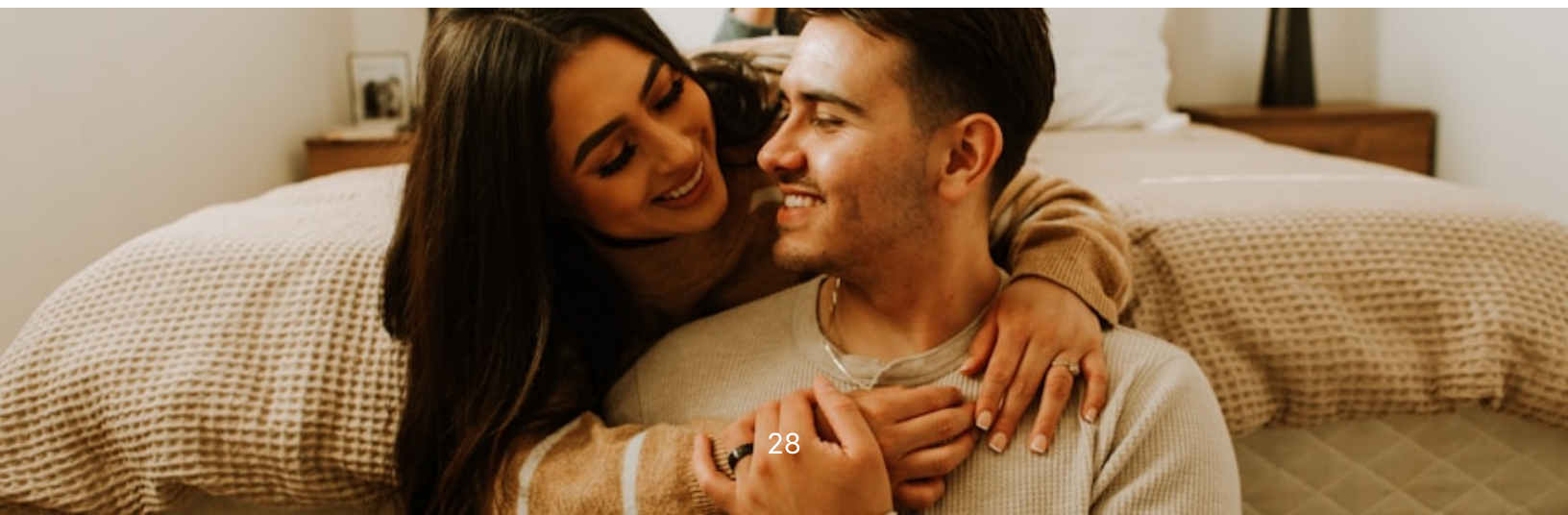
If anyone had the right to demand submission, it was Jesus. Instead, He knelt. "Jesus... rose from supper. He laid aside His outer garments, and taking a towel, tied it around His waist... and began to wash the disciples' feet." —John 13:3–5

That moment shattered every false idea of leadership. Jesus didn't lose authority when He served. He revealed it.

Biblical headship means:

You go first into humility.
You go first into repentance.
You go first into sacrifice.
You go first into obedience.

A man doesn't lead his home by volume. He leads it by example.



Headship Is Taking Responsibility for The Environment

Here's a truth most men have never been taught: **You don't control your home—but you set its temperature.**

Your emotional regulation becomes the emotional climate. Your spiritual hunger sets the spiritual tone.

Your reactions teach everyone else how to respond to pressure.

When you are anxious, the home feels unstable. When you are angry, the home becomes guarded. When you are peaceful, the home exhales.

"Better a patient man than a warrior, one who controls his temper than one who takes a city." —Proverbs 16:32

Headship is not about being the loudest voice in the room. It's about being the calmest presence.



Strength Looks Like Initiative

Many men misunderstand leadership as decision-making alone.

But leadership begins long before decisions are required.

An incredible husband initiates:
Prayer—even when it feels awkward
Conversation—even when it's uncomfortable
Connection—even when he's tired
Repair—when something breaks

You don't wait for your wife to ask for leadership.

You offer it through presence, direction, and care.

"If anyone wants to be first, he must be the very last, and the servant of all."
—Mark 9:35

That doesn't make you weak.
It makes you trusted.

Headship Not Dictatorship

Some men quietly believe headship means: "My schedule matters more." "My job is more important." "My stress is heavier." That belief poisons intimacy.

Scripture calls husbands and wives co-heirs of grace. "Show her honor... since they are heirs with you of the grace of life." —1 Peter 3:7

Headship does not elevate you above your wife. It places you beneath the weight of responsibility to help her flourish.

Think of it this way: **A man is like soil.** If the soil is toxic, nothing grows. If the soil is healthy, everything flourishes. Your job is not to overshadow your wife. Your job is to create the conditions where she can thrive.

What Headship Looks Like Practically

Headship shows up in ordinary moments:

Listening without interrupting
Taking responsibility instead of assigning blame
Owning mistakes quickly
Protecting time, rest, and peace
Leading spiritually—even imperfectly

You don't have to lead flawlessly.
You just have to lead honestly.

"Not domineering over those in your charge, but being examples to the flock."

—1 Peter 5:3

Example always outweighs instruction.





THE FRUIT OF HEADSHIP

When headship is lived out biblically:
Your wife feels safe, not managed
Your children feel secure, not controlled
Your home feels anchored, not anxious

Strength expressed through servanthood produces trust.
Trust produces influence.
And influence produces transformation.

You don't need to demand respect.
You earn it by how you love.

Reflection & Response

Choose one area this week to lead first:

- Initiate prayer
- Initiate a hard conversation
- Initiate rest
- Initiate repair after conflict

Then say this out loud:

“God, teach me to lead like Jesus—
with humility, courage, and love.
Make me strong enough to serve.”

Because the strongest men don't demand submission.
They create safety.

And safety is the foundation of love.

Loving First — Especially When It's Hard

SECTION 4

Most men love when it's easy. When affection is returned. When respect is obvious. When gratitude is expressed. When peace fills the room.

But biblical love doesn't start there. Biblical love starts first.

"We love because He first loved us." —1 John 4:19

If you want to love like Jesus, you don't wait for ideal conditions. You love into broken ones.

LOVE IS AN INITIATING FORCE

Jesus did not love us when we were at our best. He loved us when we were at our worst.

"But God shows His love for us in that while we were still sinners, Christ died for us." —Romans 5:8

He didn't wait for repentance. He didn't wait for understanding. He didn't wait for gratitude. He moved first.

That is the model for marriage. An incredible husband does not love reactively. He loves decisively.



A MAN GOES FIRST AGAIN

This is where many marriages break down.

Men wait:

"I'll soften when she does."

"I'll pursue when she responds."

"I'll change when I feel respected."

But Jesus never waited for the Church to get it right. He loved first. He gave first. He sacrificed first.

Loving first doesn't mean ignoring wisdom.

It means refusing to let pride dictate behavior.

"Husbands, love your wives, and do not be harsh with them." —
Colossians 3:19

Harshness often shows up when love becomes conditional.

LOVE IS NOT A REWARD SYSTEM

Some men unconsciously treat love like leverage. "I'll show up if you meet my needs." "I'll pursue if you appreciate it." "I'll soften if you deserve it."

That's not love. That's negotiation. **Jesus didn't negotiate with us. He gave Himself.** Love that waits to be earned is not love—it's control.

"Love does not insist on its own way." —
1 Corinthians 13:5

Loving at Her Worst Reveals Who You Are

Anyone can love a joyful, responsive, emotionally regulated wife.
But loving when:

She's **tired**

She's **overwhelmed**

She's **distant**

She's **emotional**

She's hurt — that reveals your formation.

Loving first does not mean accepting abuse. It means choosing maturity over reactivity. It means:

Listening when you want to defend

Staying present when you want to withdraw

Speaking gently when you feel misunderstood

"A gentle answer turns away wrath." —Proverbs 15:1

Gentleness is not weakness. It is strength under control.



The Lie Men Believe

Here's the lie many men carry: **"If I love first, I'll lose power."** The truth is the opposite.

When a man loves first—consistently, humbly, and securely—his wife rises on accident to meet him at a level she could never sustain on purpose.

Love creates safety. Safety creates trust. Trust creates intimacy.

This is why Scripture says: "Husbands, live with your wives in an understanding way..." —1 Peter 3:7

Understanding precedes leadership.
Empathy precedes influence.



LOVE IS A DAILY CHOICE

Love is not a feeling you wait for. It is a discipline you practice. Daily love looks like: Choosing patience when you feel ignored Choosing kindness when you feel disrespected Choosing pursuit when you feel tired.

“Let us not love in word or talk but in deed and in truth.”
—1 John 3:18

Love expressed only in words becomes hollow. Love expressed through action builds trust.

LOVING FIRST CHANGES THE ATMOSPHERE

When a husband loves first:

- Defensiveness decreases
- Walls come down
- Softness returns

Love doesn't force change. It invites it.

And even if your wife never responds the way you hope, you are still called to love like Christ. Because love is not about outcome. It's about obedience.

A Final Measure of Love

When Scripture defines love, it doesn't describe emotion.

It describes formation.

Not how love feels—but how it behaves under pressure.

Not how love responds when it's reciprocated—but how it endures when it's not.

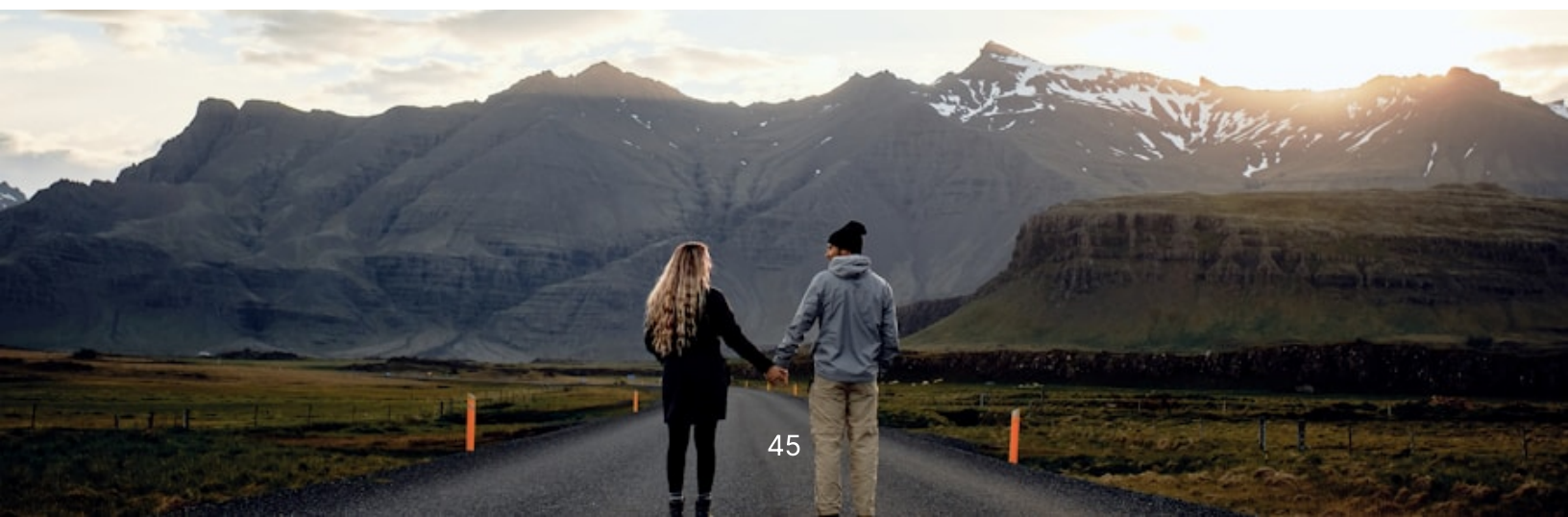
The apostle Paul gives us the clearest picture of love—not as poetry, but as practice:

“Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not

rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things. Love never fails.” —1 Corinthians 13:4–8

This is not passive love.

This is strong love.



**Patient when it would be easier
to withdraw. Kind when it
would be easier to be sharp.
Humble when it would be
easier to be right. Enduring
when it would be easier to quit.**

This is the love Jesus has shown you. And this is the love you are called to give. Not perfectly. But faithfully. Not occasionally. But consistently. Because incredible husbands are not defined by moments. They are defined by patterns of love that endure. And love like this—love that goes first, love that stays, love that sacrifices—always leaves a mark.



Reflection & Response

Slow down. Sit with this.

1. When my wife is at her worst, how do I typically respond—withdrawal, defensiveness, frustration, or presence?
2. Where have I been waiting for her to change before I'm willing to love fully?
3. What does "loving first" practically look like in my marriage right now?
4. If Jesus loved me the way I sometimes love my wife, how would that feel?

Be honest.

This isn't about guilt—it's about growth.

Action Step

Choose one intentional act of love this week that does not depend on her response:

- A thoughtful note
- A sincere apology
- Undivided attention
- A gentle conversation
- A quiet act of service

Then say this out loud:

"Jesus, teach me to love like You—
first, freely, and without conditions."

Because love that waits rarely heals.
But love that goes first changes everything.

Guarding the Covenant — Purity, Power, and the War for the Family

SECTION 5



Every generation faces a battle for the soul of its families.

This one is no different.

But the weapons have changed.

What once came through persecution now comes through pleasure. What once came through force now comes through private compromise.

Pornography is not merely a personal struggle. It is a strategic weapon aimed at men, marriages, and families. And it has been used before.

THE ANCIENT STRATEGY OF DEMORALIZATION

Throughout history, civilizations have collapsed in the same order:

First, they are **demoralized**. Then they are **destabilized**. Then they **fall**.

Babylon.

Greece.

Rome.

Sodom and Gomorrah.

Even Israel.

Sexual disorder always preceded social collapse. Why?

Because when men lose moral clarity, they lose courage. When families weaken, societies fracture. And when restraint disappears, people become easy to control.





This pattern is not accidental.

Marxist and communist ideologies have long understood this truth:

Strong fathers create strong homes. Strong homes resist control.

So the strategy is simple:

- Separate sex from covenant
- Normalize pornography
- Ridicule masculinity
- Undermine marriage
- Silence fathers

Once men are weakened, cultures are reshaped.

This is not just political. It is spiritual.

"The thief comes only to steal and kill and destroy." —John 10:10

To overthrow a nation, you must first demoralize its men and dismantle its families. The enemy has always targeted the same thing:

Identity.
Order.
Family.

Pornography Is Not Freedom — It Is a Prison

Pornography has been used throughout history to pacify men and collapse civilizations.

And the fruit is undeniable:

Marriage rates declining
Divorce rates rising
Men disconnected
Families fractured

This is not because men are worse. It's because the attack is stronger.

Pornography hijacks the brain's dopamine system. It trains men to pursue novelty instead of intimacy. Fantasy instead of faithfulness. Release instead of relationship.

Over time:
Empathy decreases
Desire becomes distorted
Presence weakens
Shame grows
Secrecy takes root

And numb men do not lead well.

“Stolen water is sweet,
and bread eaten in secret is pleasant.
But he does not know that the dead are
there...” —Proverbs 9:17–18

Porn always promises. Porn never delivers.

It promises pleasure but produces **passivity.**

It promises intimacy but delivers **isolation.**

It promises escape but creates **addiction.**

Today, it is more accessible,
more aggressive, and more addictive
than ever.

We are living in the most porn-saturated
culture in human history.

THE COST TO YOUR MARRIAGE

Porn does not stay private. *It leaks.*

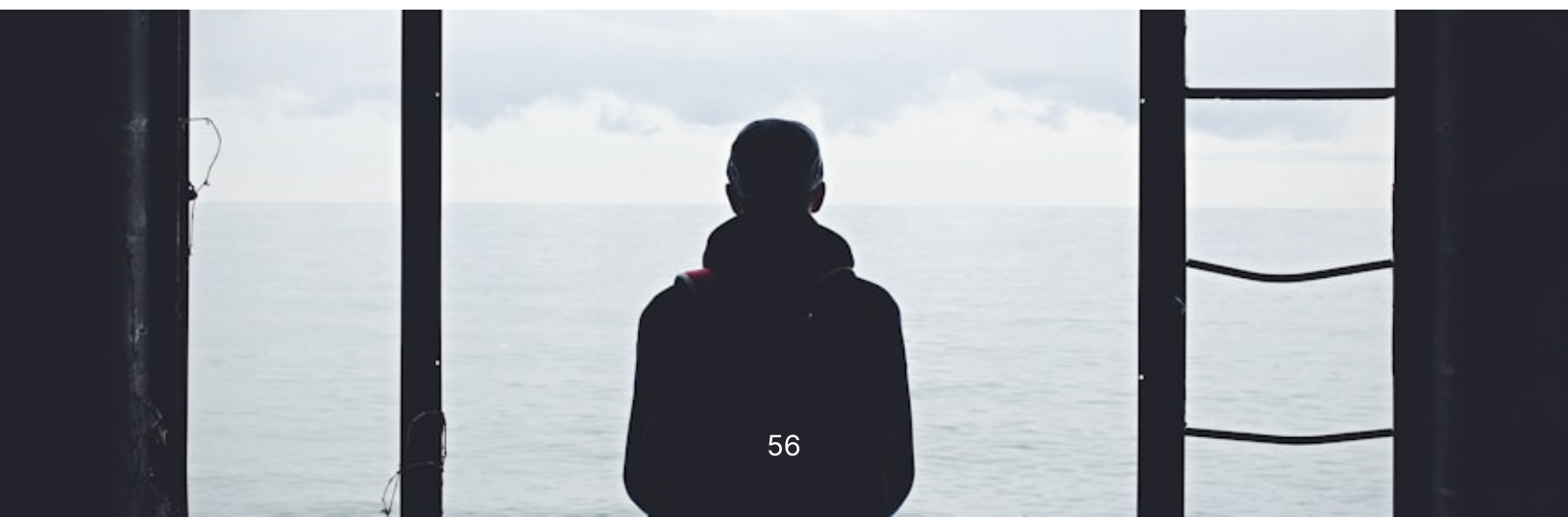
It shapes how you see your wife.
How patient you are.
How safe she feels.
How present you show up.

Marriage thrives on presence.
Porn trains absence.

“Let marriage be held in honor among all, and let the marriage bed be undefiled.” —Hebrews 13:4

This is not about rules. It is about protection.

Your wife does not need a perfect man.
She needs a present one.





The Enemy's Goal Is Powerlessness

The enemy is not after your pleasure.
He is after your strength.

Pornography demoralizes men.
Demoralized men withdraw.
Withdrawn men avoid responsibility.
And societies led by passive men collapse.

It is painful to say—but America is walking the same road:
Rampant pornography
Confusion about gender
Mockery of marriage
Attack on fathers

This is not coincidence. It is pattern.

“When the foundations are destroyed, what can the righteous do?”
—Psalm 11:3

This Is Not a Message of Shame

It is a call to **awakening**.

You are not weak for struggling.
You are not disqualified for needing
help.

Shame does not produce holiness.
Grace does.

"There is therefore now no
condemnation for those who are in
Christ Jesus." —Romans 8:1

Purity is not about perfection.
It is about alignment.

And alignment restores strength.





Purity Is an Act of Spiritual Warfare

Choosing purity today is not prudish. It is rebellious—against darkness.

It is saying:

"My marriage is not for sale."

"My mind is not for rent."

"My family is not collateral damage."

"Submit yourselves therefore to God. Resist the devil, and he will flee from you." —James 4:7

The opposite of addiction is not willpower. It is light.

Healing begins where secrecy ends.

"But if we walk in the light, as He is in the light, we have fellowship with one another..." —1 John 1:7

If you need help—reach out. You are not alone. And you do not have to fight this battle in isolation.

What You Are Really Fighting For

This is not just about stopping something. It is about protecting someone.

Your wife.

Your covenant.

Your integrity.

Your ability to love deeply.

You are not suppressing desire. You are directing it.

Toward covenant.

Toward intimacy.

Toward life.

"Blessed are the pure in heart, for they shall see God."
—Matthew 5:8

And men who see clearly love better, lead better, and build families that last.

Reflection & Response

Slow down. Be honest.

1. Where do I turn for comfort, escape, or relief when I feel stressed or disconnected?
2. What role does secrecy play in my life—and what is it costing my marriage?
3. How has my private world shaped my presence at home?
4. What would real freedom look like—not just restraint, but restoration?

This is not about condemnation. It is about clarity.

Action Step

Choose one step toward the light this week:

- Confess to a trusted man
- Install accountability
- Set firm boundaries
- Reach out for help

Then say this out loud:

"God, I choose freedom over fantasy. Light over secrecy. Covenant over compromise."

Because the man who fights for purity is not a weak man.

Practical Disciplines of an Incredible Husband

SECTION 6

How Love Becomes Lived, Not Just Declared

Great marriages are not built on intention alone. They are built on disciplines.

Most men love their wives deeply. But love that is not practiced eventually weakens—no matter how sincere it feels.

An incredible husband does not rely on emotion to lead his marriage. He builds rhythms that carry love even when emotion is low.

“Let us not love with words or speech but with actions and in truth.” —1 John 3:18

Disciplines are not restrictions. They are structures that protect what matters most.



Discipline #1: Pray Together — Especially When You Don't Feel Like It

There is no greater stabilizer in a marriage than shared prayer.

Prayer does three things:
It invites God into the middle.
It softens hearts.
It dismantles pride.

Most couples don't stop praying together because they don't believe in prayer. They stop because they're busy, tired, offended, or disconnected.

That's exactly when prayer matters most.

"A cord of three strands is not quickly broken." —Ecclesiastes 4:12

Praying together doesn't have to be long. It has to be consistent.

Five minutes.
Holding hands.
Simple words.

If you don't have time to pray together, you are too busy.

Discipline #2: Date Night Is Non-Negotiable

Romance does not survive neglect. It must be scheduled.

An incredible husband does not wait for margin. He creates it.

Date night says:
"You are still my priority."
"I still choose you."
"I'm still pursuing you."

Put it on the calendar.
Protect it.
Treat it like an appointment that matters—because it does.

"Husbands, live with your wives in an understanding way."
—1 Peter 3:7

And when you're on the date:
Put the phone away.
Ask questions.
Listen without fixing.
Be present.

Your wife doesn't need solutions. She needs you.

Discipline #3: Lead Spiritually — Don't Outsource It

Spiritual leadership is not about preaching sermons at home. It's about initiative.

Leadership begins with going first.

"As for me and my house, we will serve the Lord." —
Joshua 24:15

If your wife sees you seeking God, she feels safer following you.

Spiritual passivity always costs the marriage more than the man realizes.

Initiate prayer.
Initiate church.
Initiate repentance.
Initiate reconciliation.

Discipline #4: Choose Transparency Over Privacy

Privacy protects dignity.
Secrecy destroys trust.

An incredible husband lives
an open life:
Shared passwords.
Shared calendars.
Shared access.

Nothing hidden.
Nothing off-limits.
Nothing to protect.

"Whoever walks in integrity walks securely." —Proverbs 10:9

Trust does not come from promises.
It comes from patterns.

Transparency says:
"I have nothing to hide."
"I want you to feel safe."

Discipline #5: Speak Life — Daily and Specifically

Most men assume their wives “know” they’re loved.

Assumption is not leadership.

Your words shape the emotional climate of your home.

Speak appreciation.
Speak affirmation.
Speak gratitude—out loud.

“Death and life are in the power of the tongue.”
—Proverbs 18:21

Say things like:
“I’m grateful for you.”
“I see how hard you work.”
“I love who you are.”
“I choose you.”

These words never get old.
They anchor security.

Discipline #6: Repent Quickly — Pride Slowly Kills Intimacy

An incredible husband does not defend himself first.
He examines himself first.

Repentance is strength.
Apology is leadership.
Humility builds trust faster than perfection ever could.

"God opposes the proud but gives grace to the
humble." —James 4:6

Say:
"I was wrong."
"I'm sorry."
"Will you forgive me?"

And mean it.

A man goes first.

Discipline #7: Protect the Marriage Above Everything Else

Your job is important.
Your calling matters.
Your purpose is real.

But none of them outrank your covenant.

Ministry, career, ambition—none of them should ever become a mistress.

“For this reason a man will leave his father and mother and be united to his wife.”

—Genesis 2:24

Leaving means re-prioritizing.
Cleaving means protecting.

Your wife should never have to compete with what you do.

Reflection & Response

Slow down. Let this land.

1. Which of these disciplines am I strongest in—and which have I been neglecting?
2. Where have I relied on intention instead of structure in my marriage?
3. What would change if I treated my marriage as my most important leadership assignment?
4. What discipline, if practiced consistently, would most strengthen my wife's sense of safety and security?

Action Step

Choose two disciplines from this section and make them non-negotiable for the next 30 days:

- Daily prayer together
- Weekly date night
- Spiritual initiative
- Full transparency
- Daily verbal affirmation
- Quick repentance

Put them on the calendar.
Tell your wife your intention.
Invite accountability.

Then say this out loud:

"God, help me love my wife the way You love me—
with consistency, courage, and sacrifice."

Because incredible husbands are not formed by
inspiration. They are formed by faithful discipline.



She Is a Daughter of the King — Not Just Your Wife

SECTION 7



Before She Was Ever Your Wife, She Was His Daughter

Before you made vows,
before you built a life together,
before you shared a name, a home, or children—
she belonged to God.

This is not poetic language. It is theological reality.

When God entrusted your wife to you, He did not transfer ownership. He entrusted care.

"She is more precious than jewels, and nothing you desire can compare with her." —Proverbs 3:15

An incredible husband understands this:
You are not her source. You are her steward.





Stewardship Changes Everything

When a man forgets who his wife ultimately belongs to,
he becomes careless with her heart.

But when a man remembers that his wife is a daughter of the King,
his posture changes.

He leads with reverence.
He corrects with gentleness.
He speaks with restraint.
He protects with courage.

You don't own her.
You serve her—on behalf of the One who loves her perfectly.

"Husbands, love your wives, as Christ loved the church and gave Himself up for her."
—Ephesians 5:25

Jesus did not dominate the church.
He laid His life down for her.



The Weight of Trust

Think about this honestly:
Jesus trusted you with
His daughter.

Not because you are
perfect. But because you
were called.

That should sober every
man.

How you speak to her
matters.

How you touch her
matters.

How you listen—or don't

—matters.

How you respond when
you're tired, stressed, or
offended matters.

Because you are not just
interacting with a spouse.
You are interacting with
someone God loves
deeply.

"Whoever loves has been
born of God and knows
God." —1 John 4:7

ARE YOU CARING FOR HER JESUS WOULD?

This is a question every husband must wrestle with—not once, but often:

Am I loving her the way Jesus would love her if He were standing in my place?

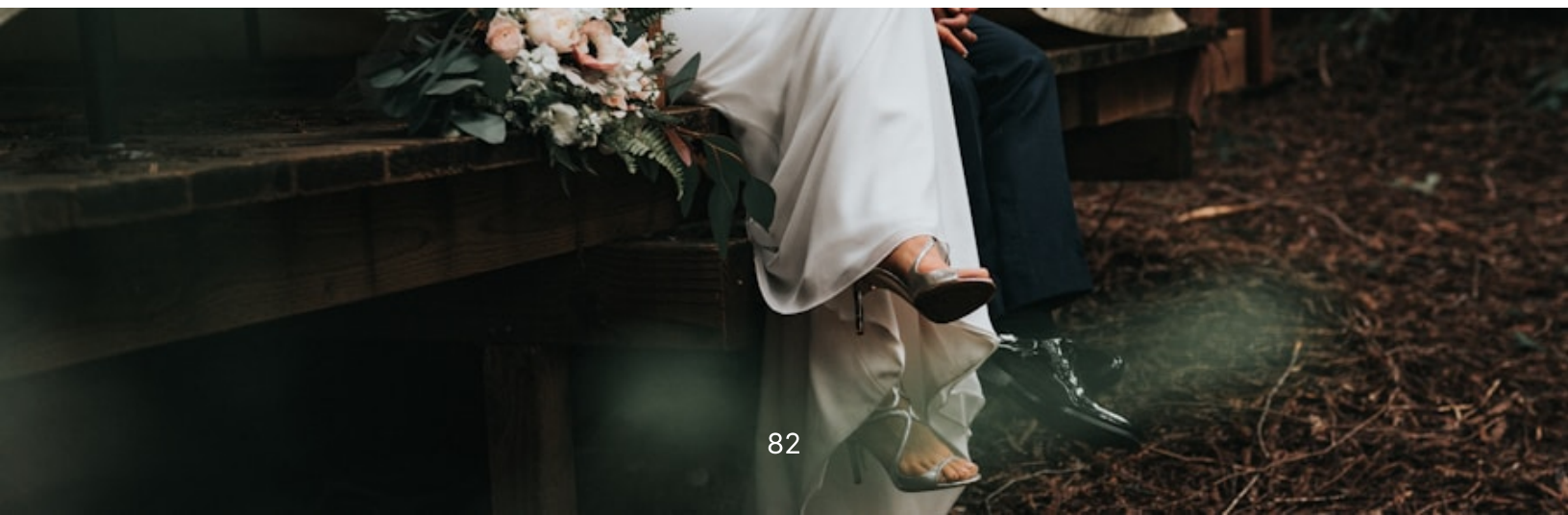
Would Jesus:
Belittle her?
Ignore her?
Withhold affection?
Use silence as punishment?
Be harsh with her weakness?

No.

Jesus is:
Patient
Gentle
Present
Protective
Faithful

“Take My yoke upon you and learn from Me, for I am gentle and humble in heart.” —
Matthew 11:29

Strength in the Kingdom is never harsh. It is gentle and controlled.





HONOR IS NOT OPTIONAL

Honor is not something a wife earns. It is something a husband gives.

“Show honor to the woman as the weaker vessel, since they are heirs with you of the grace of life.” —1 Peter 3:7

“Weaker” does not mean less valuable. It means precious—like fine china, not a disposable cup.

You don’t treat what’s precious casually.

When You Miss It (And You Will)

You will fail.
You will misunderstand.
You will speak too quickly.
You will choose yourself at times.

But what you do next matters.

An incredible husband repents quickly.
He softens fast.
He returns to humility.

A man goes first.

Just like Jesus did.

"We love because He first loved us." —1
John 4:19

That does not disqualify you.

Reflection & Response

Slow down. Let this settle.

1. Do I see my wife primarily as someone who belongs to me—or someone entrusted to me by God?
2. How would my tone, patience, or leadership change if I truly remembered she is a daughter of the King?
3. Where have I handled her heart casually instead of reverently?
4. If Jesus reviewed how I've cared for His daughter, what would He affirm—and what would He ask me to change?

Action Step

Write a private prayer of recommitment for your wife.

- Acknowledge God's trust.
- Repent where needed.
- Ask for grace to love her well.

Then choose one tangible way this week to honor her as a daughter of the King:

- Speak affirmation publicly
- Create margin just for her
- Protect her rest
- Defend her emotionally
- Pursue her intentionally

Then say this out loud:

"Jesus, thank You for trusting me with Your daughter. Teach me to love her the way You would—with honor, patience, strength, and grace."

Because when a man understands who his wife truly is, he becomes the kind of husband she was created to flourish under.

CONCLUSION

The Call to Become an Incredible Husband

Being an incredible husband is not about mastering techniques. It's about becoming a man who is formed, surrendered, and led by God. That is the model.

An incredible husband does not love conditionally. He does not love selectively. He does not love only when it's convenient or reciprocated.

He loves covenantally. Because covenant love says: "I'm here. I'm staying. I'm responsible."

This journey is not for perfect men.
It's for humble men.
Men who are willing to go first.
First to repent.
First to listen.
First to sacrifice.
First to love.

Jesus did not wait for us to get it right before He loved us. He loved us while we were still sinners. He gave Himself fully, holding nothing back. "But God shows His love for us in that while we were still sinners, Christ died for us." —Romans 5:8



The World Is Watching— But Your Wife Is Living With You

Culture is confused about masculinity. The world is attempting to redefine men by diminishing them. Pornography promises pleasure but delivers bondage. Ideologies promise freedom but produce fatherlessness, broken homes, and disoriented sons and daughters. But God's design has never changed.

Strong men build strong marriages.
Strong marriages build strong families.
Strong families build resilient communities.

And it all starts in the home.

Not with dominance.
Not with control.
But with love that lays itself down.

"Greater love has no one than this, that someone lay down his life for his friends." —John 15:13

This Is Not a Finish Line—It's a Way of Life

You don't "arrive" as a great husband.
You practice becoming one.

Daily surrender.
Daily pursuit.
Daily repentance.
Daily presence.

Some days you'll get it right.
Some days you won't.

But an incredible husband
doesn't quit when he fails.
He returns.

He rebuilds.
He recommits.

And over time, faithfulness does
what talent never could.

"Let us not grow weary of doing
good, for in due season we will
reap, if we do not give up."
—Galatians 6:9





A Final Charge to Men

If you are not married yet—
become the man worthy of the
woman you hope to love.

If you are married—
become the man your wife feels
safe growing alongside.

If your marriage is strong—
protect it fiercely.

If it is strained—
lead humbly and love first.

God has not called you to be
passive.
He has called you to be present.

He has not called you to be
perfect.
He has called you to be faithful.

And He has not left you without
help.

“Apart from Me you can do
nothing.”
—John 15:5



Final Prayer

Father God,
Thank You for the calling of marriage. Thank You for trusting us with the hearts of our wives. Teach us to love as You love. To lead as You lead. To serve as You served.

Heal what is broken in us. Strengthen what is weak. And form us into men who reflect Your heart.

Make us incredible husbands—not for our glory, but for the good of our wives, the security of our families, and the honor of Your name.

Amen.

**You don't become an
incredible husband
someday. You
become one one
decision at a time.**

**Love first. Go first.
Stay faithful.**

Because covenant love—lived consistently—
changes everything.



Encouragement for Ongoing Growth and Community

You've begun a journey—perhaps for the first time, perhaps in a fresh way—toward a deeper, more incredible relationship with God. This relationship is a living, growing connection. Just as with any relationship, there will be highs and lows, easy days and difficult ones.

Don't walk alone. Surround yourself with others who are also pursuing God. Healthy community provides encouragement, accountability, and wisdom. We grow best together—sharing victories, bearing burdens, and praying for one another.

Stay engaged in the daily disciplines. There will be days you feel distant or distracted, but persistent time in prayer, worship, and the Word will keep your relationship with God vibrant and fresh.

Celebrate progress, not perfection. Growth is measured not in leaps, but in faithful steps over time. God delights in your desire to know Him and promises to finish the good work He has started in you.

Be open to new adventures with God. The more you trust Him, the more you will see Him leading, providing, and surprising you—often in ways you could never imagine.

"The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness." Lamentations 3:22-23

Final Call to Action

Whatever your story, wherever you find yourself today, remember this: God is closer than you think, loves you more than you imagine, and desires relationship above all else. Keep seeking, keep asking, keep trusting. Your life will be a testimony to the power and beauty of knowing God.

Thank you for allowing this book to be part of your journey. Now—take the next step toward an incredible relationship with God!



Stay Connected

If you've made it this far—well done.

You've taken a step that most men never do. You've invested in your soul. You've chosen growth over comfort, and that's what makes you *incredible*.

I'm proud of you.

Remember—being an Incredible Man isn't about perfection. It's about showing up, leading with integrity, and pursuing the man God created you to be. The road is long, but you don't have to walk it alone.

You can stay connected with me and the movement at **IncredibleMan.org** — where men like you are growing stronger in faith, leadership, health, and purpose. Join our community, get coaching, receive weekly encouragement, and keep building a life that's rooted in God and driven by purpose.

I'm honored to walk this journey with you.

With you in the fight,

Pastor Dustin Sample
Founder, *Incredible Man*