

### **Ingredients:**

**Filling:** Chickpeas, potatoes, water, canola oil, bleached enriched flour (wheat flour, niacin, reduced iron, ascorbic acid [added as a dough conditioner], thiamin mononitrate, riboflavin, enzyme, folic acid), chaat masala (salt, dry mango powder, ginger, asafoetida, cumin, coriander, and other seeds & spices), coriander leaves, green chili, salt, coriander powder, red chili powder, cumin seeds, amchur powder.

**Pastry:** Unbleached enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, vegetable oils (canola, modified palm, palm kernel), salt, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate), mono and diglycerides, fumaric acid (acidulant), potassium sorbate (preservative), sodium propionate (preservative), cellulose gum, guar gum, xanthan gum, L-cysteine.

Frying oil: High oleic canola oil (canola oil, TBHQ [to preserve freshness]).

**Contains:** Wheat

May contain: Milk, tree nut



# Zesty. Crisp. Bursting with personality.



#### **Heating Instructions**

- Ensure the product internal temperature reaches 165°F (74°C).
- Appliances vary; adjust time and temperature as needed.

#### In Microwave



- Heat defrosted kathi roll for approximately 30-60 sec.
- Remove microwave and let stand for 1-2 minutes before serving. Time may vary according to microwave.

#### In Oven



- Preheat oven to 375°F(190°C).
- Place defrosted kathi roll on a foil or parchment paper lined baking sheet, bake for approximately 6-7 minutes
- Remove from oven and let stand for 1-2 minutes before serving.

#### **In Air Fryer**

- Place defrosted kathi roll in air fryer at 375°F (190°C) for approximately 5-7 minutes
- Remove air fryer and let stand for 1-2 minutes before serving.

## Mara's Chaat Kathi Roll

A playful fusion of tangy chutneys, crisp veggies, and signature spices -all wrapped in a freshly made pastry. It's bold, vibrant, and full of street-style charm, brought together in one satisfying roll. Handcrafted to bring joy with every

#### **PRODUCT OF CANADA**

#### **Nutrition Facts**

48 servings per container

Amount per serving  Calories	450
% D	aily Value *
Total Fat 13g	17%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 65g	24%
Dietary Fiber 16g	57%
Total Sugars 10g Includes 0g Added Sugars	s <b>0</b> %
Protein 18g	
Vitamin D 0mcg	0%
Calcium 110mg	8%
Iron 6mg	33%
Potassium 940mg	20%

The % Daily Value (DV) tells you how

much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a

day is used for general nutrition advice.

**Packaging** 48x .64lb (0.35 lb)

> **Case Net Weight** 16.8 lb

**Case Gross Weight** 

17.8 lb

**Case Dimension** 17.75"X13.25"X6.25"

> **Case Cube** 0.85

Pallet:(TixHi)

8X9=72

Height

61.75"

#### **Shelf Life from Production**

1 year from production date: (0°F/-18°C) 5 Days after thawing. refigerated (40°F/4°C)

US UPC: 8 13693 00537 1 US SCC: 10 813693 00537 8





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