

Wesley Willows Lifestyle Guide

# Welcome to...

Extraordinary Senior Living

Spacious and welcoming duplex homes, suites, and apartments...

Exceptional amenities throughout the community...

Health services to support you into the future...

Where neighbors and staff soon become good friends...

# Welcome to Wesley Willows.

# Wesley Willows...

is the only accredited continuing care retirement community in Rockford, Illinois, offering the full continuum of retirement living, services, and health care all on one campus. Residents enjoy an active and enriching life and have the assurance of a lifetime guarantee of care.



# Willow Ridge Homes and Willows Suites

**Exceptional Carefree Living** 

Willow Ridge Homes are spacious duplex homes designed for active adults, age 55+, who wish to live in a private home and still enjoy the conveniences and security of a senior living community. Homes are available in several spacious floor plans with options for customization.



Willows Suites are the newest and largest one and two

bedroom apartments in the area. Each suite has a full kitchen, washer and dryer, balcony or patio, and access to heated underground parking. Willows Suites are connected directly to our beautiful Castle Town Center, which is sure to be a delight in convenience.

Both Willow Ridge Homes and Willows Suites are complete with all interior and exterior maintenance provided, including lawn care and snow removal. Scheduled transportation, house-keeping, and an emergency call system are also available. Health and personal care services can be provided in your home or suite, as individually needed.

# **Castle Town Center**

The Heart of Life at Wesley Willows

The Castle Town Center is the heart of life at Wesley Willows! It is the perfect setting to enjoy an active, healthy lifestyle. A whole "city" of conveniences is located within the Castle Town Center, including The Bistro with chefprepared meals, full-service salon, auditorium, library/media



center, game room, art center, and gift shop. The Castle Town Center is designed for health and wellness and includes an aquatic center with swimming pools and spa, walking/running track, and fitness center with full-time professional trainers to maintain optimum health.









# **Willows Arbor**

#### **Assisted Living Apartments**

Lovely apartments offer a carefree lifestyle with support if you need it. Weekly housekeeping, laundry services, emergency response, and all utilities, plus telephone, are included. Three chef-prepared meals are served daily in the Henry C. Arndt Dining Room. Welcoming lounges, game room, media center/library, fitness center, billiards room, and woodshop are all amenities you are sure to enjoy in Willows Arbor. Nursing and supportive services are available on an interim or ongoing basis as needed.

#### **Hunt Terrace**

#### Personal Care and Services

When you need a little extra help, *Hunt Terrace* is here for support. Residents enjoy private apartments, three delicious meals daily, and life enrichment activities throughout the week. You or your loved one will have the assurance that on-site nursing staff can deliver medication assistance, therapies, wellness monitoring, and individualized personal care 24 hours every day.

## Willows Health & Rehab Center

## Comprehensive Skilled Nursing Care

Willows Health & Rehab Center is a Medicare-certified, comprehensive skilled care center with 24-hour staff that includes licensed, registered, and practical nurses; certified nursing assistants; physical, speech, and occupational therapists; registered dietician; activities staff; and other specially trained professionals. The rehabilitation center features the newest technologies, therapies, and the latest modalities to return individuals to their highest level of independence.

#### Kirk's Place

#### Person-Centered Memory Care

Designed for the resident needing memory care, *Kirk's Place* provides a reassuring, flexible, and haven for persons with Alzheimer's disease or other forms of memory loss. A highly trained, caring staff provides specialized care in a home-like setting to encourage a sense of well-being and promote individual worth through meaningful programming and interaction.



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Wesley Willows, a nonprofit organization, has been making a difference in the lives of seniors since 1966. Our local governing board of community and business professionals helps Wesley Willows fulfill its mission.