



Decision Guide

You have many factors to consider when deciding to move to a Senior Living Community. This guide provides a helpful overview of the options and services provided at Wesley Willows and Peterson Meadows.



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Helping Shape the Life You Want

For many, making a decision about Senior Living can seem overwhelming, but it doesn't need to be. At Wesley Willows and Peterson Meadows, our professional team has helped families find the right Senior Living lifestyle for over 50 years. Our well-rounded team is here to meet with you to understand what is important to you and your family as you consider what's next for you or your loved one.

Wesley Willows is a Continuing Care Retirement Community (CCRC) offering numerous lifestyles, including Independent Living, Assisted Living, Personal Care, Memory Care options, Skilled Nursing Care, and Medicare Certified Rehab. Wesley Willows offers a Lifetime Guarantee of Care should someone's financial resources be exhausted or they need a higher level of care.

Peterson Meadows is an Independent Living community with homes and apartments. Should someone's needs change over the years, in-home care is available, or we will help provide resources for a different lifestyle.

Independent Living

There's something to be said about being free from the responsibilities of home ownership while still enjoying an independent lifestyle. Whether you choose upscale apartment living or a contemporary home, you'll find amenities and floor plan choices to suit your needs. Family, friends, and pets are always welcome, and your security and peace of mind are assured.

Our Independent Living options allow residents to remain independent while care and maintenance are provided for them, including housekeeping, lawn care, snow removal, dining options, and social activities. Independent Living also offers amenities like fitness and aquatic centers; community gathering spaces; onsite services, such as salons and gift shops; and events and outings on and off campus.

Wesley Willows Independent Living options include our Willows Ridge Homes and Willows Suites. The Peterson Meadows campus offers Single-Family and Duplex Homes as well as Apartments.



Assisted Living



Assisted Living supports residents in their independence while providing services as needed. Assisted Living Communities provide a wide range of care, which may include help with bathing, medications, grooming, laundry, meals, and more. Assisted Living Communities have licensed nurses and other health care staff on site at all times.

For residents who require additional care, Assisted Living offers the same level of engagement as Independent Living. We approach resident care with compassion, confidence, and clinical expertise. We engage in key partnerships with professionals who specialize in comprehensive care for Seniors. Our approach to care meets the changing needs and individual preferences of our residents and exceeds the expectations of their families.

Skilled Nursing and Memory Care

For those with more complex health needs, skilled nursing or memory care programs support daily living and health care. Skilled Nursing Facilities are designed, equipped, and staffed to meet the complex needs of residents. Friendly staff are available 24 hours a day to provide personal care, meals, regular health care visits, housekeeping, and other essential services. Our Medical Director, Licensed Nurses, and other medical staff oversee the health and safety of residents while Life Enrichment staff ensure a consistent and full schedule of activities and experiences. Residents who require more personalized attention, like those living with dementia, benefit from a community with staff who specialize in Memory or Alzheimer's Care.

Our approach is defined by our belief that, above all, Wesley Willows residents deserve care and respect. We use specialized training to achieve our specific approach encouraging the highest possible quality of life. Extra attention is given to ensure residents get the most out of their days.



Home Care

Home care options include a broad array of health and personal care services, which can be provided to Seniors in their homes. Services may include companionship, running errands, or assistance with daily living activities. We have partnered with a local in-home care provider should you want additional services.



Rehabilitation Services

Whether your family member needs long term care or just a few weeks of physical, occupational, and/or speech therapy, our Health and Rehab Center is available.

Rehabilitation services, often covered by Medicare, help Seniors recover after a serious illness, surgery, or hospital stay. Generally, the goal of a rehabilitation unit is to help residents return to their regular lifestyle as quickly as possible. Rehabilitation units vary dramatically in skilled and licensed therapists, equipment, and services provided. Wesley Willows offers inpatient and outpatient rehab onsite for residents and non-residents.

Financial Considerations

Most Seniors want to conserve their finances while still enjoying a high quality of life and the promise of a secure future. As a Continuing Care Retirement Community (CCRC), Wesley Willows offers multiple community options and a host of program and service options for many budgets. As we understand your interests, needs, and financial considerations, we can recommend the best options to meet your desired lifestyle now and in the future.

Wesley Willows would be happy to help you understand the financial considerations and options regarding entrance fees and monthly fees. We can help you compare the cost of living in one of our communities to the cost of living in your current home or another senior living community. We're confident you'll find Wesley Willows and Peterson Meadows to be an excellent value and surprisingly affordable.

Wesley Willows can also provide appropriate financial information to help prospective residents understand our financial strength. [Click here to view](#) our annual report, which includes our audited financial statement.



Making the Transition

To make the transition easier, we offer a variety of services, including:

- Professionals on staff to help with the overwhelming task of right-sizing
- Partnerships with local moving companies who specialize in packing and moving services
- A Real Estate partnership with Berkshire Hathaway Home Services to alleviate the burden of selling your home
- Estate Sale resources

All these services are designed to make the transition less stressful, allowing you or your loved one to focus on the excitement of becoming a resident at one of our vibrant communities.



Having the Conversation with Family

Bringing up the conversation about moving to a Senior Living community is sometimes difficult to do. It can be hard for children and other family members who have fond childhood memories attached to a home. You'll want their support, and they will need your help to deal with the change.

Be candid in sharing your hopes and wishes for this next phase of life. Share why you want to move, whether it's for future planning, social opportunities, or health concerns. Offer the opportunity to tour one of our campuses with you. Seeing our communities first hand and talking to our residents will go a long way in reassuring your family



that you are making a wise decision. Meeting our professional staff can add to their confidence in your long-term plan. Ultimately, they will see what you see—that Active Senior Living is about making new memories for you and your family.

Our Senior Living Counselors are available to help guide you through the conversation. They are experts trained in facilitating these conversations by listening to and understanding your circumstances. We encourage you to take advantage of their experience and support.



“My Mother and her partner have lived at Wesley Willows for close to 12 years. What an amazing community. Beautiful homes, great services, and a wonderful place to live. The Bistro has excellent, reasonably priced food served by friendly and competent people.

I enjoy visiting my Mother and want to say a big ‘THANK YOU’ to everyone who works at Wesley Willows and makes my Mom's life better.”

- Michael Stajdohar



Safe and Secure Environment

Located in Rockford, Illinois, Wesley Willows is the only accredited Senior Living Community with a full continuum of Senior Housing and Senior Healthcare services on one campus. Our extraordinary Senior Living options empower residents to enjoy a life enriched with programs and services in a community designed to meet individual needs. Residents live in a safe and secure environment where they can remain active and independent. Our communities include two campuses, each with unique Senior Living options.

