



2026-2027 Wellness Discount

Associates enrolled in a Sage Medical plan are eligible to receive a \$60/month discount on their Medical premiums by completing the annual wellness requirements outlined below. This program encourages preventive care and supports overall well-being.

2026 If you are receiving the discount as of Dec. 1, 2025, you will receive it in 2026

- If you are not currently receiving the \$60 per month wellness discount and want it applied in 2026, you must register for and complete the Amaze video module by December 1, 2025. You can download the Amaze Health app or contact them directly for assistance at 720-577-5251.
- New hires in 2026 (and those hired in November or December 2025) and associates who become newly eligible (for example, moving from part-time to full-time) will automatically receive the wellness rate for 2026.

2027 Complete your annual physical in 2026 to qualify for the 2027 wellness discount

- If your hire date is before September 1, 2026, you must complete your annual physical by October 1, 2026.
- If you're hired between September 1 and December 31, 2026, you'll automatically receive the wellness rate for 2027, but you must complete a physical by March 31, 2027 to maintain that discount.

Once your physical is completed and your verification information is submitted, please allow time for administrative processing. You'll then see a \$30 reduction in your Medical premiums per paycheck—or \$15 if paid weekly—for a total monthly savings of \$60.

Why are annual physical exams important?

- ♥ They're covered at 100% with no cost to you or your covered spouse/dependents
- ♥ They help you stay on top of your health with routine screenings and lab work
- ♥ They can catch potential health issues early, when they're most treatable
- ♥ Build a new or stronger relationship with your primary care provider
- ♥ Access personalized advice on nutrition, exercise, and lifestyle habits

Frequently Asked Questions (FAQs):

Q: Do I have to pay for my annual physical exam?

A: No. Preventive care, including annual physicals, is covered at 100% for you and your covered dependents.

Q: Does my physical need to be exactly 12 months from my last one? What if I usually get it during November/December?

A: No. For incentive purposes, your physical can be completed any time during the calendar year regardless of when your last physical was provided. We ask that it is completed between 1/1/26 and 10/31/26 to allow time for Sage to receive reporting from the medical carrier and your medical deduction will automatically be updated to reflect reduced wellness rates once this is received. Your doctor's office may tell you that you're not due for one, but you can still request one per year regardless of when you saw them in the year prior.

Q: How long will it take to receive my discount after my physical?

A: Timing may vary. We must wait for your Explanation of Benefits (EOB) to post (when your provider submits the service for billing to the carrier) and for confirmation from our medical carrier before your medical deduction will update to wellness rates in payroll. Please allow for administrative delays.

Q: Can I still use Amaze Health for 2026?

A: Amaze Health will no longer be provided through Sage as of January 1st, 2026. If you have been using Amaze, you'll receive a 60-day grace period to ensure you are not left without access to care. After that period, you'll see a pop-up in the app with the option to continue your Amaze membership directly for \$34.99 per month.

PRO TIP: Best Practice for Scheduling Your Annual Physical

When booking your physical, be sure to let your provider know you are scheduling a wellness/annual preventive exam. This visit is meant for preventive care only. If you bring up new health concerns during the same appointment, your provider may bill it as a separate office visit, which could result in additional costs—especially if you are on a High Deductible Health Plan (HDHP).

👉 To avoid unexpected charges, we recommend keeping your preventive exam focused on routine screenings and wellness care.

