

WHATSAPP COMPLIANCE

How to not get
banned from Meta



Chatping

Everything You Need to Know to Avoid Bans, Stay Approved, and Win on WhatsApp

Why Compliance Matters

WhatsApp is powerful – but heavily regulated.




If you don't follow the rules, you risk:

- Getting templates rejected
- Having your number flagged or banned
- Losing access to your audience

⚠ But don't worry, with Chatping, staying compliant is easy (when you follow the basics).

Understanding WhatsApp Business Policy.

➤ Here's what you can do:

-  Send personalized updates, order info, booking reminders, offers
-  Use interactive buttons, images, and payment links
-  Re-engage customers who opted in to receive messages

➤ And what you can't:

-  Spam users who didn't opt in
-  Send low-quality or misleading content
-  Use WhatsApp for cold outreach without consent
-  Promote illegal or restricted products (alcohol, crypto...)

Template Approval Rules

➤ WhatsApp (via Meta) must approve all message templates before you can use them in campaigns.

To get approved:

- ☒ Avoid spammy language
- ☒ Don't mention discounts without context
- ☒ Make your message clear, concise, and valuable
- ☒ Add sample values for variables (like [First Name])
- ☒ Avoid too many ALL CAPS or emojis

➤ **Approval usually takes 10–15 minutes via Chatping.**

Building an Opt-In Strategy

To legally message someone on WhatsApp, they must explicitly opt in.

Approved opt-in methods:

- ☒ Website pop-up or checkout box
- ☒ QR code at a physical event or store
- ☒ Social media call-to-action with consent form
- ☒ Message: "Reply YES to get updates on WhatsApp"

How to Avoid Getting Flagged or Banned

🚩 Red flags Meta watches for:

- High block rates
- Low engagement (no replies, no reads)
- Sudden message spikes
- Messaging users without opt-in

🛡️ To stay safe:

- Start with small sends
- Warm up your number
- Use high-quality content
- Only send to engaged users

Approved Use Cases vs. Restricted Cases

✓ **Approved:**

- Abandoned cart reminders
- Booking confirmations
- Product recommendations
- Loyalty rewards
- Event reminders
- Customer support follow-ups

✗ **Restricted:**

- Alcohol, tobacco, weapons
- Gambling, adult content
- Unclear or misleading promotions

GDPR, Consent & Data Handling

If you're in or targeting Europe:

- You must collect and store consent
- Clearly tell users what type of messages they'll get
- Allow them to opt-out anytime
- Securely handle and store user data

Tip: Add "Reply STOP to unsubscribe" in long-term sequences.

Message Limits, Ratings & Warnings

Your account is rated daily based on:

- Message quality
- User feedback
- Block/report rate

Best Practices for Long-Term Success

- ☒ Always get opt-in
- ☒ Use approved templates
- ☒ Segment your audience
- ☒ Monitor campaign quality
- ☒ Stay up to date with WhatsApp policy changes
- ☒ Make it easy to opt out

Final Compliance Checklist

- Collected valid opt-in
- Template approved by Meta
- Message clearly explains purpose
- CTA is clear and not misleading
- No policy violations (product, language, etc.)
- Ability to opt-out provided
- Data handled securely (GDPR-compliant if needed)