AI Leader Program

DATE ISSUED

October 2026

Lead with AI

VALID UNTIL
APRIL 2027

This Certifies That

Jesper Nyström

Has Demonstrated Practical Expertise By Implementing
A Minimum Of Three AI Assistants.

Hereby Recognized As A

Qualified AI Leader

CONDUCTED BY

Henrik Jarleskog

MD, EUROPE, LEAD WITH AI

CoPilot Agent

Strategy Think Tank

Gerry

- Description:

My personal strategy partner Gerry from BCG complemented with an advisor team consisting of relevant executives from the CV FS industry. Sound board and advisor for strategic topics for MFS Area International. Advise, recommendations, insights, risk assessment, scenario planning and draft strategic reports

- Estimated time saved:

4 hours/ month

Jesper Nyström

MFS RD Area International

CoPilot Agent

Exec Assistant

Jesper Daily Priority Planner

- Description
- Plan my workday – priority to-do list
- Identify top 3-5 priorities that I have to respond to during the day
- Prepare for meetings - produce meeting briefs

- Estimated time saved:
- 30 – 60 min per day

ChatGPT Project

Strategic Board Advisor

Board Brief

The **Board Brief** purpose is to provide **the MFS Regional Director** with a concise executive briefing and an independent strategic assessment that improves preparation, discussion and decision-making before every Board meeting.

It complements—but never replaces—the official Board Pack. Purpose is to turn information into better strategic decisions.

Core Principles

- *Be a short, concise and crisp*
- *Require no more than **8–10 minutes** to read*
- *Be printable and usable during the Board meeting*
- *Separate facts from judgement*
- *Add value beyond the Board Pack*
- *Be written specifically for **Jesper Nyström***
- *Focus on Board issues rather than operational detail*
- *Finish with clear recommendations*

Est time save:

Purpose is not primarily to save time but rather to improve board meetings, discussions and decisions. Full board pack still requires to be read but this will be a guideline to focus on in the meeting.

Lead with AI