

Sample Schedules

These sample schedules for our Toddler, Kindergarten, and Elementary classes offer a glimpse into the gentle rhythm of the day at Marinela. Rooted in intention and flow, each day is thoughtfully shaped to meet the needs of the children — please note that times and activities may vary slightly, as we remain responsive to the moment and the needs of the group.

Toddler Schedule

Time of Day	Monday	Tuesday	Wednesday	Thursday	Friday
07:30	Arrival at Toddler Room				
	Gentle Welcome and Daily Activity				
08:00 – 08:30	Baking	Painting	Swim / Martial Arts	Nature Walk	Nature Crafts
08:30 – 09:45	Playground and Outdoor Circle Time: Songs, Rhymes and Movement				
09:45 – 10:00	Snack Preparation				
10:00	Shared Snack				
10:30 – 11:30	Artistic Expression				
11:30 – 11:45	Storytelling / Puppet Show				
11:45 – 12:00	Morning Circle – Ring Time				
12:00	Half Day Dismissal (Children in Half Day Toddler Programme depart)				
12:00 – 12:30	Lunch				
12:30 – 14:00	Rest and Quiet Time – Indoor Imaginative Play				
14:00 – 14:30	Farewell and Closing Ritual				

Kindergarten Schedule

Time of Day	Monday	Tuesday	Wednesday	Thursday	Friday
07:30	Arrival at Playground				
08:00 – 08:30	Outdoor Play and Morning Circle				
08:30 – 09:10	Gardening / Animal Care and Park Walk				
09:10 – 10:00	Tennis	Martial Arts	Swimming	Gymnastics	Martial Arts
10:00 – 10:30	Snack				
10:30 – 11:00	Home Care	Painting	Bread Baking	Food Preparation	Handwork
11:00 – 12:00	Indoor Imaginative Play and Tidy-Up				
12:00 – 12:45	Lunch				
12:45 – 13:30	Story and Rest				
13:30 – 14:15	Free Play and Art Activities				
14:15 – 14:30	Closing Circle and Goodbye				

Elementary Schedule

Time of Day	Monday	Tuesday	Wednesday	Thursday	Friday
07:30	Arrival at Playground and Morning Walk				
08:00 – 09:00	Tennis	Swimming	Gardening	Gymnastics	Animal Care
09:00 – 11:00	Main Lesson	Main Lesson	Main Lesson	Main Lesson	Main Lesson
11:00 – 11:45	Snack and Free Play				
11:45 – 12:45	Art / Painting	Handwork	Form Drawing	Craft	Art / Painting
12:45 – 13:30	Lunch and Free Play				
13:30 – 14:15	Music / Eurythmy	Martial Arts	Cooking	Games	Martial Arts
14:15 – 14:30	Closing Circle and Goodbye				