

# COMMUNITY ADAPTATIONS TO CITY HEAT

## URBAN HEAT ACTION AND POLICY DATABASE

### How do worker protection laws addressing heat exposure differ in Boston, New Orleans, and Phoenix?

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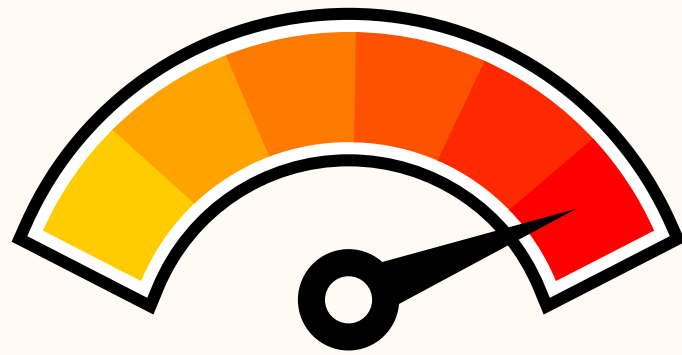
As temperatures continue to rise, implementing policies and actions to **safeguard workers** is integral to city governance.



Worker heat regulations are designed to **prevent heat-related illnesses** and fatalities among indoor and outdoor employees.

Scroll to learn how **different cities** are currently protecting their workforce.





# Boston

2025 ordinance protects city workers, contractors, and subcontractors from work-related heat exposure above 80°F (27°C) through required heat safety measures.



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 Heat safety plans required above 80°F (27°C).



# Phoenix

A 2024 rule requires city contractors and subcontractors performing outdoor work to implement heat safety plans, including access to water, shade, and rest breaks.



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☀️ Water, shade, rest, and heat safety plans required for outdoor workers.



# New Orleans

A 2025 city ordinance mandates paid rest breaks for municipal workers, including outdoor workers and indoor workers in environments without air conditioning, with 10–15 minute breaks every two hours when above 80°F (27°C).



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 Paid cooling breaks required during extreme heat.

Heat protections vary widely across cities — with major gaps in coverage and enforcement.

Do you know if your city has heat protection laws? Tell us!



[https://docs.google.com/forms/d/1AnYCRawOrBkSprgtFkxWEsUjcODexJlSmq5OlGu1bNo/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1AnYCRawOrBkSprgtFkxWEsUjcODexJlSmq5OlGu1bNo/viewform?edit_requested=true)



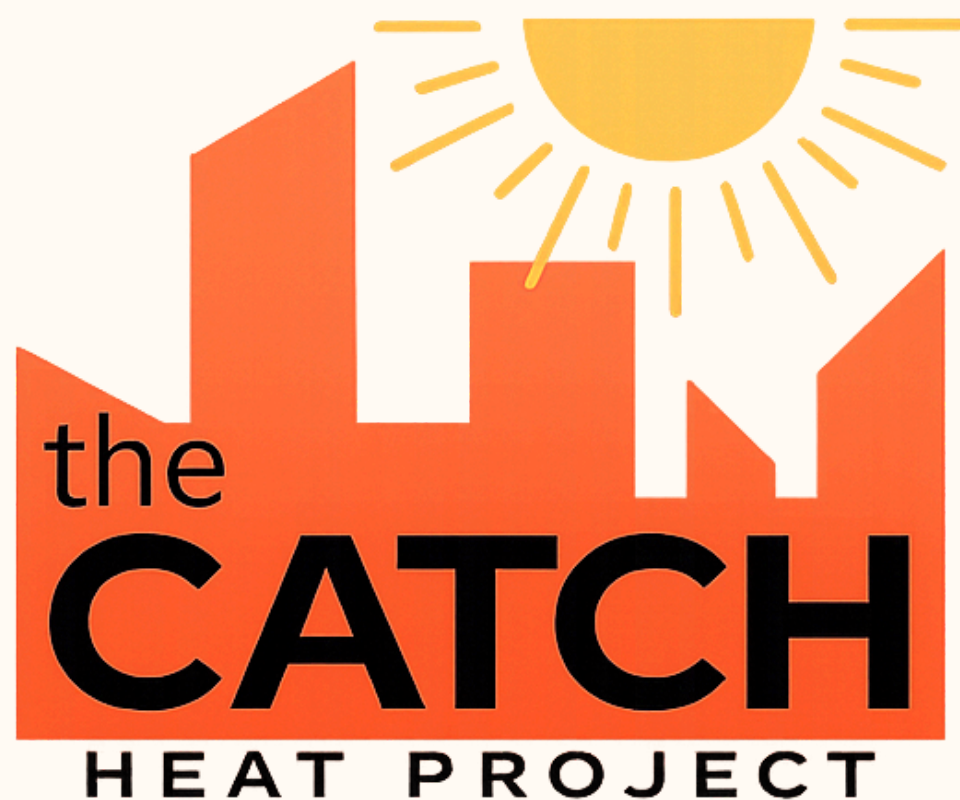
Check out our database to learn more about heat action and policies!



<https://www.catchcityheat.org/policy-database>

Making **extreme heat** impacts  
visible in **frontline communities**.

Working in Boston, Phoenix, and  
New Orleans.



A project at Boston University School of  
Public Health funded by a Climate Impact  
Award from Wellcome Foundation.



<https://www.catchcityheat.org/>