



AAVBC

AMERICAN ACADEMY OF VALUE BASED CARE

Chronic Hepatitis

Quick Reference Guide

2026

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1 CLINICAL SNAPSHOT

Definition: Chronic hepatitis is **sustained hepatic inflammation persisting ≥ 6 months**, driven by **five principal etiologies** in primary care: **chronic viral hepatitis B (HBV)**, **chronic viral hepatitis C (HCV)**, **metabolic dysfunction-associated steatohepatitis (MASH**, the inflammatory phenotype of MASLD), **autoimmune hepatitis (AIH)**, and **alcohol-related or drug/toxin-induced** chronic hepatitis.¹⁻⁵ Regardless of etiology, **unresolved inflammation** drives progressive **fibrosis** toward **cirrhosis**, **portal hypertension**, **decompensation**, and **hepatocellular carcinoma (HCC)**.⁶⁻¹⁰

ICD-10 Codes

HBV **B18.1 (without delta)**; most common HBV code) and **B18.0 (with delta)**/HDV co-infection); HCV **B18.2 (most common HCV code)**, genotype specified when known); **K70.1** (chronic alcoholic hepatitis); **K71.x** (chronic drug/toxin-induced; **specify causative agent**); **K75.4** (autoimmune hepatitis); **K75.3** (granulomatous hepatitis, NEC); **K73.9** (chronic hepatitis unspecified; reserved **ONLY** when extensive evaluation has **not established etiology**). **Avoid B19.x (unspecified viral hepatitis)** and **Z87.39** ('history of hepatitis') for active chronic hepatitis disease states.

Prevalence and Burden: Chronic liver disease **disproportionately affects older adults**. **MASLD** is the most prevalent etiology, with peak incidence at ages **61-65** and MASLD-related cirrhosis the leading transplant indication for adults over 65; projected MASLD case counts in those ≥ 80 years will **increase 300% by 2050**.^{11,12} The **1945-1965 birth cohort** carries a **sixfold higher** HCV prevalence than other age groups and accounts for **~75%** of US HCV infections and HCV-related mortality; an estimated **2.4 million adults** have chronic HBV, with approximately **two-thirds undiagnosed**.¹³⁻¹⁵ Alcohol-associated liver disease prevalence and mortality are rising in older adults, with **15%** of adults aged **60-94** consuming alcohol at **misuse levels** and the greatest increases in binge drinking occurring in those **over 50**.^{12,16} AIH incidence is highest in adults **over 65 (3.59/100,000 person-years)**, with a 3:1 female predominance and frequent presentation with advanced fibrosis.¹⁷⁻¹⁹ Drug-induced liver injury risk **rises with age due to polypharmacy**, with **32%** of DILI events reported in adults ≥ 65 .^{20,21} Cirrhosis prevalence among Medicare Advantage enrollees reached **1.67%** in 2018, **more than double** the commercially insured rate, increasing **8.1%** year-over-year.^{22,23}

HCC/RAF V28 Mapping

ICD-10 CODE(S) ²⁴	HCC CATEGORY (V28) ²⁵	RAF (CNA) ^{*26}	DOCUMENTATION REQUIREMENT ²⁴
B18.1 (HBV without delta) B18.0 (HBV with delta/HDV)	HCC 65 Chronic Hepatitis	0.185	Chronic HBV; document: HBsAg positivity ≥ 6 months confirming chronicity; HBV DNA level and HBeAg/anti-HBe status; treatment phase (immune-tolerant vs. immune-active); annual MEAT required; HDV co-infection must be documented separately when B18.0 applies

ICD-10 CODE(S) ²⁴	HCC CATEGORY (V28) ²⁵	RAF (CNA)* ²⁶	DOCUMENTATION REQUIREMENT ²⁴
B18.2 (chronic HCV)	HCC 65 Chronic Hepatitis	0.185	Chronic HCV; document: HCV antibody positivity confirmed by detectable HCV RNA (quantitative PCR); genotype when available ; treatment status (treatment-naïve, on DAA, or post-SVR with or without cirrhosis); post-SVR with cirrhosis remains an active chronic condition requiring HCC surveillance → code B18.2 with complication code K74.x
K70.1 (chronic alcoholic hepatitis) K71.x (chronic drug-induced hepatitis)	HCC 65 Chronic Hepatitis	0.185	K70.1: quantify alcohol consumption (drinks/week); AST:ALT ratio >2 and GGT elevation support the diagnosis; co-document F10.xx (alcohol use disorder) with severity; K71.x: document causative agent and temporal relationship to drug exposure
K75.4 (autoimmune hepatitis) K75.3 (granulomatous hepatitis, NEC)	HCC 65 Chronic Hepatitis	0.185	K75.4: requires elevated aminotransferases + elevated IgG and/or positive autoantibodies (ANA, SMA, anti-LKM1) + compatible histology; K75.3: document inflammatory infiltrate findings and exclude sarcoidosis (codes separately); treatment regimen (prednisone ± azathioprine) must be documented at every MEAT encounter
K73.9 (chronic hepatitis, unspecified)	HCC 65 Chronic Hepatitis	0.185	AVOID in most cases; reserve only for extensively evaluated patients with persistent aminotransferase elevation and no identified viral, autoimmune, metabolic, or toxic etiology ; common coding error that obscures clinical picture
B19.x (unspecified viral hepatitis) Z87.39 (personal history of hepatitis)	No HCC	-	B19.x: commonly misused in lieu of B18.x for chronic viral hepatitis = common coding error that obscures clinical picture; Z87.39: history of hepatitis = not appropriate for chronic hepatitis under active management

ABBREVIATIONS: ICD-10 = International Classification of Diseases, Tenth Revision; HCC = hierarchical condition category; V28 = CMS-HCC model version 28; RAF = risk adjustment factor; CNA = community non-dual aged; HBV = hepatitis B virus; HDV = hepatitis D virus; HBsAg = hepatitis B surface antigen; HBeAg = hepatitis B e antigen; MEAT = monitor/evaluate/assess/treat; HCV = hepatitis C virus; DAA = direct-acting antiviral; SVR = sustained virologic response; AST = aspartate aminotransferase; ALT = alanine aminotransferase; GGT = gamma-glutamyl transferase; NEC = not elsewhere classified; AIH = autoimmune hepatitis; IgG = immunoglobulin G; ANA = antinuclear antibody; SMA = smooth muscle antibody; anti-LKM1 = anti-liver/kidney microsomal antibody type 1; CMS = Centers for Medicare & Medicaid Services

***RAF values represent the Community Non-Dual Eligible Aged (CNA) coefficient from the 2026 CMS-HCC model;¹³ values vary across patient populations based on eligibility and care setting**

Risk-Adjusted Care Resources per Patient/Year^{25,26}

Risk-adjusted care resource allocation — MA base rate (~\$10,402.34) × RAF coefficient

CHRONIC HEPATITIS**\$1.9K**

HCC 65 · RAF 0.185

**AAVBC PERSPECTIVE**

*From the AAVBC's perspective, value-based care in chronic hepatitis begins with closing the screening gap in **high-risk populations** — Baby Boomers (born 1945–1965) with **sixfold higher HCV prevalence**, persons with **alcohol use disorder** or **injection drug use**, immigrants from **HBV-endemic regions**, and patients with metabolic syndrome driving **MASH** — rather than waiting for symptoms to emerge.^{14,27} Primary care should recognize that chronic hepatitis is **frequently silent** or presents only with **nonspecific symptoms** such as fatigue or vague right upper quadrant discomfort and is often **identified incidentally through abnormal liver function tests**.^{4,28} Elevated AST, ALT, GGT, or bilirubin, as well as decreased albumin, elevated INR, or thrombocytopenia, should **trigger an appropriate diagnostic workup** rather than being attributed to aging or other comorbidities without investigation.^{4,12} Chronic hepatitis should not be managed as an isolated laboratory abnormality but as a **progressive condition** requiring longitudinal risk assessment, imaging, and **individualized treatment planning**.^{7,29}*

*The PCP's role extends beyond identifying liver enzyme abnormalities. Clinicians should ensure that antiviral selection is **guided by renal function** and potential drug-drug interactions, particularly in older adults with polypharmacy and advancing liver disease.^{30,31} Fibrosis staging must use the **age-adjusted FIB-4 cutoff** (≤ 2.0 = low risk) in patients ≥ 65 years, as the standard **<1.3** threshold **generates unacceptable false-positive rates** in this population.⁶ Treatment decisions should be informed by **comprehensive geriatric assessment**, including frailty, cognitive status, and quality-of-life considerations, rather than chronological age alone.^{12,29} Just as importantly, appropriate **hepatocellular carcinoma surveillance** for high-risk patients, including ultrasound with or without alpha-fetoprotein every six months when indicated, should be **explicitly documented** and **incorporated into ongoing care**, reinforcing longitudinal accountability and high-value chronic hepatitis management.^{8,32}*

2 RECOGNITION AND DIAGNOSIS

Universal screening for the two chronic viral hepatitis infections (**HCV** and **HBV**) is now recommended for all US adults. The **USPSTF** recommends one-time HCV screening for all adults aged **18-79 years** (Grade B, 2020), with the **CDC** extending this to all adults ≥ 18 years;

the 1945–1965 birth cohort remains the highest-prevalence group and the core of the Medicare-eligible population.^{14,33} In 2023, the CDC expanded HBV screening **from risk-based to universal triple-panel testing** (HBsAg, anti-HBs, anti-HBc) for **all adults ≥18 years** at least once in a lifetime; this differs from the USPSTF, which continues to recommend screening only for those at increased risk (Grade B, 2020).^{27,34} **CMS Medicare Part B** currently **covers HBV screening for high-risk beneficiaries** per the USPSTF B-recommendation and has not yet updated coverage to align with the broader CDC 2023 universal recommendation.³⁵ For both infections, **reflex confirmatory testing** (HCV RNA for antibody-positive, HBV DNA for HBsAg-positive) is the recommended operational strategy to **minimize loss to follow-up**; reflexive HCV RNA testing increased from **21.9%** to **82.2%** of antibody-positive specimens between 2018 and 2024.^{2,36,37}

Medicare Part B Covered Screenings and Workup (older adults, at-risk population)

TEST	FREQUENCY ^{2,8,14,27,33}	CPT CODE	CLINICAL INDICATION ^{5,6,8,14,27}
HCV antibody screening†	Once in lifetime; repeat if ongoing risk exposure	86803	All adults 18–79 y (USPSTF 2020 Grade B); Baby Boomer cohort (born 1945–1965) — sixfold higher prevalence, ~75% of US HCV infections; reflex to HCV RNA if positive
HCV RNA quantitative (reflex confirmatory)†	Within 30 days of positive HCV antibody	87521	Required to distinguish resolved from active infection ; positive HCV RNA → code B18.2 + expedited DAA referral; reflexive testing reduced loss to follow-up from ~ 34% to <11%
HBsAg screening (triple panel)††	Once in lifetime; repeat if ongoing risk exposure	87340	CDC 2023 recommends universal triple-panel (HBsAg, anti-HBs, anti-HBc) for all adults ≥18 y ; elevated prevalence in persons from HBV-endemic regions (Africa, Asia, Eastern Europe), IDU, MSM, dialysis, HIV
HBV DNA quantitative (reflex)	At diagnosis; every 3–12 months per phase	87516	Distinguishes immune-tolerant from immune-active phase ; guides treatment initiation per AASLD 2026
FIB-4 fibrosis staging (age-adjusted)	Annually in any chronic hepatitis code	—	No CPT; calculated from routine labs (CMP + CBC); age-adjusted cutoff mandatory for ≥65 y: ≤2.0 = low risk (NOT <1.3 → standard cutoff has high false-positive rate in elderly)
HCC surveillance: ultrasound + AFP	Every 6 months	76705 + 82105	Cirrhosis of any cause ; CHB in Asian males >40 y, Asian females >50 y, African/North American Black individuals, family history of HCC; surveillance criteria per AASLD 2023 and AGA 2026

TEST	FREQUENCY ^{2,8,14,27,33}	CPT CODE	CLINICAL INDICATION ^{5,6,8,14,27}
ABBREVIATIONS: HCV = hepatitis C virus; USPSTF = United States Preventive Services Task Force; HCV RNA = hepatitis C virus ribonucleic acid; CPT = current procedural terminology; DAA = direct-acting antiviral; HBsAg = hepatitis B surface antigen; anti-HBs = antibody to hepatitis B surface antigen; anti-HBc = antibody to hepatitis B core antigen; CDC = Centers for Disease Control and Prevention; HBV = hepatitis B virus; IDU = injection drug use; MSM = men who have sex with men; HBV DNA = hepatitis B virus deoxyribonucleic acid; AASLD = American Association for the Study of Liver Diseases; FIB-4 = Fibrosis-4 index; CMP = comprehensive metabolic panel; CBC = complete blood count; HCC = hepatocellular carcinoma; AFP = alpha-fetoprotein; CHB = chronic hepatitis B; AGA = American Gastroenterological Association; CMS = Centers for Medicare & Medicaid Services All tests are covered under Medicare Part B when medically necessary † No patient copay when performed as a preventive screening under Medicare Part B (USPSTF Grade B recommendation) ‡ CMS Medicare Part B currently covers HBV screening for high-risk beneficiaries per the USPSTF B-recommendation; the CDC 2023 universal screening recommendation for all adults ≥18 y is broader than current CMS coverage policy			

Subtle Early Signs in Older Adults (>65)

SIGN/SYMPTOM ^{4,6,10,19,38}	CLINICAL SIGNIFICANCE ^{6,7,12,19,39}
Persistent ALT or AST elevation without overt symptoms	Often the only early signal of chronic hepatitis in older adults; immune senescence blunts clinical symptoms while liver damage progresses
Unexplained fatigue, anorexia, or weight loss in a Medicare-age patient	Commonly misattributed to aging or depression ; chronic HCV and AIH frequently present with these subtle symptoms alone
Mild right upper quadrant discomfort or hepatomegaly	May indicate ongoing hepatic inflammation ; palpable liver edge in an older adult is not normal and warrants evaluation
New-onset spider angiomas, palmar erythema, or gynecomastia	Cutaneous stigmata of chronic liver disease ; suggest established fibrosis or early cirrhosis and warrant staging workup
Low-grade cytopenias (thrombocytopenia, mild anemia) without clear cause	Platelet count <150,000/μL in the context of chronic hepatitis suggests portal hypertension or advanced fibrosis
Pruritus, jaundice, or darkening urine	Later-stage indicators of cholestasis or hepatic dysfunction ; AIH often presents with pruritus before overt jaundice
ABBREVIATIONS: ALT = alanine aminotransferase; AST = aspartate aminotransferase; HCV = hepatitis C virus; AIH = autoimmune hepatitis	

Geriatric Risk Factors

FACTOR	RISK SIGNAL ^{2,9,10,14,27}	NOTES ^{2,12,14,27,40}
Baby Boomer birth cohort (1945–1965)	6-fold higher chronic HCV prevalence vs. other age groups; ~75% of U.S. HCV infections	Most commonly missed screening opportunity in Medicare panels; CDC recommendation supports universal adult screening (≥ 18 years); document HCV antibody status once per Medicare patient
Birth in HBV-endemic region (Africa, Asia, Eastern Europe, Middle East — prevalence $\geq 2\%$)	Elevated chronic HBV prevalence ; often undiagnosed in immigrant populations	Document country of origin at intake; screen with HBsAg per CDC 2023 universal adult recommendation
History of injection drug use, MSM, prior incarceration, dialysis, HIV, multiple transfusions before 1992	Accumulated risk for both HBV and HCV acquisition	Obtain nonjudgmental risk history at annual wellness visit; both HBsAg and HCV antibody recommended
Heavy alcohol use (≥ 4 drinks/day for men, ≥ 3 for women) or alcohol use disorder (F10.xx)	Drives K70.1 coding; also accelerates fibrosis in viral/metabolic hepatitis	Complete abstinence required for alcoholic hepatitis management; coexisting HCV/MASH magnifies fibrosis progression
Type 2 diabetes, obesity (BMI ≥ 30), metabolic syndrome, or hyperlipidemia	Principal drivers of MASH (the inflammatory phenotype of MASLD)	Baseline FIB-4 annually ; consider VCTE or ELF if FIB-4 indeterminate; GLP-1 receptor agonists beneficial for co-morbid T2DM and MASH

ABBREVIATIONS: HCV = hepatitis C virus; CDC = Centers for Disease Control and Prevention; HBV = hepatitis B virus; HBsAg = hepatitis B surface antigen; MSM = men who have sex with men; HIV = human immunodeficiency virus; MASH = metabolic dysfunction-associated steatohepatitis; BMI = body mass index; MASLD = metabolic dysfunction-associated steatotic liver disease; FIB-4 = Fibrosis-4 index; VCTE = vibration-controlled transient elastography; ELF = Enhanced Liver Fibrosis test; GLP-1 = glucagon-like peptide-1; T2DM = type 2 diabetes mellitus

Diagnostic Systems and Staging Thresholds

Chronic hepatitis diagnosis in older adults requires a **systematic, etiology-specific approach** that accounts for **age-related physiologic changes**, particularly immune senescence, higher baseline FIB-4 values, and comorbidities (heart failure, CKD, obesity) that **reduce the accuracy** of standard noninvasive tests.^{6,12,41–43} **No single test** confirms "chronic hepatitis" as a unified entity; rather, diagnosis proceeds through **three parallel axes: (1) etiologic confirmation** (serologic, virologic, or clinical criteria specific to each cause), **(2) fibrosis staging** (noninvasive tests with age-adjusted cutoffs, followed by elastography or biopsy when indeterminate), and **(3) exclusion of competing diagnoses** (viral, autoimmune, metabolic, drug/toxin-induced, and cholestatic

diseases must be systematically ruled in or out).^{4,6,19,44} **For PCPs managing older adult patients**, familiarity with the major US diagnostic frameworks below is **essential**, as each drives ICD-10 code specificity, treatment eligibility, and surveillance intervals.

Etiologic Confirmation: Viral Hepatitis

Chronic HBV and HCV each have well-defined **serologic** and **virologic diagnostic criteria** endorsed by the **AASLD** and **CDC**.^{1,2,27}

TEST/MARKER	DIAGNOSIS CRITERION ^{1,2,5,36,45}	NOTES ^{1,2,14,27,36}
HBsAg (HBV surface antigen)	Positive ≥6 months confirms chronic HBV ; code B18.1 (or B18.0 with HDV co-infection)	Initial positive result requires confirmation ≥6 months later ; HBeAg, anti-HBe, and HBV DNA define immune phase; CDC 2023 recommends universal triple-panel screening (HBsAg, anti-HBs, anti-HBc) for all adults ≥18 y
HCV antibody + reflex HCV RNA	Positive antibody AND detectable HCV RNA confirms chronic HCV; code B18.2	Antibody-only positive without RNA = prior resolved infection (Z86.19 or nothing); do NOT code B18.2 ; all RNA-positive patients are treatment candidates (SVR >95%)

ABBREVIATIONS: HBsAg = hepatitis B surface antigen; HBV = hepatitis B virus; HDV = hepatitis D virus; HBeAg = hepatitis B e antigen; anti-HBe = antibody to hepatitis B e antigen; HBV DNA = hepatitis B virus deoxyribonucleic acid; CDC = Centers for Disease Control and Prevention; anti-HBs = antibody to hepatitis B surface antigen; anti-HBc = antibody to hepatitis B core antigen; HCV = hepatitis C virus; HCV RNA = hepatitis C virus ribonucleic acid; SVR = sustained virologic response

Etiologic Confirmation: Autoimmune Hepatitis

AIH lacks a single pathognomonic marker; diagnosis relies on the combination of **compatible histology, elevated aminotransferases, elevated IgG**, characteristic **autoantibodies**, and **exclusion of mimics**.^{4,19} Two validated scoring systems from the **International Autoimmune Hepatitis Group (IAIHG)** are used in US practice:¹⁹

SCORING SYSTEM	COMPONENTS	INTERPRETATION	PCP RELEVANCE
IAIHG Revised Original Score (1999) ^{19,46}	12 parameters: sex, ALP:AST ratio, IgG, autoantibodies (ANA, SMA, anti-LKM1), viral markers, drug history, alcohol intake, histology, other autoimmune disease, HLA, response to therapy	Pretreatment: definite AIH >15, probable 10–15; posttreatment: definite >17, probable 12–17	Higher sensitivity (100%); preferred for atypical or complex presentations ; useful when simplified score yields a low result

SCORING SYSTEM	COMPONENTS	INTERPRETATION	PCP RELEVANCE
IAIHG Simplified Score (2008) ^{19,47,48}	4 parameters: autoantibodies (ANA/SMA ≥1:40 or anti-LKM1 ≥1:40), IgG level, compatible liver histology, absence of viral hepatitis	Definite AIH ≥7, probable AIH = 6	Higher specificity (90%) and accuracy (92%); best for typical presentations; more practical for initial PCP assessment before referral

ABBREVIATIONS: IAIHG = International Autoimmune Hepatitis Group; ALP = alkaline phosphatase; AST = aspartate aminotransferase; IgG = immunoglobulin G; ANA = antinuclear antibody; SMA = smooth muscle antibody; anti-LKM1 = anti-liver kidney microsomal antibody type 1; HLA = human leukocyte antigen; AIH = autoimmune hepatitis; PCP = primary care physician

Up to **20%** of AIH cases are **seronegative for ANA, SMA, and anti-LKM1**; **liver biopsy** remains essential for diagnosis per AASLD guidance, and diagnostically challenging cases should be **referred** to an **experienced liver center** before initiating therapy.¹⁹

Etiologic Confirmation: Alcohol-Related and Drug/Toxin-Induced Hepatitis

Alcohol-related liver disease (ALD) and **drug-induced liver injury (DILI)** are clinical **diagnoses of exclusion** with structured assessment tools available to support causality.⁴⁹⁻⁵¹

DIAGNOSTIC FRAMEWORK	KEY CRITERIA	INTERPRETATION	PCP RELEVANCE
NIAAA Alcoholic Hepatitis Criteria ^{49,52}	Jaundice onset within 8 weeks ; heavy alcohol use (>40 g/d women, >50-60 g/d men) for ≥6 months with <60 days abstinence; total bilirubin >3 mg/dL; AST >50 IU/L; AST:ALT >1.5 (both <400 IU/L); other liver diseases excluded	Defines clinical (probable) alcohol-associated hepatitis without requiring biopsy; biopsy confirms definite diagnosis	Identifies moderate AH = frequently missed in primary care; represents an opportunity to initiate alcohol use disorder treatment ; co-document F10.xx with severity
RUCAM (Roussel Uclaf Causality Assessment Method) ^{51,53}	7 domains: latency, dechallenge, competing causes, rechallenge, drug hepatotoxicity track record, risk factors, concomitant medications; separate scoring for hepatocellular vs. cholestatic/mixed injury	Score -9 to +14 : highly probable (≥9) probable (6-8) possible (3-5) unlikely (1-2) excluded (≤0)	Structured bedside tool for DILI causality ; review all medications and supplements within 180 days of presentation ; access LiverTox (NIH) for drug-specific hepatotoxicity profiles

DIAGNOSTIC FRAMEWORK	KEY CRITERIA	INTERPRETATION	PCP RELEVANCE
RECAM (Revised Electronic Causality Assessment Method) ^{53,54}	Evidence-based update of RUCAM ; computerized platform; removes risk factors criterion; anchors drug-specific risk to LiverTox likelihood scores	Score −6 to +20 : highly likely/probable (≥8) probable (4-7) possible (−3 to +3) unlikely/excluded (<−4)	At least as capable as RUCAM with improved objectivity at diagnostic extremes ; available online; may be embedded in EHR

ABBREVIATIONS: NIAAA = National Institute on Alcohol Abuse and Alcoholism; AST = aspartate aminotransferase; ALT = alanine aminotransferase; AH = alcoholic hepatitis; RUCAM = Roussel Uclaf Causality Assessment Method; DILI = drug-induced liver injury; NIH = National Institutes of Health; RECAM = Revised Electronic Causality Assessment Method; EHR = electronic health record; PCP = primary care physician

Fibrosis Staging: Noninvasive Tests

Regardless of etiology, fibrosis stage is the **strongest predictor of adverse liver outcomes** and drives **surveillance intervals, treatment eligibility, and referral decisions**.^{3,7,9,55,56} A sequential **two-tier approach**: FIB-4 first, followed by elastography **or ELF when indeterminate**, is endorsed across AASLD, AGA, ADA, and AHA/ACC guidelines.^{6,40,49,55,56}

TEST/MARKER	DIAGNOSIS CRITERION ^{3,6,44,55}	AGE-ADJUSTED NOTES FOR ≥65 Y ^{6,19,42,55,56}
FIB-4 index (Age × AST/[Platelet × √ALT])	Standard: <1.3 low risk 1.3-2.67 indeterminate >2.67 high risk	Age ≥65: ≤2.0 = low risk (NOT <1.3 = standard cutoff reduces specificity in elderly); high-risk threshold remains >2.67; high NPV (96%) but low PPV (63%) for cirrhosis
VCTE/FibroScan (liver stiffness measurement)	<8 kPa low risk; ≥8 kPa significant fibrosis (F2+) ≥12 kPa advanced fibrosis (F3+) ≥15 kPa cirrhosis (95.5% specificity)	False positives in: heart failure with central venous congestion, ALT >120 IU/L, non-fasting state; 15-20% failure rate with BMI >40 → consider MRE in these patients
ELF (Enhanced Liver Fibrosis test)	<7.7 low risk 7.7-9.8 indeterminate ≥9.8 high risk for advanced fibrosis/cirrhosis	Blood-based test (hyaluronic acid, TIMP-1, PIIINP); preferred over VCTE when VCTE is unreliable (CKD, heart failure, BMI >40); sensitivity 74.4% , specificity 92.4% for advanced fibrosis
Liver biopsy (METAVIR/Batts-Ludwig staging)	METAVIR: F0 no fibrosis F1 portal fibrosis F2 periportal/few septa F3 bridging fibrosis F4 cirrhosis	Gold standard for fibrosis staging and grading inflammation ; required for AIH diagnosis; useful when noninvasive tests are discordant or when competing etiologies need histologic differentiation

TEST/MARKER	DIAGNOSIS CRITERION ^{3,6,44,55}	AGE-ADJUSTED NOTES FOR ≥65 Y ^{6,19,42,55,56}
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ABBREVIATIONS: FIB-4 = Fibrosis-4 index; AST = aspartate aminotransferase; ALT = alanine aminotransferase; NPV = negative predictive value; PPV = positive predictive value; VCTE = vibration-controlled transient elastography; kPa = kilopascal; BMI = body mass index; MRE = magnetic resonance elastography; ELF = Enhanced Liver Fibrosis test; TIMP-1 = tissue inhibitor of metalloproteinase-1; PIINP = procollagen III N-terminal peptide; CKD = chronic kidney disease; METAVIR = Meta-analysis of Histological Data in Viral Hepatitis; AIH = autoimmune hepatitis

Summary: Additional Diagnostic Systems in US Chronic Hepatitis Care

DIAGNOSTIC SYSTEM	APPLICATION	KEY FEATURES
METAVIR histologic score⁵⁵	Fibrosis and activity grading on liver biopsy; all chronic hepatitis etiologies	F0-F4 fibrosis staging; A0-A3 activity grading; most widely used histologic system worldwide
Batts-Ludwig histologic score^{55,57}	Fibrosis and inflammation grading on liver biopsy	Grade 1-4 (inflammation), Stage 1-4 (fibrosis); maps to METAVIR equivalency scale
Ishak histologic score^{55,58}	Detailed fibrosis staging (F0-F6) on liver biopsy	More granular than METAVIR (6-point fibrosis scale); useful for clinical trials and detecting incremental fibrosis change
NAFLD Fibrosis Score (NFS)^{3,59}	Advanced fibrosis risk in MASLD	Composite score (age, BMI, diabetes, AST:ALT ratio, platelets, albumin); <-1.455 rules out, >0.676 rules in significant fibrosis
APRI (AST-to-Platelet Ratio Index)⁵⁶	Fibrosis screening in chronic HCV	≥0.7 suggests fibrosis, ≥1.5 suggests cirrhosis; simpler but less accurate than FIB-4
Maddrey Discriminant Function (MDF)⁶⁰	Severity assessment in alcohol-associated hepatitis	MDF ≥32 indicates severe AH warranting corticosteroid consideration
MELD score^{49,60}	Severity and prognosis in alcohol-associated hepatitis and cirrhosis	MELD >20 identifies patients at increased mortality risk ; used for transplant prioritization
ABIC score^{60,61}	Prognostic stratification in alcohol-associated hepatitis	Composite (age, bilirubin, INR, creatinine); stratifies into low, intermediate, and high mortality risk

ABBREVIATIONS: METAVIR = Meta-analysis of Histological Data in Viral Hepatitis; NFS = NAFLD Fibrosis Score; MASLD = metabolic dysfunction-associated steatotic liver disease; BMI = body mass index; AST = aspartate aminotransferase; ALT = alanine aminotransferase; NAFLD = nonalcoholic fatty liver disease; APRI = AST-to-Platelet Ratio Index; HCV = hepatitis C virus; FIB-4 = Fibrosis-4 index; MDF = Maddrey Discriminant Function; AH = alcoholic hepatitis; MELD = Model for End-Stage Liver Disease; ABIC = Age-Bilirubin-INR-Creatinine; INR = international normalized ratio

Common Oversights

OVERSIGHT/ SHORTCUT ^{6,12,29}	WHY IT MATTERS — WHAT TO DO INSTEAD ^{6,12,19,44}
Attributing persistent aminotransferase elevation to aging, statins, or polypharmacy	Often the only early signal of chronic hepatitis in older adults; immune senescence blunts symptoms while fibrosis progresses; evaluate with etiology-specific serologies and FIB-4 before attributing to benign causes
Missing Baby Boomer HCV screening (born 1945-1965)	Sixfold higher HCV prevalence ; ~ 75% of US infections; one-time HCV antibody with reflex RNA if positive; DAA therapy achieves SVR >95% in 8-12 weeks
Omitting universal HBV triple-panel screening	CDC 2023 recommends universal HBsAg/anti-HBs/anti-HBc for all adults ≥18 y ; most infections previously undiagnosed in primary care
Using standard FIB-4 cutoff (<1.3) in patients ≥65 y	Unacceptably low specificity in elderly ; use age-adjusted cutoff ≤2.0 for low risk; ELF or MRE preferred when VCTE unreliable (CKD, heart failure, BMI >40)
Assuming MASLD is benign in older adults	Highest incidence at ages 61-65 y ; leading transplant indication in adults >65 y; fibrosis often occurs with normal ALT ; screen with FIB-4 annually in : T2DM, obesity, or ≥2 metabolic risk factors
Omitting HCC surveillance in high-risk patients	Fewer than 1 in 4 with cirrhosis receive consistent surveillance ; cirrhosis of any cause, high-risk CHB qualify; order US + AFP every 6 months
Overlooking AIH in older women with unexplained aminotransferase elevation	Up to 20% seronegative for standard autoantibodies ; one-third have cirrhosis at diagnosis; check ANA, SMA, anti-LKM1, IgG; refer for biopsy if suspicion persists
Failing to screen for alcohol use disorder	Underrecognized in older adults; AUDIT-C or CAGE at routine visits; alcohol accelerates fibrosis in viral hepatitis and MASLD ; naltrexone is preferred first-line agent
Relying on VCTE alone with heart failure, CKD, or BMI >40	Heart failure, ALT >120, and BMI >40 generate false-positive or failed results ; ELF (92.4% specificity) is a blood-based alternative; MRE has fewer failures in severe obesity

ABBREVIATIONS: FIB-4 = Fibrosis-4 index; HCV = hepatitis C virus; DAA = direct-acting antiviral; SVR = sustained virologic response; RNA = ribonucleic acid; HBV = hepatitis B virus; CDC = Centers for Disease Control and Prevention; HBsAg = hepatitis B surface antigen; ELF = Enhanced Liver Fibrosis test; MRE = magnetic resonance elastography; VCTE = vibration-controlled transient elastography; CKD = chronic kidney disease; BMI = body mass index; MASLD = metabolic dysfunction-associated steatotic liver disease; ALT = alanine aminotransferase; T2DM = type 2 diabetes mellitus; HCC = hepatocellular carcinoma; CHB = chronic hepatitis B; US = ultrasound; AFP = alpha-fetoprotein; AIH = autoimmune hepatitis; ANA = antinuclear antibody; SMA = smooth muscle antibody; anti-LKM1 = anti-liver kidney microsomal antibody type 1; IgG = immunoglobulin G; AUDIT-C = Alcohol Use Disorders Identification Test-Concise

Key Differentials in Elderly

PRESENTATION	DIFFERENTIAL ^{4,7,19,28,62}	KEY TESTS ^{4,19,28,53,63}
Persistent aminotransferase elevation without symptoms	Chronic HBV/HCV, MASH, AIH, drug-induced hepatitis , alcohol-related, celiac disease, thyroid disease	HCV antibody + HBsAg ; fasting lipids + HbA1c; autoimmune serology + IgG; medication reconciliation; TSH; anti-tTG
Fatigue and mild liver enzyme elevation in Medicare-age patient	Chronic HCV (often silent), early AIH , MASH with early fibrosis, depression with somatization	HCV antibody ; ANA/SMA/IgG; abdominal US with FIB-4; PHQ-9 if metabolic workup negative
Cirrhosis/decompensation without clear etiology at presentation	Undiagnosed chronic HCV, occult HBV reactivation , AIH, MASH cirrhosis, hemochromatosis, Wilson disease	HCV RNA; HBsAg + HBV DNA ; autoimmune serology; ferritin/transferrin saturation; ceruloplasmin if <55 y
Mixed cholestatic and hepatocellular pattern	Primary biliary cholangitis (AMA+), overlap AIH-PBC syndrome , drug-induced cholestasis, choledocholithiasis	AMA; MRCP ; autoimmune serology + IgG subclasses; medication reconciliation with DILI workup
Acute-on-chronic worsening in known chronic hepatitis patient	HBV reactivation (e.g., during immunosuppression), AIH flare , superimposed DILI, HEV superinfection, alcohol binge	HBV DNA; LFT trend ; medication reconciliation including herbal/supplements; HEV serology; alcohol biomarkers
ABBREVIATIONS: HBV = hepatitis B virus; HCV = hepatitis C virus; MASH = metabolic dysfunction-associated steatohepatitis; AIH = autoimmune hepatitis; HbA1c = hemoglobin A1c; IgG = immunoglobulin G; TSH = thyroid-stimulating hormone; anti-tTG = anti-tissue transglutaminase; HBsAg = hepatitis B surface antigen; ANA = antinuclear antibody; SMA = smooth muscle antibody; US = ultrasound; FIB-4 = Fibrosis-4 index; PHQ-9 = Patient Health Questionnaire 9-item; HBV DNA = hepatitis B virus deoxyribonucleic acid; HCV RNA = hepatitis C virus ribonucleic acid; AMA = antimitochondrial antibody; PBC = primary biliary cholangitis; MRCP = magnetic resonance cholangiopancreatography; DILI = drug-induced liver injury; LFT = liver function tests; HEV = hepatitis E virus		

Comorbidity Screening

CONDITION	PREVALENCE IN THIS POPULATION ^{10,12,64-66}	SCREENING APPROACH ^{*1,49,67-69}
Type 2 diabetes mellitus (E11.x)	High co-prevalence with MASH and accelerates fibrosis in all chronic hepatitis types	HbA1c annually ; optimize with metformin and GLP-1 receptor agonists (preferred in MASH); avoid thiazolidinediones in advanced fibrosis

CONDITION	PREVALENCE IN THIS POPULATION ^{10,12,64-66}	SCREENING APPROACH ^{*1,49,67-69}
Obesity (E66.x)	Principal MASH risk factor; BMI >40 increases VCTE technical failure rate 15-20%	Document BMI ; Mediterranean-style diet + ≥7-10% weight loss target; use ELF over VCTE for fibrosis staging if BMI >40
Chronic kidney disease (N18.x)	Common in Medicare population; critical for antiviral selection and FIB-4 reliability	eGFR at every chronic hepatitis encounter ; TDF dose-adjust if <50 ; sofosbuvir-based DAAs approved ≥30 and dialysis; ELF preferred over FIB-4 if thrombocytopenia
Heart failure/ cardiovascular disease (I50.x, I25.x)	Central venous congestion falsely elevates VCTE ; cardiovascular events leading cause of non-liver mortality in MASH	Baseline echo if peginterferon considered (contraindicated in decompensated disease); statin therapy safe and recommended in chronic hepatitis with dyslipidemia; ELF preferred over VCTE if heart failure
Alcohol use disorder (F10.xx)	Drives K70.1 coding ; coexisting HCV/MASH accelerates fibrosis ; abstinence is cornerstone management	AUDIT-C at annual wellness visit; brief intervention or referral per USPSTF; F10 severity code alongside K70.1

ABBREVIATIONS: MASH = metabolic dysfunction-associated steatohepatitis; HbA1c = hemoglobin A1c; GLP-1 = glucagon-like peptide-1; BMI = body mass index; VCTE = vibration-controlled transient elastography; ELF = Enhanced Liver Fibrosis test; eGFR = estimated glomerular filtration rate; TDF = tenofovir disoproxil fumarate; DAA = direct-acting antiviral; FIB-4 = Fibrosis-4 index; HCV = hepatitis C virus; AUDIT-C = Alcohol Use Disorders Identification Test-Concise; USPSTF = United States Preventive Services Task Force; FDA = Food and Drug Administration

***Consult FDA labels for the most up-to-date dosage information, contraindications, and drug-drug interactions**

**RED FLAG — EMERGENCY/ACTIVATE CRISIS RESPONSE**

These emergency conditions require **immediate ED transfer or same-day hepatology contact**:

- **Variceal hemorrhage** (hematemesis or melena): Upper GI bleeding in known or suspected cirrhosis; ~**60%** of ICU admissions in cirrhosis are portal hypertension-related complications^{6,70}
 - → **NPO**; IV access and resuscitation; IV octreotide; emergent EGD within 12 hours; **pre-emptive TIPS** if Child-Pugh 10–13 or Child-Pugh 8–9 with active bleeding at endoscopy
- **Hepatic encephalopathy** (altered mental status, asterixis, or coma): Grade ≥ 2 (overt) presents with disorientation, lethargy, asterixis; **exclude non-hepatic causes** (alcohol withdrawal, structural brain injury, medications) especially if first episode^{6,62}
 - → **Airway protection**; IV lactulose 60 cc then 20 cc q1–2h until bowel movement; identify precipitant (infection, GI bleed, AKI, electrolyte disorder, sedatives); ICU for Grade 3–4
- **Spontaneous bacterial peritonitis** (new ascites with fever or unexplained deterioration): Up to one-third of patients with SBP lack fever or pain; suspect when any patient with cirrhosis and ascites deteriorates with encephalopathy, AKI, or jaundice^{6,71}
 - → **Diagnostic paracentesis** (ascites PMN $>250/\mu\text{L}$ confirms SBP); blood and urine cultures; empiric IV antibiotics; IV albumin
- **Acute liver failure risk** (INR >1.5 with acute aminotransferase rise and jaundice): Total bilirubin ≥ 12 mg/dL + INR ≥ 1.5 in chronic hepatitis identifies ACLF; MELD ≥ 15 or any decompensating event warrants **transplant center referral**^{72,73}
 - → **Immediate hepatology contact**; MELD calculation; evaluate for transplant candidacy; do not delay for outpatient workup



RED FLAG — URGENT (SAME- OR NEXT-DAY)

Rapid clinical deterioration in a patient with known or suspected chronic hepatitis warrants **immediate re-evaluation**:

- **Progressive jaundice with new ascites over days to weeks:** Signals transition from compensated to decompensated cirrhosis; median survival drops to ~2 years after first decompensation^{6,73}
 - → **Urgent hepatology referral**; diagnostic paracentesis if ascites present; MELD calculation; transplant evaluation if MELD ≥ 15
- **ALT/AST doubling or AST:ALT ratio shift in a known chronic hepatitis patient:** Evaluate for superimposed DILI (medication reconciliation including herbals/supplements within 180 days), alcohol binge (alcohol biomarkers), HBV reactivation (especially during immunosuppression), AIH flare, or HEV superinfection^{53,72}
 - → HBV DNA if known HBV; complete medication reconciliation; autoimmune serology if not recently checked; HEV IgM in older adults
- **HBV DNA rebound >1 log IU/mL on antiviral therapy:** Virologic breakthrough suggests nonadherence or antiviral resistance; risk of hepatic flare and ACLF^{1,38}
 - → Confirm adherence; resistance testing; urgent hepatology consultation for antiviral switch
- **New hepatic lesion on imaging or AFP ≥ 20 ng/mL with rising trend:** Rising AFP or positive AFP should prompt CT or MRI **regardless of ultrasound results**; AFP ≥ 20 ng/mL with rising trend on two consecutive tests warrants diagnostic imaging^{8,32}
 - → Multiphasic contrast-enhanced CT or MRI; **do not delay** for next scheduled surveillance interval; hepatology/oncology referral if LI-RADS 4–5
- **New lower extremity edema with abdominal distension:** New ascites in chronic hepatitis indicates portal hypertension and possible decompensation; diagnostic paracentesis **mandatory for all hospitalized patients** with cirrhosis and ascites^{6,71}
 - → Abdominal ultrasound; diagnostic paracentesis; serum-ascites albumin gradient; hepatology referral

3 MEAT DOCUMENTATION ESSENTIALS

Chronic hepatitis documentation translates an etiology-driven, progressive liver disease into **a record that supports** continuity, fibrosis-aware management, and **accurate representation of clinical complexity**.^{1,2} The most common gaps are defaulting to **K73.9** (chronic hepatitis, unspecified) or **B19.x** (unspecified viral hepatitis) instead of the specific etiology code, failing to record the **serologic/virologic confirmation** and **fibrosis stage** that justify the diagnosis, and omitting comorbidities (alcohol use disorder, MASH, CKD) that accelerate progression.^{74,75} Each gap **obscures the clinical picture** and impedes coordination with hepatology.⁷⁴

Case vignette: A 68-year-old female with **chronic hepatitis C** (HCV RNA detectable, genotype 1a, no cirrhosis) diagnosed at USPSTF-directed screening 4 months ago. **Referred to hepatology**; completed 8 weeks of glecaprevir/pibrentasvir (Mavyret) 3 months ago. Presents to PCP for scheduled follow-up. Recent hepatology SVR12 laboratory showed **HCV RNA undetectable**; FIB-4 0.9 (age-adjusted). Patient reports improved energy, no new symptoms. **Comorbidities:** T2DM (HbA1c 7.2%), CKD stage 3a (eGFR 52), hyperlipidemia on atorvastatin.

MONITOR: "SVR12 labs from [date] reviewed: HCV RNA quantitative undetectable (<15 IU/mL). AST 22, ALT 18 (pre-treatment baseline: AST 54, ALT 68). Platelets 245K. **FIB-4 0.9**, low-risk age-adjusted for ≥65 y. Weight stable. HbA1c 7.2% (2 months prior). **eGFR 52** (CKD 3a, stable). Atorvastatin 20 mg, metformin 1,000 mg BID continued."

EVALUATE: "Clinical picture consistent with **sustained virologic response** (clinical cure) at **SVR12**. Aminotransferases normalized. No clinical or laboratory evidence of fibrosis or cirrhosis on noninvasive assessment. **No decompensation signs** (no ascites, encephalopathy, or bleeding). Baby Boomer cohort screening identified this case. T2DM and CKD stable. **Medication reconciliation:** no new hepatotoxic exposures, no herbal supplements."

ASSESS: "1) Chronic hepatitis C (**B18.2**), post-DAA with SVR12 → **active chronic condition through reporting year** until **SVR24** confirmed per hepatology. No cirrhosis → **no HCC surveillance indicated** (FIB-4 low, platelets normal, no imaging concern). 2) T2DM without complications (**E11.9**), controlled. 3) CKD stage 3a (**N18.31**), stable → metformin dose appropriate at eGFR 52. 4) Hyperlipidemia (**E78.5**), managed on statin."

TREAT: "Continue current T2DM and lipid regimen. Hepatology follow-up in 3 months for **SVR24 confirmation**. **Counseled:** avoid hepatotoxic supplements and recreational alcohol. **Annual HCV RNA if ongoing risk exposure** per AASLD-IDSA. Return 6 months for routine primary care; call for new jaundice, unexplained fatigue, or upper GI bleeding."

Clinical Documentation Elements

- **State the specific etiology and code:** **B18.1** (HBV), **B18.2** (HCV), **K75.4** (AIH), **K70.1** (alcoholic), **K71.x** (drug-induced); **never default to K73.9 or B19.x** once etiology is confirmed → common coding errors in chronic hepatitis^{2,24}
- **Record the diagnostic basis:** Serologic/virologic confirmation (HBsAg ≥6 months for HBV; HCV antibody + detectable RNA for HCV; autoantibodies + IgG + histology for AIH) and fibrosis stage (FIB-4 with age-adjusted cutoff for ≥65 y, elastography, or biopsy); document **confirmation date** and **results**^{5,24,55}
- **Document treatment phase and status:** For HBV, specify **immune phase** (immune-tolerant, HBeAg-positive immune-active, HBeAg-negative immune-active, inactive, indeterminate) and **antiviral regimen**; for HCV, **specify treatment-naïve, on DAA, or post-SVR** with or without **cirrhosis**; post-SVR with cirrhosis remains an **active condition** requiring HCC surveillance^{5,45}
- **Link clinical relationships explicitly:** Document the connection between chronic hepatitis and its complications; e.g., "Cirrhosis (**K74.60**) secondary to chronic hepatitis C (**B18.2**), Child-Pugh A, compensated; **HCC surveillance** with US + AFP every 6 months"; this supports accurate coding of **both** the **primary hepatitis** and its **downstream complications**^{6,8}

- **Include current laboratory data with dates:** Aminotransferases, HBV DNA or HCV RNA, FIB-4 (age-adjusted), platelet count, albumin, and imaging findings; MEAT requires specific values, not generalities; **annual FIB-4** is expected for **every chronic hepatitis patient**^{55,76}
- **Code each comorbidity separately alongside the hepatitis code:** Cirrhosis (**K74.x**), ascites (**R18.0**), HCC (**C22.0**), T2DM (**E11.x**), CKD (**N18.x**), alcohol use disorder (**F10.xx**), HIV (**B20**); each carries independent clinical and coding significance²⁴
- **Document chronicity and surveillance activity:** Note diagnosis date, duration of infection/disease, and active surveillance schedule; active surveillance or treatment is not "history" → continue the **active code until resolution is clinically confirmed**^{8,24}
- **Document advance care planning and SDOH context:** Surrogate decision-maker, code status, and goals of care; Z-codes for **SDOH when present** (**Z59.xx** housing, **Z59.41** food insecurity, **Z91.14** medication noncompliance); particularly important for **elderly patients** with decompensated cirrhosis and accumulating end-organ damage⁶

Reframing Common Documentation Shortcuts

INSTEAD OF...	DOCUMENT... ^{1,2,5,8,55}
'Hepatitis' on problem list	'Chronic hepatitis C (B18.2), HCV RNA detectable, genotype [x], currently [treatment-naïve/on DAA therapy/post-SVR with/without cirrhosis], FIB-4 [value] age-adjusted.'
'Chronic hepatitis, unspecified' (K73.9) after evaluation	Specific etiology once established: ' B18.1 HBV without delta , HBsAg positive ≥6 months , immune-active phase on TAF.'; reserve K73.9 ONLY for extensively evaluated patients with no etiology identified
'B19' or 'viral hepatitis unspecified'	Confirm chronicity and etiology: ' B18.2 chronic HCV, HCV RNA detectable × 6 months.' clinical guidance: B19.x use instead of B18.x is a common coding error
'History of hepatitis C' (while active)	'Chronic hepatitis C (B18.2), on weekly [x] of 8-week DAA course' — or 'post-SVR HCV with compensated cirrhosis K74.60 → HCC surveillance every 6 months.'; do NOT use Z-codes for active chronic disease

ABBREVIATIONS: HCV = hepatitis C virus; RNA = ribonucleic acid; DAA = direct-acting antiviral; SVR = sustained virologic response; FIB-4 = Fibrosis-4 index; HBV = hepatitis B virus; HBsAg = hepatitis B surface antigen; TAF = tenofovir alafenamide; HCC = hepatocellular carcinoma

4 TREATMENT AND REFERRAL QUICK GUIDE

Chronic hepatitis management in older adults is **entirely etiology-driven**: there is no universal treatment approach.^{2,5} **For HCV, DAA therapy** achieves **SVR >95%** (clinical cure) with 8–12 weeks of oral therapy, **including in patients ≥65 years**, with no significant difference in efficacy compared to younger adults.^{77,78} For HBV, preferred **first-line nucleos(t)ide analogues (TAF preferred in ≥60 y** due to favorable renal and bone safety profile; entecavir or TDF as alternatives) achieve sustained viral suppression with minimal toxicity.^{1,5,30} **For MASH**, resmetirom is the first FDA-approved therapy for noncirrhotic MASH with **F2–F3 fibrosis**; **semaglutide** has received accelerated FDA approval for the same indication, and **GLP-1 receptor agonists are preferred** in patients with **co-morbid T2DM and obesity**.^{79–81} For **alcohol-related hepatitis**, **complete abstinence is the cornerstone**, with pharmacologic treatment of alcohol use disorder (**naltrexone preferred** in older adults).¹² Primary care shares **longitudinal management with hepatology**: screening, diagnosis, fibrosis staging, coordination of treatment initiation, monitoring of comorbidities that affect treatment selection (CKD, cardiac disease, polypharmacy), and **long-term HCC surveillance** in qualifying patients.⁷⁶



AAVBC PERSPECTIVE

*In value-based care, the PCP's highest-value contributions center on **closing the screening-to-treatment gap**: the Baby Boomer cohort (born 1945–1965) carries **~75% of US HCV infections**, yet an estimated **800,000 remain undiagnosed**; one-time HCV antibody screening with reflex RNA testing **reduces loss to follow-up** from **~34% to <11%** and connects patients to **curative DAA therapy**.^{2,82} Equally critical is **preventing fibrosis progression** through **comorbidity optimization** — annual age-adjusted FIB-4 identifies patients requiring elastography or referral, **GLP-1 receptor agonists** address co-morbid T2DM/obesity while independently improving MASH, and **statin therapy** is safe and recommended in chronic hepatitis with dyslipidemia.^{68,69,76,81} **DAA therapy for HCV** achieves **SVR rates of 97–98% in patients ≥65 years** (including those ≥75 y), and cost-effectiveness analyses consistently demonstrate **ICERs <\$100,000 per QALY across all fibrosis stages**, with earlier treatment associated with larger sustained reductions in liver-related and total medical costs among Medicare beneficiaries.^{45,77,78} **For HBV**, only **29%** of patients with cirrhosis received antiviral therapy **within 12 months of diagnosis** in US claims data, and only **~40%** of Medicare patients with HCV cirrhosis receive **semiannual HCC surveillance** — **rural and African American patients** have significantly lower rates.^{23,32,75} Decisions on treatment intensity, surveillance intervals, and escalation are guided by **fibrosis stage, comorbidity burden, functional status, and goals of care** — **not chronological age alone**.¹²*

Therapy Escalation Criteria

TRIGGER ^{5,8,14,19,55}	ACTION ^{2,5,8,19,55}
Positive HCV antibody in any Baby Boomer (born 1945-1965) or at-risk adult	Reflex HCV RNA quantitative (CPT 87521) within 30 days ; if positive → code B18.2 + expedited referral for DAA therapy evaluation; target linkage-to-care <30 days
HBsAg positive confirmed ≥6 months	HBV DNA quantitative ; HBeAg/anti-HBe; phase determination (immune-tolerant vs. immune-active per AASLD 2026); treatment-eligible patients → initiate TAF 25 mg daily (preferred in ≥60 y) or entecavir 0.5 mg daily; HCC surveillance per demographic criteria
FIB-4 indeterminate (1.3-2.67 standard; 2.0-2.67 age-adjusted for ≥65 y)	Sequential testing : ELF (preferred in elderly with heart failure, BMI >40, CKD) or VCTE for confirmation; if ELF ≥9.8 or VCTE ≥10 kPa → hepatology referral for further staging and management
Cirrhosis of any etiology, or high-risk CHB (Asian males >40 y, Asian females >50 y, African/Black individuals, family history of HCC)	Enroll in HCC surveillance : ultrasound + AFP every 6 months (CPT 76705 + 82105); coordinate across primary care and hepatology to prevent surveillance gaps
Autoimmune hepatitis (K75.4) diagnosis	Hepatology co-management for induction (prednisone ± azathioprine) and maintenance; check TPMT metabolizer status before azathioprine; elderly : prednisone monotherapy 20–40 mg/day initially; add azathioprine after 2 weeks if steroid-responsive ; start osteoporosis prophylaxis simultaneously

ABBREVIATIONS: HCV = hepatitis C virus; RNA = ribonucleic acid; CPT = current procedural terminology; DAA = direct-acting antiviral; HBsAg = hepatitis B surface antigen; HBV = hepatitis B virus; HBeAg = hepatitis B e antigen; AASLD = American Association for the Study of Liver Diseases; TAF = tenofovir alafenamide; HCC = hepatocellular carcinoma; FIB-4 = Fibrosis-4 index; ELF = Enhanced Liver Fibrosis test; BMI = body mass index; CKD = chronic kidney disease; VCTE = vibration-controlled transient elastography; kPa = kilopascal; CHB = chronic hepatitis B; AFP = alpha-fetoprotein; TPMT = thiopurine methyltransferase



CLINICAL PEARL: IMMUNE SENESCENCE SILENTLY RESHAPES CH IN OLDER ADULTS

Aging degrades both **innate** and **adaptive hepatic immunity**, producing four clinically actionable consequences for PCPs:⁴¹

Symptoms are blunted while damage progresses. Older adults with chronic HBV, HCV, and AIH typically **present asymptotically** yet with **more advanced fibrosis**; **one in four** AIH diagnoses occurs **after age 60**, frequently at cirrhotic stages suggesting years of subclinical disease.^{19,83}

Vaccine responses decline. HBV seroconversion falls to **~47%** in adults aged **50-60**; **Heplisav-B** (CpG-adjuvanted) achieves **2.7x higher** seroconversion in chronic liver disease patients and **should be preferred**.^{84,85}

HBV reactivation risk rises. Reactivation occurs in **41-53%** of **HBsAg-positive** patients receiving immunosuppression without prophylaxis; screen with HBsAg and anti-HBc **before** any immunosuppressive therapy.^{1,38}

HCC immune surveillance fails. Senescent T-cells and NK cells **lose capacity** to clear **pre-malignant hepatocytes**; intrahepatic T-cell senescence correlates directly with fibrosis stage → **do not defer HCC surveillance** in qualifying older adults.^{86,87}

Bottom line: Older chronic hepatitis patients **present later, progress faster, vaccinate poorly, reactivate more readily**, and **surveille tumors less effectively**, all while appearing clinically well.^{41,83} Proactive screening, confirmed vaccine seroconversion, pre-immunosuppression HBV testing, and strict HCC surveillance adherence are the **PCP's highest-value responses**.

AASLD/CDC/USPSTF Aligned Recommendations

PROFILE	GUIDELINE-ALIGNED APPROACH* ^{2,5,19,49,80,81}	NOTES* ^{2,5,12,19,60}
Chronic HBV — immune-active, ≥60 y or CKD	TAF 25 mg orally daily with food; first-line in ≥60 y , CKD, or osteoporosis; no renal adjustment if CrCl ≥15	Alternative: entecavir 0.5 mg daily (adjust if CrCl <50); peginterferon not recommended in elderly ; TAF not recommended in Child-Pugh B/C
Chronic HCV — noncirrhotic, compensated cirrhosis, or decompensated cirrhosis	Generic glecaprevir/pibrentasvir 300/120 mg daily with food × 8 wk , or sofosbuvir/velpatasvir 400/100 mg daily × 12 wk ; both pangenotypic	No renal restriction for either regimen (any eGFR including dialysis); no geriatric dose adjustment ; SVR >95% noncirrhotic/compensated, 83-94% decompensated; screen HBsAg/anti-HBc before initiation (reactivation risk)

PROFILE	GUIDELINE-ALIGNED APPROACH*2,5,19,49,80,81	NOTES*2,5,12,19,60
Autoimmune hepatitis (K75.4) — induction	Prednisone 40-60 mg daily , or 20-40 mg + azathioprine 50-150 mg daily; add azathioprine after 2 weeks to confirm steroid response	Check TPMT before azathioprine ; elderly : lower-dose prednisone with early azathioprine to minimize steroid toxicity (osteoporosis, cataracts, hyperglycemia); start bone protection
MASH with F2-F3 fibrosis	Resmetirom (Rezdiffra) 80-100 mg orally daily; semaglutide (Wegovy) 2.4 mg SC weekly; lifestyle (≥ 7 -10% weight loss + Mediterranean diet) first-line for all	Resmetirom : contraindicated in cirrhosis, PBC, uncontrolled thyroid disease; semaglutide : not approved for MASH cirrhosis ; monitor GI events, AKI, pancreatitis; combination not yet studied
Alcohol-related hepatitis (K70.1)	Complete abstinence is cornerstone ; naltrexone or acamprosate for AUD; co-document F10.xx with severity	Naltrexone : safe in compensated liver disease; contraindicated with opioids and in acute hepatitis/decompensated cirrhosis per some sources; prednisolone 40 mg $\times$ 28 days if Maddrey DF ≥ 32
ABBREVIATIONS: HBV = hepatitis B virus; CKD = chronic kidney disease; TAF = tenofovir alafenamide; CrCl = creatinine clearance; HCV = hepatitis C virus; eGFR = estimated glomerular filtration rate; SVR = sustained virologic response; HBsAg = hepatitis B surface antigen; TPMT = thiopurine methyltransferase; MASH = metabolic dysfunction-associated steatohepatitis; F2-F3 = METAVIR fibrosis stages 2-3; SC = subcutaneous; PBC = primary biliary cholangitis; GI = gastrointestinal; AKI = acute kidney injury; AUD = alcohol use disorder; DF = discriminant function; FDA = Food and Drug Administration *Consult FDA labels for the most up-to-date dosage information, contraindications, and drug-drug interactions		



CLINICAL PEARL: GENERIC DAAS MAKE HCV CURE A HIGH-VALUE INTERVENTION

Two pangenotypic regimens, glecaprevir/pibrentasvir (G/P, 8 weeks) and sofosbuvir/velpatasvir (SOF/VEL, 12 weeks), anchor the **AASLD-IDSA simplified treatment pathway**.² Generic availability has **fundamentally shifted the value equation** for PCPs managing **older patients with chronic HCV**.⁸⁸

Cure rates are **age-independent**. G/P achieves SVR12 of 97.9% in patients ≥65 across pooled Phase 2/3 data, confirmed in real-world U.S. cohorts up to age 84.⁸⁹ **Neither regimen requires renal dose adjustment** (any eGFR, including dialysis), and adverse events in elderly patients are driven by **ribavirin-containing regimens**, **not** by ribavirin-free DAAs.⁷⁷ **Generic pricing transforms cost-effectiveness**. Generic SOF/VEL costs ~\$11,000/course and G/P ~\$10,000–\$13,000 — well below the \$50,000/QALY cost-effectiveness threshold even when treating patients aged 70–75 with advanced fibrosis.⁸⁸

Cure prevents liver and extrahepatic disease. In a cohort of 245,596 adults, DAA treatment was independently associated with **57%** lower all-cause mortality, **64%** less decompensation, **27%** less HCC, and significant reductions in incident diabetes, CKD, and cardiovascular disease.⁹⁰

Bottom line: Generic pangenotypic DAAs deliver **>97% cure in 8–12 weeks** with no renal restriction and no age-related efficacy decline.⁷⁷ For older adults who present with more advanced fibrosis yet fewer symptoms, **early treatment** prevents not only **cirrhosis** and **HCC** but **also extrahepatic complications** that disproportionately burden this population.⁹⁰ Do not defer treatment based on age alone.²

Non-Pharmacologic Treatment and Lifestyle Modification

INTERVENTION	TARGET/ RECOMMENDATION ^{3,12,49,91,92}	NOTES ^{4,9,53,93}
Complete alcohol abstinence	All chronic hepatitis etiologies; particularly essential for K70.1 and MASH	Alcohol accelerates fibrosis in all hepatitis types; AUDIT-C at every visit; brief intervention or MAT referral for alcohol use disorder
Weight loss and Mediterranean-style diet	MASH: ≥7–10% body weight loss target; caloric reduction of 500–1,000 kcal/day	Reduces hepatic fat and inflammation; sustained behavioral change is the core MASH treatment; consider dietitian referral; elderly with mobility limits → chair aerobics, water aerobics, tai chi
Physical activity/exercise	≥150 minutes/week moderate-intensity aerobic exercise per AASLD MASLD guidance	Adapt for frailty and mobility: walking, chair-based programs, PT referral for deconditioned elderly; exercise alone has metabolic benefit independent of weight loss

INTERVENTION	TARGET/ RECOMMENDATION ^{3,12,49,91,92}	NOTES ^{4,9,53,93}
Avoid hepatotoxic supplements	Counsel against: kava, high-dose green tea extract, germander, pennyroyal, high-dose vitamin A, raw seafood (Vibrio risk in cirrhosis)	Document in medication reconciliation at every visit ; patients often do not consider OTC/supplements as 'medications'

ABBREVIATIONS: MASH = metabolic dysfunction-associated steatohepatitis; AUDIT-C = Alcohol Use Disorders Identification Test – Consumption; MAT = medication for addiction treatment; AASLD = American Association for the Study of Liver Diseases; MASLD = metabolic dysfunction-associated steatotic liver disease; PT = physical therapy; OTC = over-the-counter

Medication Safety and Key Interactions

AGENT	KEY CONSIDERATIONS* ^{2,94-97}	PCP ACTION* ^{1,2,98-100}
Sofosbuvir-containing DAA + amiodarone	Fatal cardiac arrest and severe symptomatic bradycardia reported; risk increased with: concurrent beta-blockers, cardiac comorbidities, or advanced liver disease; onset within hours to 2 weeks of DAA initiation	Do NOT co-administer; if unavoidable, inpatient cardiac monitoring × 48 hours then daily outpatient HR monitoring × 2 weeks; consult hepatology/cardiology before initiating
Glecaprevir/pibrentasvir or sofosbuvir/velpatasvir + statins	OATP1B1/3 and BCRP inhibition → ↑ statin levels → myopathy/rhabdomyolysis risk; rosuvastatin AUC ↑ up to 5-fold with Mavyret	Rosuvastatin ≤10 mg ; atorvastatin lowest dose with monitoring; pravastatin reduce 50% with Mavyret; monitor for myalgia/CK elevation during DAA course
Sofosbuvir/velpatasvir + PPIs	Velpatasvir absorption is pH-dependent ; high-dose PPIs → subtherapeutic DAA levels → virologic failure	Omeprazole ≤20 mg taken 4 hours after DAA with food; deprescribe unnecessary PPIs during 12-week HCV course; H2RAs are safer alternatives
Azathioprine + allopurinol	Xanthine oxidase inhibition → ↑ 6-TGN metabolites → severe pancytopenia ; however, intentional low-dose combination used in refractory AIH under specialist supervision	Avoid combination unless directed by hepatology with metabolite monitoring; CBC weekly during co-initiation; febuxostat is NOT a safe alternative

AGENT	KEY CONSIDERATIONS* ^{2,94-97}	PCP ACTION* ^{1,2,98-100}
TAF/TDF + NSAIDs or nephrotoxic agents	Additive nephrotoxicity ; NSAIDs reduce renal prostaglandin synthesis → ↑ tenofovir-related tubulopathy risk; TAF has less renal toxicity than TDF but risk persists	Avoid chronic NSAIDs ; use acetaminophen ≤2 g/day; prefer TAF over TDF in ≥60 y; monitor creatinine, phosphorus, urine glucose annually
Any DAA + rifampin	Potent CYP3A4/P-gp induction → markedly reduced DAA levels → virologic failure; contraindicated with all current DAA regimens	Do NOT co-administer ; defer HCV treatment until TB therapy complete or consult ID/hepatology
Polypharmacy (≥5 medications) + any chronic hepatitis regimen	>50% of elderly HCV patients have predicted significant DDIs; calcium channel blockers (31.5%) and PPIs (23%) are the most common interacting classes	Comprehensive medication reconciliation at DAA initiation ; use hep-druginteractions.org (University of Liverpool); apply AGS Beers Criteria; deprescribe where possible

ABBREVIATIONS: DAA = direct-acting antiviral; HR = heart rate; OATP1B1/3 = organic anion transporting polypeptide 1B1/3; BCRP = breast cancer resistance protein; AUC = area under the curve; CK = creatine kinase; PPIs = proton pump inhibitors; HCV = hepatitis C virus; H2RAs = histamine-2 receptor antagonists; 6-TGN = 6-thioguanine nucleotides; AIH = autoimmune hepatitis; CBC = complete blood count; TAF = tenofovir alafenamide; TDF = tenofovir disoproxil fumarate; NSAIDs = nonsteroidal anti-inflammatory drugs; CYP3A4 = cytochrome P450 3A4; P-gp = P-glycoprotein; TB = tuberculosis; ID = infectious disease; DDIs = drug-drug interactions; AGS = American Geriatrics Society; PCP = primary care physician; FDA = Food and Drug Administration

***Consult FDA labels for the most up-to-date dosage information, contraindications, and drug-drug interactions**

When to Refer

CRITERION	SPECIALIST ^{2,5,19,73}	URGENCY ^{2,19,68,70}
Positive HCV RNA (confirmed chronic HCV)	Hepatology or infectious disease with HCV expertise	Within 30 days → all patients are treatment candidates
HBsAg positive ≥6 months with treatment-eligible criteria (immune-active phase)	Hepatology	Within 4 weeks for treatment initiation and HCC surveillance planning
FIB-4 high risk (>2.67) or VCTE ≥10 kPa or ELF ≥9.8	Hepatology	Within 4 weeks for staging and co-management

CRITERION	SPECIALIST ^{2,5,19,73}	URGENCY ^{2,19,68,70}
Autoimmune hepatitis (K75.4) diagnosis or suspected AIH flare	Hepatology + consider TPMT testing before azathioprine	Within 2 weeks for treatment initiation; urgent if acute severe AIH (INR >1.5 + jaundice)
Decompensation (ascites, encephalopathy, variceal bleeding), or MELD ≥15	Hepatology emergency + transplant center	IMMEDIATE for acute decompensation; within 1 week for progressive decompensation

ABBREVIATIONS: HCV = hepatitis C virus; RNA = ribonucleic acid; HBsAg = hepatitis B surface antigen; HCC = hepatocellular carcinoma; FIB-4 = Fibrosis-4 index; VCTE = vibration-controlled transient elastography; kPa = kilopascal; ELF = Enhanced Liver Fibrosis test; AIH = autoimmune hepatitis; TPMT = thiopurine methyltransferase; INR = international normalized ratio; MELD = Model for End-Stage Liver Disease

Follow-Up Timing

STAGE/CATEGORY	FREQUENCY ^{2,5,8,19,38}	LABS TO MONITOR ^{*1,19,45,101}
HBV on treatment (TAF or entecavir)	HBV DNA every 3-6 months until undetectable, then every 6-12 months ; ALT/AST every 3-6 months	HBV DNA, ALT/AST, HBeAg/anti-HBe every 6-12 months, CBC, CMP, serum phosphorus (TAF/TDF), creatinine clearance
HCV on DAA treatment (8-12 weeks)	Baseline; week 4 LFTs; SVR12 at 12 weeks post-treatment completion	ALT/AST, HCV RNA at SVR12 (clinical cure endpoint); if HCV RNA detectable at SVR12 = treatment failure → hepatology
Post-SVR HCV (no cirrhosis)	Annual primary care; hepatology at SVR24 then discharge unless new concerns	Annual LFTs and FIB-4 ; reinfection risk assessment in ongoing IDU/high-risk patients
Post-SVR HCV with cirrhosis (any etiology cirrhosis)	Every 6 months indefinitely	Ultrasound + AFP every 6 months (HCC surveillance); LFTs, platelets, INR; MELD every 6 months
AIH on treatment (prednisone ± azathioprine)	ALT/AST + IgG every 2 weeks during prednisone taper; every 3-6 months stable; CBC every 6 months on azathioprine	ALT/AST, IgG, CBC (azathioprine safety), TPMT once at baseline, DEXA baseline and every 1-2 years on chronic prednisone, eye exam annually

STAGE/CATEGORY	FREQUENCY ^{2,5,8,19,38}	LABS TO MONITOR ^{*1,19,45,101}
ABBREVIATIONS: HBV = hepatitis B virus; TAF = tenofovir alafenamide; ALT = alanine aminotransferase; AST = aspartate aminotransferase; HBeAg = hepatitis B e antigen; CBC = complete blood count; CMP = comprehensive metabolic panel; TDF = tenofovir disoproxil fumarate; HCV = hepatitis C virus; DAA = direct-acting antiviral; LFTs = liver function tests; SVR = sustained virologic response; SVR12/SVR24 = SVR at 12/24 weeks post-treatment; RNA = ribonucleic acid; FIB-4 = Fibrosis-4 index; IDU = injection drug use; AFP = alpha-fetoprotein; HCC = hepatocellular carcinoma; INR = international normalized ratio; MELD = Model for End-Stage Liver Disease; AIH = autoimmune hepatitis; IgG = immunoglobulin G; TPMT = thiopurine methyltransferase; DEXA = dual-energy X-ray absorptiometry; FDA = Food and Drug Administration *Consult FDA labels for the most up-to-date dosage information, contraindications, and drug-drug interactions		

Comorbidity Management

COMORBIDITY	APPROACH ^{*19,31,60,68,102}	CAUTION ^{*3,19,103}
Type 2 diabetes mellitus	Metformin + GLP-1 RA preferred; especially beneficial in MASH (weight loss + fibrosis regression signal)	Avoid thiazolidinediones in advanced fibrosis; GLP-1 + sulfonylurea → hypoglycemia risk (reduce sulfonylurea)
Chronic kidney disease	Age-adjust DAAs: sofosbuvir-based approved for eGFR ≥30 and dialysis; TAF preferred over TDF if eGFR <60 or osteoporosis	Entecavir renal-dose if eGFR <50; avoid NSAIDs with TDF; ELF preferred over FIB-4 if CKD-related thrombocytopenia
Heart failure/cardiac disease	Statins safe and recommended in chronic hepatitis + dyslipidemia; ECG before peginterferon (contraindicated in decompensated heart disease)	Central venous congestion → false-positive VCTE; use ELF for fibrosis staging in heart failure
Alcohol use disorder (F10.xx)	Complete abstinence required; AUDIT-C at every visit; brief intervention or MAT (naltrexone , acamprosate) referral; address with empathy and without stigma	Coexisting HCV or MASH accelerates fibrosis; abstinence alone can reverse significant early fibrosis
Osteoporosis/fracture risk (AIH patients on chronic prednisone)	Bone protection starts simultaneously with steroid induction, not later: calcium + vitamin D; DEXA baseline and every 1–2 y; bisphosphonate if osteoporotic	Prolonged prednisone >10 mg/day poorly tolerated in elderly; consider budesonide alternative in non-cirrhotic AIH

ABBREVIATIONS: GLP-1 RA = glucagon-like peptide-1 receptor agonist; MASH = metabolic dysfunction-associated steatohepatitis; DAA = direct-acting antiviral; eGFR = estimated glomerular filtration rate; TAF = tenofovir alafenamide; TDF = tenofovir disoproxil fumarate; NSAIDs = nonsteroidal anti-inflammatory drugs; ELF = Enhanced Liver Fibrosis test; FIB-4 = Fibrosis-4 index; CKD = chronic kidney disease; ECG = electrocardiogram; VCTE = vibration-controlled transient elastography; HCV = hepatitis C virus; AUDIT-C = Alcohol Use Disorders Identification Test – Consumption; MAT = medication for addiction treatment; AIH = autoimmune hepatitis; DEXA = dual-energy X-ray absorptiometry; FDA = Food and Drug Administration

***Consult FDA labels for the most up-to-date dosage information, contraindications, and drug-drug interactions**

Cost-Smart Options

BRAND (EST. COST)* ^{34,104-107}	GENERIC/ ALTERNATIVE (EST. COST)* ^{34,106,108-110}	EST. MONTHLY SAVINGS	COST-SMART TIP* ^{73,105,108,111,112}
Glecaprevir/ pibrentasvir (Mavyret) 8-wk HCV course ~\$26,400 WAC	No generic available	N/A	8-wk course (vs. 12-wk SOF/VEL) saves ~33% on drug cost with equivalent SVR >98% in treatment-naïve patients including compensated cirrhosis; Part D covered with IRA \$2,000 annual OOP cap ; AbbVie Patient Foundation for qualifying uninsured patients
Sofosbuvir/ velpatasvir (Epclusa) 12-wk HCV course ~\$74,760 WAC	Authorized generic sofosbuvir/velpatasvir ~\$25,000/course (67% lower list price)	~\$50,000 per course	Substantial cost savings with generic ; specify authorized generic on prescription; only ~3% of Medicare beneficiaries are in plans covering authorized generic alone → verify formulary ; 340B-eligible sites can acquire at steeply discounted prices for uninsured patients
Tenofovir alafenamide/TAF (Vemlidy) 25 mg daily ~\$1,490/mo brand	No generic available; TDF generic ~\$25/mo is the cost-effective alternative	~\$1,465/mo if TDF appropriate	TAF preferred over TDF in ≥60 y, CKD, or osteoporosis despite higher drug cost → reduced renal/bone monitoring costs offset price difference ; TDF generic appropriate in younger patients without renal/bone risk factors
Entecavir (Baraclude) 0.5 mg daily ~\$1,326/mo brand	Generic entecavir ~\$22/mo (NADAC <\$2/tablet with 11+ manufacturers)	~\$1,300/mo	Always prescribe generic entecavir ; AWP remains artificially inflated at ~\$44/tablet despite pharmacy acquisition cost <\$2 → verify plan is not pricing off AWP ; high-deductible plan patients may still face ~\$133/mo OOP due to PBM spread pricing

BRAND (EST. COST)* ^{34,104-107}	GENERIC/ ALTERNATIVE (EST. COST)* ^{34,106,108-110}	EST. MONTHLY SAVINGS	COST-SMART TIP* ^{73,105,108,111,112}
Resmetirom (Rezdiffra) 80-100 mg daily ~\$4,000/mo (~\$48,000-\$57,670/ yr WAC)	No generic available; lifestyle intervention (≥ 7 -10% weight loss + Mediterranean diet) is first-line for all MASH patients = \$0 drug cost	Variable; lifestyle alone avoids ~\$48,000/yr	Cost-effectiveness uncertain: ICER \$140,134/QALY at current pricing exceeds \$100,000/QALY WTP threshold ; restrict to confirmed F2-F3 MASH after hepatology consultation; GLP-1 RAs (if already prescribed for T2DM) provide adjunctive hepatic benefit without additional MASH-specific drug cost ; discuss goals of care before initiating in elderly
Prednisone + azathioprine (AIH induction/maintenance)	Both available as generics : prednisone ~\$5-\$10/mo ; azathioprine ~\$15-\$30/mo	N/A: already lowest cost	Among the most affordable chronic hepatitis treatments ; cost barrier is minimal; main cost driver is monitoring (CBC, TPMT, DEXA, ophthalmology) → bundle with AWV where possible
Chronic management of decompensated cirrhosis (~\$15,000-\$30,000/ yr including monitoring)	Transplant evaluation when MELD ≥ 15 ; curative intent reduces long-term costs	Variable: transplant is cost-effective long-term	Refer to transplant center early ; do not delay evaluation while managing decompensation; for patients not transplant-eligible, align care intensity with goals → palliative care consultation reduces unnecessary hospitalizations and improves quality of life

ABBREVIATIONS: WAC = wholesale acquisition cost; SVR = sustained virologic response; OOP = out-of-pocket; IRA = Inflation Reduction Act; DAA = direct-acting antiviral; TAF = tenofovir alafenamide; TDF = tenofovir disoproxil fumarate; CKD = chronic kidney disease; NADAC = National Average Drug Acquisition Cost; AWP = average wholesale price; PBM = pharmacy benefit manager; MASH = metabolic dysfunction-associated steatohepatitis; ICER = incremental cost-effectiveness ratio; QALY = quality-adjusted life year; WTP = willingness-to-pay; GLP-1 RAs = glucagon-like peptide-1 receptor agonists; T2DM = type 2 diabetes mellitus; AIH = autoimmune hepatitis; CBC = complete blood count; TPMT = thiopurine methyltransferase; DEXA = dual-energy X-ray absorptiometry; AWV = annual wellness visit; MELD = Model for End-Stage Liver Disease; FDA = Food and Drug Administration; HBV = hepatitis B virus; HCV = hepatitis C virus

Estimated costs reflect approximate 2024-2025 US wholesale acquisition cost (WAC) or out-of-pocket ranges and do not account for insurance coverage, copay assistance, or negotiated rates

***Consult FDA labels for the most up-to-date dosage information, contraindications, and drug-drug interactions**



DOCUMENTATION REMINDER - PATIENT EDUCATION

Document the following education topics, the patient and caregiver(s) present, materials provided, and patient understanding (**teach-back method**):

- **Diagnosis in plain language:** Chronic hepatitis is usually found through screening or incidental labs, not symptoms; cover etiology, fibrosis stage, and that **early disease is treatable** while cirrhosis requires surveillance^{38,113}
- **Warning symptoms → ED:** Vomiting blood or black stools; confusion or **hand-flapping tremor**; new jaundice with fever; rapid abdominal swelling with fever^{6,71}
- **Why screening matters:** Baby Boomers have **sixfold higher HCV prevalence**; one-time screening can identify curable disease **before irreversible damage**¹⁴
- **Treatment tolerability:** **HCV DAAs:** 8–12 weeks oral, SVR >95%, minimal side effects; **HBV antivirals:** well-tolerated, long-term, adherence prevents rebound^{2,77}
- **HBV reactivation risk:** Any patient with current/past HBV starting immunosuppression must inform all providers; prophylactic antivirals **prevent fatal reactivation**^{1,38}
- **Geriatric considerations:** Functional reserve and goals (not age alone) determine the plan; comorbidities **influence drug selection** but do not preclude treatment^{12,78}
- **Palliative care ≠ hospice:** Controls symptoms alongside treatment; supports quality of life and staying at home; **does not preclude transplant**¹¹⁴
- **Advance care planning:** Document surrogate, code status, goals early = **before encephalopathy** impairs capacity; revisit at each status change¹²
- **Caregiver assessment:** Screen for burden; refer to social work if strain identified; support should start early¹¹⁵

Quality Metrics Tie-In

No chronic hepatitis-specific HEDIS measures exist in MY2026. However, several HEDIS measures directly apply to **substance use-related hepatitis**: the **FUI** (Follow-Up After High-Intensity Care for Substance Use), **POD** (Pharmacotherapy for Opioid Use Disorder), **COU** (Risk of Continued Opioid Use), and **ASF-E** (Unhealthy Alcohol Use Screening and Follow-Up) all collectively anchor quality reporting for **K70.1** (alcoholic hepatitis) identification, brief intervention, and treatment referral.² **Hepatitis B vaccination and active disease status** is reported as a component of the **HEDIS AIS-E** (Adult Immunization Status) measure.

Several active MIPS measures are directly hepatitis-specific and reportable by PCPs:

- **MIPS #400:** One-Time Screening for HCV and Treatment Initiation
- **MIPS #387:** Annual HCV Screening for Active Injection Drug Users
- **MIPS #275:** Assessment of HBV Status Before Initiating Anti-TNF Therapy
- **MIPS #516:** HCV Sustained Virological Response (SVR)

Beyond these disease-specific measures, **cross-cutting national measures apply across the entire chronic hepatitis care trajectory** and can anchor quality reporting for any PCP managing these patients in the Medicare population.

MEASURE	STANDARD	CHRONIC HEPATITIS APPLICABILITY*1,2,6,114,116
MIPS #400: One-Time Screening for HCV and Treatment Initiation	Denominator: patients ≥ 18 y seen twice in reporting year with at least one preventive visit Numerator: patients screened for HCV and treatment initiated within three months if positive Exclusions: diagnosed with chronic HCV	Directly identifies the screening-to-treatment cascade for the Baby Boomer cohort; aligns with USPSTF 2020 Grade B recommendation; PCP-reportable measure that incentivizes reflex RNA testing and expedited DAA referral within 30 days of positive antibody
MIPS #387: Annual HCV Screening for Active Injection Drug Users	Denominator: patients ≥ 18 y seen twice in reporting year with at least one preventive visit + active injection drug user; Numerator: patients with HCV antibody test performed during the measurement year; Exclusions: chronic HCV diagnosis; HCC diagnosis	Captures ongoing-risk rescreening in PWID; IDU accounts for ~70% of new HCV infections ; annual testing recommended by AASLD-IDSA regardless of prior negative results ; relevant to K70.1 and K71.x patients with concurrent IDU
MIPS #275: Assessment of HBV Status Before Initiating Anti-TNF Therapy	Denominator: patients ≥ 18 y with IBD initiating anti-TNF therapy during the performance period; Numerator: patients with HBV status assessed (HBsAg $\pm$ anti-HBc) within 12 months prior to anti-TNF initiation; Exclusions: patients with documented prior HBV assessment and known immune status	Prevents HBV reactivation during immunosuppression = potentially fatal complication; workflow-embedded screening reduced HBVr from 5.2% to 1.5% ; relevant to any chronic hepatitis patient starting immunosuppressive therapy (not limited to IBD)

MEASURE	STANDARD	CHRONIC HEPATITIS APPLICABILITY*1,2,6,114,116
MIPS #516: HCV Sustained Virological Response (SVR)	Denominator: patients ≥18 y with chronic HCV (B18.2) who completed a course of DAA therapy during the measurement period or 12 months prior; Numerator: patients with documented SVR12 (HCV RNA undetectable ≥12 weeks post-treatment completion); Exclusions: hospice; palliative care; HCC diagnosis	The only national quality measure tracking HCV cure ; SVR12 is the accepted clinical cure endpoint (PPV >99% for SVR24); only ~ 34% of persons with initial HCV infection have evidence of viral clearance nationally, highlighting the treatment gap this measure addresses
HEDIS AIS-E: Adult Immunization Status	Denominator: MA enrollees ≥19 y, continuously enrolled; Numerator: up-to-date status for each vaccine sub-measure including influenza, Td/Tdap, zoster, pneumococcal, and hepatitis B; Exclusions: hospice	HepB vaccination sub-measure directly relevant: chronic liver disease (including HCV, cirrhosis, fatty liver, alcoholic liver disease, AIH) is an ACIP-listed risk factor for HBV vaccination in adults ≥60 y; only ~ 19% of adults ≥50 y are vaccinated; vaccination of susceptible chronic hepatitis patients prevents superinfection
HEDIS FUI: Follow-Up After High-Intensity Care for Substance Use	Denominator: MA enrollees ≥13 y with ≥1 ED visit for SUD (alcohol, opioid, or other drug); Numerator: follow-up visit with any SUD provider or pharmacotherapy dispensing event within (1) 7 days and (2) 30 days of ED discharge; Exclusions: transfer to inpatient, hospice	Reports post-ED linkage to care for alcohol-related and drug-related hepatitis patients; only ~ 11% of SUD-related ED visits have 30-day primary care follow-up; structured transitions reduce readmission and accelerate hepatitis treatment engagement

MEASURE	STANDARD	CHRONIC HEPATITIS APPLICABILITY*1,2,6,114,116
HEDIS POD: Pharmacotherapy for Opioid Use Disorder	Denominator: MA enrollees ≥16 y with an OUD diagnosis (F11.x) and negative OUD medication history at intake Numerator: ≥1 claim for MOUD (buprenorphine, methadone, or naltrexone) for ≥180 days during the measurement year; Exclusions: hospice, cancer treatment with opioids	MOUD reduces overdose mortality by ~50%; relevant to chronic hepatitis patients with concurrent OUD → buprenorphine and methadone are safe in compensated liver disease ; medication reconciliation should account for DAA-MOUD interactions
HEDIS COU: Risk of Continued Opioid Use	Denominator: MA enrollees ≥18 y with a new opioid prescription (no opioid Rx in prior 90 days) during the measurement year; Numerator: patients with ≥15 days supply of opioids within 30 days of initial Rx (lower is better); Exclusions: cancer, hospice, palliative care, sickle cell disease, MAT	Chronic hepatitis patients with cirrhosis are at elevated risk for opioid-related complications (altered hepatic metabolism, encephalopathy precipitation); acetaminophen ≤2 g/day preferred over opioids ; this measure incentivizes opioid-sparing pain management
HEDIS COA: Care for Older Adults-Medication Review	Denominator: MA enrollees ≥66, continuously enrolled; Numerator: sub-measures documented annually: (1) functional status assessment, (2) medication review, Exclusions: hospice, ESRD	Chronic hepatitis patients are on multiple interacting agents (DAAs, antivirals, azathioprine, statins, PPIs); documented review should reconcile : hepatotoxic supplements, Beers-listed agents, and DDIs (e.g., amiodarone + sofosbuvir, allopurinol + azathioprine)
HEDIS COA: Care for Older Adults-Functional Status Assessment	Denominator: enrollees ≥66; Numerator: functional status assessment documented annually Exclusions: hospice, ESRD	Chronic liver disease is an independent risk factor for falls, sarcopenia, and cognitive impairment (minimal hepatic encephalopathy); gait assessment and ADL/IADL screening satisfy this sub-measure and identify patients needing PT/OT referral

MEASURE	STANDARD	CHRONIC HEPATITIS APPLICABILITY*1,2,6,114,116
HEDIS TRC: Transitions of Care Patient	Denominator: enrollees ≥ 18 with inpatient discharge; Numerator: sub-measures within 30 days: (1) notification of inpatient admission, (2) receipt of discharge information, Exclusions: hospice	Decompensated cirrhosis patients have frequent admissions ; post-discharge medication reconciliation is critical given fluctuating renal dosing of antivirals and lactulose/rifaximin adjustments; timely PCP follow-up reduces readmission risk
HEDIS DMS-E: Utilization of the PHQ-9 to Monitor Depression Symptoms for Adolescents and Adults	Denominator: enrollees ≥ 12 with diagnosis of major depression or dysthymia AND elevated PHQ-9 ≥ 10 ; Numerator: follow-up PHQ-9 documented within 4–8 months of index elevated score Exclusions: hospice	Depression prevalence is elevated in chronic HCV (~30%) and cirrhosis; fatigue and cognitive symptoms overlap with hepatic encephalopathy ; PHQ-9 monitoring supports both quality reporting and clinical differentiation
HEDIS ACP: Advance Care Planning	Denominator: enrollees ≥ 66 ; Numerator: advance care plan or surrogate decision-maker documented, OR documentation that ACP was discussed but patient declined Exclusions: hospice	Decompensated cirrhosis has median survival ~2 years ; ACP should begin before encephalopathy impairs capacity; billable as CPT 99497/99498 during AWV with no copay
HEDIS PCR: Plan All-Cause Readmission	Denominator: enrollees ≥ 18 with acute inpatient discharge Numerator: unplanned readmission within 30 days (lower is better) Exclusions: planned readmissions (maintenance chemotherapy, transplant), hospice, psychiatric	Cirrhosis 30-day readmission rates exceed 25% ; structured transitions of care, early paracentesis scheduling, and lactulose adherence counseling reduce preventable readmissions

MEASURE	STANDARD	CHRONIC HEPATITIS APPLICABILITY*1,2,6,114,116
ABBREVIATIONS: MIPS = Merit-based Incentive Payment System; HCV = hepatitis C virus; USPSTF = United States Preventive Services Task Force; PCP = primary care provider; DAA = direct-acting antiviral; RNA = ribonucleic acid; PWID = persons who inject drugs; IDU = injection drug use; AASLD = American Association for the Study of Liver Diseases; IDSA = Infectious Diseases Society of America; HBV = hepatitis B virus; HBsAg = hepatitis B surface antigen; anti-HBc = antibody to hepatitis B core antigen; IBD = inflammatory bowel disease; anti-TNF = anti-tumor necrosis factor; HBVr = hepatitis B virus reactivation; SVR = sustained virologic response; SVR12/SVR24 = SVR at 12/24 weeks post-treatment; PPV = positive predictive value; HCC = hepatocellular carcinoma; HEDIS = Healthcare Effectiveness Data and Information Set; MA = Medicare Advantage; ACIP = Advisory Committee on Immunization Practices; AIH = autoimmune hepatitis; ED = emergency department; SUD = substance use disorder; OUD = opioid use disorder; MOUD = medications for opioid use disorder; DDI = drug-drug interaction; PPI = proton pump inhibitor; ESRD = end-stage renal disease; ADL = activities of daily living; IADL = instrumental activities of daily living; PT = physical therapy; OT = occupational therapy; PHQ-9 = Patient Health Questionnaire 9-item; ACP = advance care planning; CPT = current procedural terminology; AWW = annual wellness visit; FDA = Food and Drug Administration *Consult FDA labels for the most up-to-date dosage information, contraindications, and drug-drug interactions		

5 CODING REMINDERS AND CASE EXAMPLES

Coding Specificity

ELEMENT ^{2,3,5,19,24}	DOCUMENTATION REQUIREMENT ^{2,5,8,19,70}
B18.1/B18.0, Chronic HBV	Document HBsAg positive ≥6 months ; HBeAg/anti-HBe status; HBV DNA level; immune phase (immune-tolerant, immune-active, inactive, indeterminate); treatment agent and duration
B18.2, Chronic HCV	Document HCV antibody positive + HCV RNA detectable with date ; genotype; treatment status (treatment-naïve, on DAA, post-SVR with/without cirrhosis); FIB-4 age-adjusted
K75.4, Autoimmune hepatitis	Document elevated aminotransferases + elevated IgG + autoantibodies (ANA, SMA, anti-LKM1) + compatible histology ; IAIHG score; treatment regimen and response
K70.1, Alcohol-related hepatitis	Document alcohol consumption (g/day); AST:ALT ratio; co-code F10.xx with severity; abstinence status; fibrosis stage
K71.x, Drug/toxin-induced hepatitis	Name causative agent ; document temporal relationship ; RUCAM/RECAM score; dechallenge response
K74.60/K74.69, Cirrhosis	Specify etiology (e.g., ' K74.60 secondary to B18.2 '); Child-Pugh class; MELD score; variceal and HCC surveillance status
K73.9, AVOID: Chronic hepatitis, unspecified	Reserve ONLY for extensively evaluated patients with no etiology identified ; specify the etiology code once established

ELEMENT ^{2,3,5,19,24}	DOCUMENTATION REQUIREMENT ^{2,5,8,19,70}
B19.x, AVOID: Unspecified viral hepatitis	Confirm chronicity and etiology → code B18.x ; B19.x use instead of B18.x is a common coding error
Z87.39, AVOID when disease is active	Chronic hepatitis under active management is NOT 'history'; continue active code until resolution clinically confirmed without sequelae
Associated conditions	Code each separately : K74.x (cirrhosis), R18.0 (ascites), C22.0 (HCC), E11.x (T2DM), N18.x (CKD), F10.xx (AUD), B20 (HIV)
Fibrosis stage	Document FIB-4 value (age-adjusted for ≥65 y) with date; VCTE kPa or ELF score when performed; METAVIR stage if biopsy obtained
Chronicity and treatment trajectory	Document diagnosis date ; duration of infection; treatment phase; SVR date if applicable; surveillance activity → active surveillance is not 'history'

ABBREVIATIONS: HBsAg = hepatitis B surface antigen; HBeAg = hepatitis B e antigen; anti-HBe = antibody to hepatitis B e antigen; HBV = hepatitis B virus; DNA = deoxyribonucleic acid; HCV = hepatitis C virus; RNA = ribonucleic acid; DAA = direct-acting antiviral; SVR = sustained virologic response; FIB-4 = Fibrosis-4 index; IgG = immunoglobulin G; ANA = antinuclear antibody; SMA = smooth muscle antibody; anti-LKM1 = anti-liver kidney microsomal antibody type 1; IAIHG = International Autoimmune Hepatitis Group; ALT = alanine aminotransferase; AST = aspartate aminotransferase; RUCAM = Roussel Uclaf Causality Assessment Method; RECAM = Revised Electronic Causality Assessment Method; MELD = Model for End-Stage Liver Disease; HCC = hepatocellular carcinoma; T2DM = type 2 diabetes mellitus; CKD = chronic kidney disease; AUD = alcohol use disorder; HIV = human immunodeficiency virus; VCTE = vibration-controlled transient elastography; ELF = Enhanced Liver Fibrosis test; kPa = kilopascal; METAVIR = Meta-analysis of Histological Data in Viral Hepatitis

Annual Clinical Review and Confirmation

- **Annual review:** All chronic hepatitis codes (**B18.0, B18.1, B18.2, K70.1, K71.x, K75.3, K75.4, K73.9**) must be reassessed face-to-face **or** via synchronous audio-video telehealth each reporting year; update etiology, fibrosis stage, treatment phase, and HCC surveillance status^{5,24}
- **Visit modality:** In-person **or** video telehealth **with meaningful evaluation qualifies**; document most recent HBV DNA or HCV RNA, LFTs, and FIB-4 age-adjusted interpretation^{2,5}
- **Clinical context:** Chronic hepatitis maps to **HCC 65 regardless of etiology** (viral, alcoholic, drug-induced, and autoimmune causes); the goal is accurate clinical complexity representation, not code optimization → **B19.x** and **K73.9** should be **replaced with etiology-specific codes** when the cause is known^{24,26}
- **Avoid rollover: Do not** copy last year's hepatitis note forward **without updating**: Viral load (or SVR status), fibrosis staging, treatment phase, and patient-reported goals of care⁵

Good Documentation is Comprehensive Coding

EHR SHORTCUT/RISK	PREFERRED DOCUMENTATION LANGUAGE ^{2,5,8,70,101}
'Hepatitis' or 'hep C' on problem list	'Chronic hepatitis C (B18.2), HCV RNA status [date], genotype [x], treatment phase [naïve/on DAA week x/post-SVR], FIB-4 [value] age-adjusted, cirrhosis status [yes with Child-Pugh/MELD/no].'
'History of hepatitis C' in post-SVR patient with cirrhosis	'Chronic hepatitis C (B18.2) post-DAA SVR at SVR12 [date], cirrhosis (K74.60) Child-Pugh A, HCC surveillance ultrasound + AFP every 6 months [last surveillance date].'; do NOT use Z87.39 → surveillance continues, risk continues
Copy-forward 'hep B' without re-confirmation	'Chronic HBV without delta (B18.1), HBsAg positive since [year], currently [immune-tolerant/immune-active on TAF 25 mg daily since date], HBV DNA [value] [date], ALT [value], HCC surveillance status [qualifying criteria/not qualifying].'
'Abnormal LFTs' without diagnosis	'Persistent AST/ALT elevation × [duration]; workup pending: HCV antibody, HBsAg, autoimmune serology, fasting metabolic panel, FIB-4 age-adjusted. Diagnosis: rule out chronic hepatitis [specific etiology].'; once established, update to specific ICD-10
'B19.x — viral hepatitis unspecified' when etiology is known	'Chronic viral hepatitis [B or C]: B18.1 (HBV) or B18.2 (HCV).'
'Cirrhosis' without specifying etiology	'Cirrhosis (K74.60) secondary to chronic hepatitis [specific etiology code B18.1/B18.2/K70.1/K71.x/K75.4], Child-Pugh [A/B/C], MELD [value], compensated/decompensated, HCC surveillance [date/plan].'

ABBREVIATIONS: EHR = electronic health record; HCV = hepatitis C virus; RNA = ribonucleic acid; DAA = direct-acting antiviral; SVR = sustained virologic response; SVR12 = sustained virologic response at 12 weeks post-treatment; FIB-4 = Fibrosis-4 Index; MELD = Model for End-Stage Liver Disease; HCC = hepatocellular carcinoma; AFP = alpha-fetoprotein; HBV = hepatitis B virus; HBsAg = hepatitis B surface antigen; TAF = tenofovir alafenamide; ALT = alanine aminotransferase; AST = aspartate aminotransferase; LFT = liver function tests; ICD-10 = International Classification of Diseases, 10th Revision; MEAT = monitor/evaluate/assess/treat; Child-Pugh = Child-Turcotte-Pugh classification

EHR Workflow Tips

- **EHR TIP — Smartphrase]** Build a **.chr_visit dot phrase** that **auto-populates:** ICD-10 with **etiology specificity (B18.1/B18.2/K70.1/K71.x/K75.4)**, HBV DNA or HCV RNA value with date, ALT/AST and FIB-4 age-adjusted interpretation, treatment phase or post-SVR status, fibrosis stage (FIB-4/VCTE/ELF), HCC surveillance date when qualifying, last hepatology visit and next follow-up, and medication reconciliation flag for DAA interactions. Separate **.chrscreen phrase** for **new evaluations:** HCV antibody, HBsAg triple panel, autoimmune serology, fasting metabolic panel, FIB-4, and AUDIT-C

- **[EHR TIP — Alert]** Flag **B19.x** or **K73.9** on problem list **when etiology is established** → prompt upgrade to specific code. Flag Baby Boomer patients (born 1945–1965) with **no HCV antibody** (CPT 86803) on record. Flag **HCC surveillance overdue >7 months** in qualifying patients (cirrhosis of any etiology, high-risk CHB). Flag FIB-4 calculated with standard cutoff <1.3 in patients ≥65 y → prompt **age-adjusted interpretation** (≤2.0 = low risk). Flag amiodarone on medication list when sofosbuvir-containing DAA is ordered
- **[EHR TIP — Best Practice]** Pin **etiology-specific ICD-10** with treatment phase on problem list (e.g., "Chronic HCV **B18.2**, post-SVR, compensated cirrhosis **K74.60**, HCC surveillance active"), **not** "hepatitis" or "hep C." Fire alert before ordering iron supplements when ferritin/TSAT indicate overload in cirrhosis. Code comorbidities individually (**F10.xx** AUD, **E11.x** T2DM, **N18.x** CKD). Update problem list at **every hepatology visit** or treatment phase change
- **[EHR TIP — Order Set]** "**Chronic Hepatitis Surveillance Labs**": CMP, CBC, ALT/AST, GGT; HBV DNA or HCV RNA as applicable; age-adjusted FIB-4 calculator embedded. "**HCC Surveillance**": US liver (CPT 76705) + AFP (CPT 82105) every 6 months for qualifying patients. "Baby Boomer HCV Screen": HCV antibody (CPT 86803) with reflex HCV RNA (CPT 87521) if positive
- **[EHR TIP — Referral]** One-click **referral templates**: (1) hepatology for new chronic hepatitis diagnosis or treatment initiation; (2) ID for HIV/HCV co-infection; (3) transplant center for MELD ≥15 or progressive decompensation; (4) palliative care for goals-of-care at any major decompensation → **auto-populate** reason, current ICD-10, and most recent lab

Brief Case Examples

SUCCESS: COMPREHENSIVE DOCUMENTATION

SCENARIO

A 68-year-old female with chronic hepatitis C (genotype 1a), noncirrhotic, post-DAA therapy with glecaprevir/pibrentasvir (8-week course completed [date]). SVR12 confirmed [date], HCV RNA undetectable. **Comorbidities**: T2DM on metformin, CKD stage 3a (eGFR 52, stable), hyperlipidemia on atorvastatin 20 mg. Last hepatology visit [date] with Dr. [Name]; SVR24 follow-up in 3 months.

Documentation: 'Chronic hepatitis C (**B18.2**), genotype 1a, post-DAA therapy with sustained virologic response → HCV RNA undetectable at SVR12 [date] after 8-week course of glecaprevir/pibrentasvir completed [date]. **Noncirrhotic**: FIB-4 0.9 (age-adjusted low risk), ALT 18, AST 22, platelets 245,000. Last hepatology visit [date], Dr. [Name], SVR24 follow-up in 3 months. **Comorbidities**: T2DM (**E11.9**) HbA1c 7.2% on metformin; CKD Stage 3a (**N18.30**) eGFR 52 stable; hyperlipidemia (**E78.5**) on atorvastatin 20 mg. No signs of decompensation. Counseled on alcohol abstinence, hepatotoxic supplement avoidance. Return 6 months; call for new jaundice, unexplained fatigue, or GI bleeding.'

Outcome: **B18.2** (chronic HCV → HCC 65, RAF 0.185, ≈\$1,924/year) + **E11.9** (T2DM) + **N18.30** (CKD 3a) + **E78.5** (hyperlipidemia). Active chronic condition through the reporting year until **sustained cure is clinically confirmed at SVR24** per hepatology. **Every MEAT element present**: specific etiology with genotype, treatment phase (post-SVR12), fibrosis stage with age-

adjusted interpretation, specific laboratory values with dates, comorbidities with active codes, patient counseling documented, clear follow-up plan with symptom-based return criteria.

PITFALL: INSUFFICIENT DOCUMENTATION

SCENARIO

A 72-year-old male with a history of hepatitis C and established cirrhosis. Presents for routine follow-up. PMH includes current medications. No recent labs or hepatology notes referenced.

Documentation as written: 'Hx of hep C, stable. LFTs ok. Continue current meds. F/u 6 months.'

Consequences: (1) 'Hx of' in a post-SVR patient with established cirrhosis framing triggers **Z87.39** — eliminates HCC capture entirely. (2) No specific etiology code (**B18.2** vs. **B18.1** vs. **K70.1**). (3) 'LFTs ok' — no values, no date, no FIB-4. (4) No mention of cirrhosis status, fibrosis stage, or HCC surveillance plan **despite patient meeting surveillance criteria**. (5) No hepatology follow-up interval. Note **fails MEAT on every element**.

Fix: 'Chronic hepatitis C (**B18.2**) post-DAA SVR × 3 years; compensated cirrhosis (**K74.60**) Child-Pugh A, MELD 8, on enrolled HCC surveillance → last ultrasound + AFP [date], AFP 4.2 ng/mL, ultrasound without focal lesion. ALT 28, AST 31, platelets 142,000, FIB-4 2.4 (**age-adjusted indeterminate** = consistent with known cirrhosis). Hepatology follow-up in 4 months, next HCC surveillance [date]. Counseled on alcohol abstinence, variceal bleeding and encephalopathy warning signs. Return 4 months; call for jaundice, confusion, GI bleeding, or new abdominal distension. MEAT complete.'

CODING AFTER FIX: **B18.2** (chronic HCV → **HCC 65**) + **K74.60** (cirrhosis unspecified → additional complexity reflected). Instead of **Z87.39** (no HCC mapping) → **accurate clinical picture preserved**, HCC surveillance documentation intact.

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