



B E L V A A

SENIOR CARE

Whitefield, Bengaluru

Welcome to BELVAA Senior Care,
where tailored care services support you
every stage of your health and well-being.

Assisted Living . Transition Care . Palliative Care
Rehabilitation Care . Mind & Neuro Care



More than Care - Its Community,
Companionship and Confidence of Living Full.

Comprehensive Care Services

ASSISTED LIVING

Daily support in a vibrant residential setting

TRANSITION CARE

Post-hospital care to help regain independence

PALLIATIVE CARE

Comfort-focused care for serious illnesses

REHABILITATION CARE

Therapy-led recovery programs

MIND & NEURO CARE

Specialized support for cognitive wellness

Assisted Living

Supportive Residential Care for Everyday living

CORE FEATURES

24/7 nursing and caregiver support

Medication reminders and health checks

Assistance with hygiene, dressing, and mobility

Daily housekeeping and laundry

Recreational activities and wellness routines

Customized, in-house meal planning

Private rooms with accessible amenities



Transition Care

Bridging the Gap Between Hospital and Home

Ideal for the following conditions:

- Orthopedic, cardiac, or abdominal post-surgical recovery
- Stroke, COPD, congestive heart failure, diabetes
- Fractures or trauma-related conditions

CORE FEATURES

24/7 medical supervision and nursing care

Physiotherapy and mobility training

Medication administration and vitals tracking

Wound care and post-operative management

Support with feeding, hygiene, and mobility

Specialist visits and regular health assessments

Psychological support for emotional recovery

Transition Care at Belvaa is the essential step between hospital discharge and a return to everyday life.

Palliative Care

Dignified and Compassionate End-of-Life Support

Ideal for the following conditions:

- Advanced cancer (non-invasive)
- Heart failure, advanced COPD
- Alzheimer's, Parkinson's disease
- Chronic pain and long-term post-surgical distress

CORE FEATURES

Pain and symptom management

Specialist palliative consultations

24/7 bedside nursing care

Management of catheters and other aids

Emotional, psychological, and spiritual support

Light recreational activities and music therapy

Tailored diets and nutritional guidance

Family support and coordination with hospitals

We ensure dignity and comfort throughout every stage of care.

Rehabilitation Care

Regaining Strength. Rebuilding Independence.

Ideal for the following conditions:

- Orthopedic surgery or trauma recovery
- Parkinson's disease and gait disorders
- Guillain-Barré Syndrome, peripheral neuropathies
- Balance disorders, post-stroke hemiparesis
- Post-fracture recovery (hip, spine, limbs)

CORE FEATURES

Personalized physiotherapy and gait training

Orthopedic consultations and care reviews

Strength training and pain management

Nutritional planning for joint and bone health

Medication and vitals monitoring

Mental wellness support and encouragement

Safe use of mobility aids and equipment

Emergency response and hospital tie-ups

Mind & Neuro Care

Where Compassion Meets Cognitive Wellness

Ideal for the following conditions:

- Alzheimer's disease, dementia (vascular, Lewy body)
- Cognitive issues from Parkinson's or stroke
- Depression, anxiety, bipolar disorder
- Sleep disorders, behavioral changes, delirium

CORE FEATURES

Psychiatric evaluations and mental health care plans

Cognitive stimulation therapy and memory games

Emotional and behavioral support by trained staff

Structured daily routines and safe surroundings

Supervised medication management

Brain-healthy diets and hydration plans

Family communication and education

Emergency care protocols and ambulance access



Care that feels like Family

Belvaa is where expert care meets genuine connection,
making every resident feel at home.

Mind & Neuro Care

Where Comfort meets Care in every Corner

INFRASTRUCTURE

40 spacious rooms (450 sq. ft.) with balconies

Single/double occupancy rooms available

Rooms with attached baths and furnishings

Includes AC, TV, kettle, table, geyser

24/7 doctor, nursing support available

Weekly physiotherapy, health monitoring

Personalized diet plans for residents

Individual activities and events

Laundry, housekeeping, room cleaning

In-house ambulance for emergencies

2 mins from Manipal Hospital

Our spaces are built to make daily life easier, more comfortable, and more enjoyable.



Comfort meets Elegance

Our living spaces are designed for both
comfort and dignity.

Care System & Standards

Streamlined Processes. Trusted Care.

CLINICAL CREDIBILITY & STANDARDS

- Evidence-based protocols aligned with standard guidelines
- Supervised by medical director & senior geriatric consultants
- Regular audits, documentation, and case reviews
- Staff trained in CME & emergency response

REFERRAL PROCESS

- 3-Step Process: Case Brief → Assessment → Admission
- 24/7 referral team for support
- Direct coordination with hospitals, doctors & families

CARE CONTINUITY

- Ongoing coordination with referring doctors & specialists
- Monthly care reviews meetings with families
- 24/7 nursing & emergency escalation protocols

ACCEPTED CASE TYPES

- Post-hospitalization rehab
- Chronic condition management
- Palliative & end-of-life care
- Neurological & geriatric conditions
- Tracheostomy, catheter, colostomy, PEG care
- Long-term care for high-dependency seniors

MEDICAL TEAM & OVERSIGHT

- Geriatricians, Physios, Psychologists, Palliative Experts
- Weekly consults, daily nursing rounds
- Individualized, clinically reviewed care plans

TURNAROUND & AVAILABILITY

- Rapid Admissions within 6–24 hours
- 24/7 support team via phone & email
- Emergency & weekend admissions available
- Flexible short-term, long-term, and respite stays

Care, Always On Hand

Equipped for Every Moment



MEDICAL INFRASTRUCTURE

- In-house: Medical beds, oxygen, suction, crash cart
- Onsite nursing station, vitals monitoring, glucometers
- Lab & diagnostic tie-ups for ECG, X-ray, blood tests
- Ambulance services are available on call for transfers
- Senior-friendly rooms designed for clinical safety



CENTRALLY LOCATED

- Just 2 minutes from Manipal Hospital, Varthur Road
- Centrally located with quick access to pharmacies
- Well-connected to major roads & neighborhoods
- Peaceful yet highly accessible location

Care that Feels just like Family

We believe that growing older shouldn't mean growing apart from what makes life beautiful.

STANDARD INCLUSIONS

Doctor Service - 24x7

Nursing Service - 24x7

Physiotherapy Services

Customized Meals for All

Regular Wellness Activities

Mental Health Monitoring

24/7 Security & Monitoring

Recreational Activities

Call 799 666 5646

www.belvaaseniorcare.com