

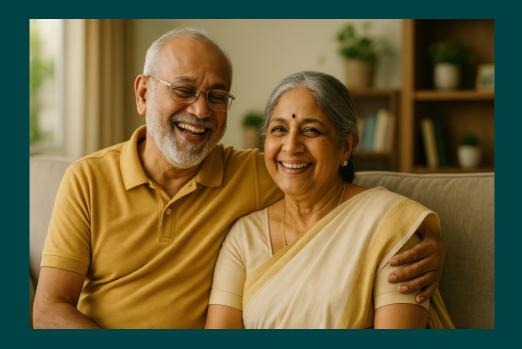


SENIOR CARE

Whitefield, Bengaluru

Welcome to BELVAA Senior Care, where tailored care services support you every stage of your health and well-being.

Assisted Living . Transition Care . Palliative Care Rehabilitation Care . Mind & Neuro Care



More than Care - Its Community, Companionship and Confidence of Living Full.

Comprehensive Care Services

ASSISTED LIVING

Daily support in a vibrant residential setting

TRANSITION CARE

Post-hospital care to help regain independence

PALLIATIVE CARE

Comfort-focused care for serious illnesses

REHABILITATION CARE
Therapy-led recovery programs

MIND & NEURO CARE
Specialized support for cognitive wellness

Assisted Living

Supportive Residential Care for Everyday living

CORE FEATURES

24/7 nursing and caregiver support

Medication reminders and health checks

Assistance with hygiene, dressing, and mobility

Daily housekeeping and laundry

Recreational activities and wellness routines

Customized, in-house meal planning

Private rooms with accessible amenities



Transition Care

Bridging the Gap Between Hospital and Home

Ideal for the following conditions:

- Orthopedic, cardiac, or abdominal post-surgical recovery
- Stroke, COPD, congestive heart failure, diabetes
- Fractures or trauma-related conditions

CORE FEATURES

24/7 medical supervision and nursing care
Physiotherapy and mobility training
Medication administration and vitals tracking
Wound care and post-operative management
Support with feeding, hygiene, and mobility
Specialist visits and regular health assessments
Psychological support for emotional recovery

Transition Care at Belvaa is the essential step between hospital discharge and a return to everyday life.

Palliative Care

Dignified and Compassionate End-of-Life Support

Ideal for the following conditions:

- Advanced cancer (non-invasive)
- Heart failure, advanced COPD
- Alzheimer's, Parkinson's disease
- Chronic pain and long-term post-surgical distress

CORE FEATURES

Pain and symptom management

Specialist palliative consultations

24/7 bedside nursing care

Management of catheters and other aids

Emotional, psychological, and spiritual support

Light recreational activities and music therapy

Tailored diets and nutritional guidance

Family support and coordination with hospitals

We ensure dignity and comfort throughout every stage of care.

Rehabilitation Care

Regaining Strength. Rebuilding Independence.

Ideal for the following conditions:

- Orthopedic surgery or trauma recovery
- Parkinson's disease and gait disorders
- Guillain-Barré Syndrome, peripheral neuropathies
- Balance disorders, post-stroke hemiparesis
- Post-fracture recovery (hip, spine, limbs)

CORE FEATURES

Personalized physiotherapy and gait training
Orthopedic consultations and care reviews
Strength training and pain management
Nutritional planning for joint and bone health
Medication and vitals monitoring
Mental wellness support and encouragement
Safe use of mobility aids and equipment
Emergency response and hospital tie-ups

Mind & Neuro Care

Where Compassion Meets Cognitive Wellness

Ideal for the following conditions:

- Alzheimer's disease, dementia (vascular, Lewy body
- Cognitive issues from Parkinson's or stroke
- Depression, anxiety, bipolar disorder
- Sleep disorders, behavioral changes, delirium

CORE FEATURES

Psychiatric evaluations and mental health care plans
Cognitive stimulation therapy and memory games
Emotional and behavioral support by trained staff
Structured daily routines and safe surroundings
Supervised medication management
Brain-healthy diets and hydration plans
Family communication and education
Emergency care protocols and ambulance access



Mind & Neuro Care

Where Comfort meets Care in every Corner

INFRSTRUCTURE

40 spacious rooms (450 sq. ft.) with balconies
Single/double occupancy rooms available
Rooms with attached baths and furnishings
Includes AC, TV, kettle, table, geyser
24/7 doctor, nursing support available
Weekly physiotherapy, health monitoring
Personalized diet plans for residents
Individual activities and events
Laundry, housekeeping, room cleaning
In-house ambulance for emergencies
2 mins from Manipal Hospital

Our spaces are built to make daily life easier, more comfortable, and more enjoyable.



Care System & Standards

Streamlined Processes. Trusted Care.

CLINICAL CREDIBILITY & STANDARDS

- Evidence-based protocols aligned with standard guidelines
- Supervised by medical director & senior geriatric consultants
- Regular audits, documentation, and case reviews
- Staff trained in CME & emergency response

REFERRAL PROCESS

- 3-Step Process: Case Brief → Assessment → Admission
- 24/7 referral team for support
- Direct coordination with hospitals, doctors & families

CARE CONTINUITY

- Ongoing coordination with referring doctors & specialists
- Monthly care reviews meetings with families
- 24/7 nursing & emergency escalation protocols

ACCEPTED CASE TYPES

- Post-hospitalization rehab
- Chronic condition management
- Palliative & end-of-life care
- Neurological & geriatric conditions
- Tracheostomy, catheter, colostomy, PEG care
- Long-term care for high-dependency seniors

MEDICAL TEAM & OVERSIGHT

- Geriatricians, Physios, Psychologists, Palliative Experts
- Weekly consults, daily nursing rounds
- Individualized, clinically reviewed care plans

TURNAROUND & AVAILABILITY

- Rapid Admissions within 6–24 hours
- 24/7 support team via phone & email
- Emergency & weekend admissions available
- Flexible short-term, long-term, and respite stays

Care, Always On Hand

Equipped for Every Moment



MEDICAL INFRSTRUCTURE

- In-house: Medical beds, oxygen, suction, crash cart
- Onsite nursing station, vitals monitoring, glucometers
- Lab & diagnostic tie-ups for ECG, X-ray, blood tests
- Ambulance services are available on call for transfers
- Senior-friendly rooms designed for clinical safety



CENTRALLY LOCATED

- Just 2 minutes from Manipal Hospital, Varthur Road
- Centrally located with quick access to pharmacies
- Well-connected to major roads & neighborhoods
- Peaceful yet highly accessible location

Care that Feels just like Family

We believe that growing older shouldn't mean growing apart from what makes life beautiful.

STANDARD INCLUSIONS

Doctor Service - 24x7

Nursing Service - 24x7

Physiotherapy Services

Customized Meals for All

Regular Wellness Activities

Mental Health Monitoring

24/7 Security & Monitoring

Recreational Activities