

Always follow the

# WATER SAFETY CODE



## STOP AND THINK

Take time to assess your surroundings.

Look for the dangers and always research local signs and advice.



## STAY TOGETHER

When around water always go with friends or family.

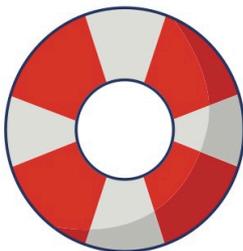
Swim at a lifeguarded venue.

**In an Emergency:**



## CALL 999

If you are at the coast, call 999 and ask for the Coastguard. Don't enter the water to rescue.



## FLOAT

Fall in or become tired - stay calm, float on your back and call for help.

Throw something that floats to somebody that has fallen in.

## Cold Water Shock can Kill



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**SARA**  
Severn Area Rescue Association

**SCAN ME**  
for more  
water safety  
information  
and advice.



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