

## Theology Threads | Season 5: Episode 7 Notes | What Every Christian Needs to Know

## What Every Christian Needs to Know Summary

Do you want to know what's holding you back as a Christian? Do you want to know what makes you feel anxious, stuck, out of control or an overall sense of faithlessness? In this episode Dr. Brian Jenkins asks us to take an honest look at ourselves and examine things we've never considered before. You will find yourself both deeply moved and inspired to live a life of peace trusting that, as the bible says, "God is working all things are working together for your good". Take a moment to like, comment and share this episode, One Thing Every Christian Must Know, with someone you care about!

You can email us with questions at hello@theothread.com

## **Reflection Questions**

What's something that's made you feel out of control lately — big or small?

Are you more of a "lock down and control" or a "give up and walk away" person when life feels chaotic?

Where do you need to remind yourself this week: "Because of Jesus, I don't need to be afraid."

How could your trust in Jesus' victory bring peace or courage to someone else in your life this week?

