

## Theology Threads | Season 6: Episode 1 Notes | In the Hardest Times Do This

### Summary

Welcome to the first episode of SEASON 6 of Theology Threads! We are thrilled you decided to join us for this deep dive into the book of James! There is nothing like this book of the bible! At times it's a punch to the gut and at other times it's the hope we need on how to live like Jesus has called us to live. Get prepared for some challenging moments, some heart checks and ultimately, a radically changed life!

### Reflection Questions

Dr. Brian says the Bible can sometimes feel like it “doesn’t work” for real life. Have you ever felt that way? What situations tend to make faith feel impractical for you?

When hardship hits, which response do you default to most often: ignoring it, avoiding it, blaming someone else, or facing it honestly?

Can you think of a situation where getting an answer wouldn’t have helped as much as growing in wisdom?

Who are the “trusted voices” in your life that you could ask for wisdom right now?

