

Important Contacts

RESOURCE	PHONE	WEBSITE
Member Assistance Program	877.660.3806	www.liveandworkwell.com
Teladoc Virtual Medical & Mental Health Care	800.835.2362	www.teladoc.com
Medical UMR (Group #76415229)	800.826.9781	www.umar.com
Pharmacy True Rx (Group # TRUE1922)	866.921.4047	www.truerx.com/members
High-Cost Prescription Access SHARx Program Option 1	314.451.3555	Sharx@sharxplan.com
Alight Health Pro Concierge British Gordon	800.513.1667 x 6534	British.Gordon@alight.com myhealthpro@alight.com
Health Savings Account HSA Bank	866.357.5232	www.hsabank.com
Flexible Spending Account Employee Benefits Corporation (EBC)	800.346.2126	www.ebcflex.com
Dental MetLife	MetLife (Group #: 5780941) 800.638.5433	www.metlife.com
Vision MetLife		
Life and AD&D Insurance Mutual of Omaha (Policy #G000CM51)	800.877.5176	www.mutualofomaha.com
Short-Term Disability and Long-Term Disability Mutual of Omaha (Policy #G000CM51)		
Voluntary Worksite Benefits (Hospital Indemnity, Accident & Critical Illness) UnitedHealthcare (Policy #305603)	UnitedHealthcare (Policy #305603) 888.299.2070	www.myuhc.com
Figo Pet Insurance	844.738.3446	https://uqr.to/25alc
Holmes Murphy Benefits Analyst Nancy Fuentes	214.265.2298	NFuentes@holmesmurphy.com
Human Resources	972.579.2015	Benefits@tempopartners.com

Refer to this list when you need to contact one of your benefit vendors. For general information contact your Human Resources Department or your Holmes Murphy & Associates Benefits Analyst.