

Neoprene Hinged Knee Brace

Instructions For Use

Step 1. Open the cover on the ROM hinges. Set the desired degree of flexion or extension by placing the pins in the appropriate degree position. Make sure settings are the same for both hinges.

Step 2. Unfasten Velcro straps and tabs, and open the brace. Place the brace around the knee so that the hinges line up with the center of the knee cap on both sides of the leg and secure the bottom Velcro tab.

Step 3. Wrap the top around the leg and secure the Velcro tab making sure the hinges still align with the knee and the brace fits snugly.

Step 4. Feed the bottom strap through the bottom D Ring and tighten to secure, ensuring the strap is fastened above the calf muscle to prevent sliding. Feed the top strap through the top D ring and secure. Readjust as needed until proper fit is achieved.

