



RESOURCES Ages Six to Fourteen



NAVIGATING YOUR WAY

The following resources are described in *Navigating Your Way, Ages Six to Fourteen*, the third in a series of videos that provides a bird's eye view of services, supports and resources for every stage of life. Visit informingfamilies.org/6-14 to watch the video.



SERVICES

Developmental Disabilities Administration (DDA)

Case management and supportive services for children and adults with Intellectual/Developmental Disabilities in Washington State. dshs.wa.gov/dda

HEALTH CARE

Apple Health

Medicaid health care coverage for children and adults. Visit wahealthplanfinder.org to learn more.

Early Periodic Screening, Diagnosis, and Treatment (EPSDT)

EPSDT provides children who receive Medicaid regular check up and treatment for medical issues found during an exam up to age 21. Call 1-800-562-3022 and ask about EPSDT services.

WithinReach

Helps families connect with the resources they need to be healthy and safe. Call the Help Me Grow Washington Hotline at 1-800-322-2588 or visit parenthelp123.org.

FINANCIAL

Supplemental Security Income

A cash benefit administered by the Social Security Administration for individuals with low income who are aged, blind or disabled.. 1-800-772-1213; ssa.gov

ABLE Savings Accounts

A way for individuals with disabilities to save money without losing financial eligibility for government benefits such as SSI. washingtonstateable.com

DD Endowment Trust Fund

A public-private partnership special needs trust that shelters and protects assets that would otherwise disqualify someone for government benefits, such as SSI and Medicaid. ddef.wa.gov

SUPPORT & ADVOCACY

Office of Education Ombuds (OEO) resolves complaints, disputes, and problems between families and public schools. 1-866-297-2597; oew.wa.gov

Informing Families Coordinators connect families with support, resources, and information tailored to their local communities. informingfamilies.org/coordinators

Parent to Parent (P2P) provides emotional support and information to families of children with special health care needs or other disabilities. arcwa.org/parent-to-parent.

Partnerships for Action, Voices for Empowerment (PAVE) provides information, training and support to families. wapave.org

Sibshops provide peer support from other siblings in a recreational setting. siblingssupport.org

HELPFUL IDEAS AND PLANNING

Informing Families' **Community Resource Guide** connects families to information, services, and supports. informingfamilies.org/publications/resource-flyer

My Life Plan

Free online planning tool for every stage of life. Visit mylifeplan.guide to get started.

Star Form

Worksheet for identifying sources of support to reach any goal: informingfamilies.org/star.