

Services and resources are available to individuals with intellectual and developmental disabilities through a variety of offices and avenues, but with many names and acronyms it can be confusing! Here is a glossary guide to some common abbreviations you may hear when looking for services.

Term	Defintion
Washington State Department of Social and Health Services (DSHS)	DSHS is the overarching office that administers programs designed to assist individuals with developmental disabilities and their families to receive services and supports.
Division of Vocational Rehabilitation (DVR)	DVR is a statewide resource under the DSHS that provides programs and supports to individuals with disabilities with employment. They help prepare for, secure, maintain, advance in, or regain meaningful employment.
Developmental Disabilities Administration (DDA)	DDA is a statewide resource under DSHS that offers variety of services including but not limited to employment services, respite services, housing assistance, and more. Families and individuals can apply for DDA services starting at birth.
Aging and Long-Term Support Administration (ALTSA)	Aging and Long-Term Support Administration (ALTSA) manages programs that are designed to support seniors and people with disabilities to live in good health, independence, and have control over decisions that affect their lives.
Adult Protective Services (APS)	APS is the office that investigates reports of abuse, neglect, and exploitation of vulnerable adults.
Home and Community Services (HCS)	HCS provides and administers long-term care services to eligible individuals.
Residential Care Services (RCS)	RCS provides licensing, certifications, and regulates long-term care facilities.
Office of Deaf and Hard of Hearing (ODHH)	ODHH offers programs and services for individuals who are deaf, Deaf/Blind, Deafdisabled, Hard of Hearing, Late Deafened, Speech Disabled individuals, their families, and service provides.
Social Security Administration (SSA)	The office of Social Security Administration oversees the Social Security Disability and Supplemental Security income.
Consumer Direct Care Network Washington (CDWA)	CDWA is the Consumer Directed Employer for DSHS. CDWA is employs Individuals Providers (IP) who provide in-home personal care and respite services. This is where individuals go apply to be an individual provider